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Editor Naomi Larkin*

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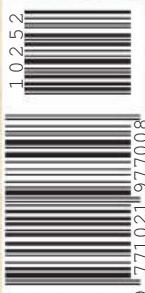
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GREENER
LIVING**

take it
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• Bevelling and cushioning effect

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FRANKE



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Swivel Spout
Sink Mixer
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NOW
R2 690
each



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Sink Mixer
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NAIROBI PERLA

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ASPEN
SUNSET

ASPEN
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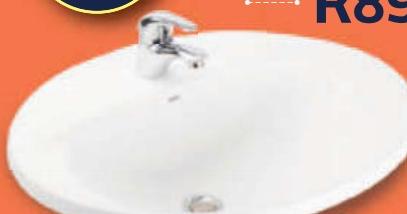
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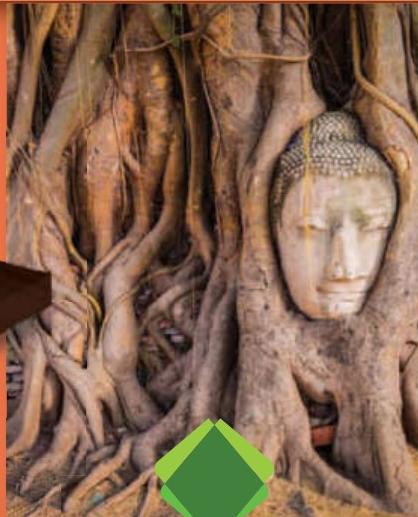


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1000x1000mm
WAS R9 740
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R7 490

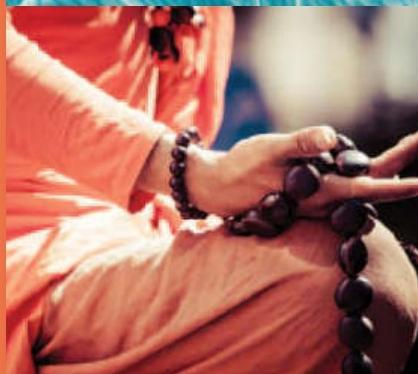


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each



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Toilet & Seat
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concealed
cistern

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Torino Concealed
Cistern
Plus Tivoli iPlate
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per set



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no-hassle
solution

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Toilet & Seat
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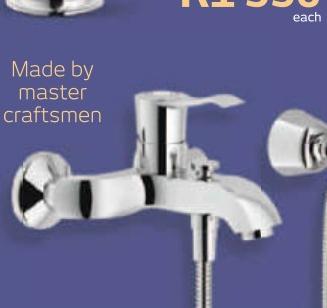
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60



80

trends

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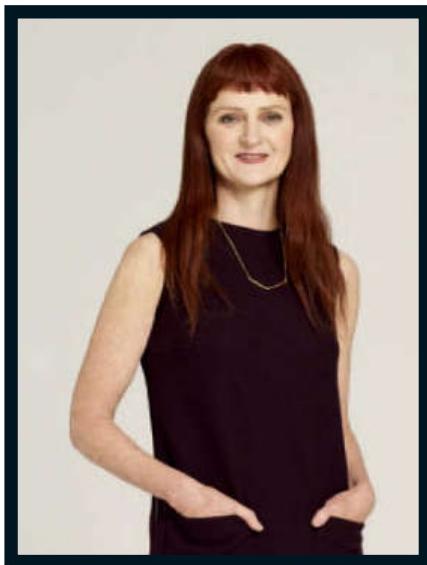
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EDITOR'S LETTER



I didn't foresee writing an editor's letter for an issue that showcased my own home. However, I was persuaded by my team to have it shot and so there you have it (page 60). It's a small house but it has such great indoor/outdoor flow that when all the doors are open it suddenly becomes spacious; the garden



HOUSE OF THE MONTH
The owners of this house maintained an airy and spacious feel using plenty of glass while staying within the building rules of the estate.

stylist Heather Boting has selected a range of the latest sunglasses (see more online at houseandleisure.co.za) and compiled an exciting selection of all weather items you'll want to own (page 32). Likewise, if your pool and patio need a revamp or just some fresh inspiration, check out the trends and new designs we've spotted (page 129).

ALL OF US WANT TO SHIFT TO A MORE ECOFRIENDLY LIFESTYLE

morphs into a second dining area and the back patio into another lounge. I've had lots of fun times in this place and so often been lucky enough to be able to enjoy it with family and friends. What Luchelle Nel says of her modern, streamlined Pretoria home (page 70) sums up my feelings: 'This house lives so well.'

The fact is I could happily live in all of this month's houses. There's the sleek three storeyed Higgovale house, nicknamed The Aviary because of its ornithological theme throughout, with its lush garden and forested surrounds (page 80) and, in sharp contrast, Luchelle and her family's Scandinavian-style, meticulously curated abode. Our House of the Month in Irene (page 52) so masterfully combines various architectural features including a glass box entrance, rim flow pool and a mix of materials and textures, all within the restrictions of a barn style, and it still manages to be in tune with the landscape.

In preparation for all the outdoor living you'll be doing thanks to such an accommodating climate, we've lined up loads of shopping ideas. *HL*'s Joburg decor

This month we also bring you our bumper Green Living guide (page 149). It's fair to say that all of us want to shift to a more ecofriendly, sustainable lifestyle but sometimes lack the knowledge as to just how and what to do to make a difference. Writer Catriona Ross sorts it out, leaving us all with no excuses.

Naomi

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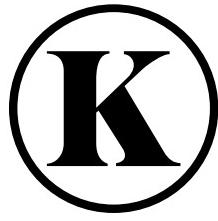
editor's picks



PHOTOGRAPHS: MARK CAMERON (NAOMI), ELSA YOUNG, SALLY CHANCE, SITARA STOEL; NAOMI'S HAIR AND MAKE-UP: GAYLE SHELLY/SIX LOVE ARTIST MANAGEMENT; SIX LOVE CO.ZA; NAOMI'S STYLING: RAZIA QMAJET; NAOMI'S DRESS: VICTORIA BECHAM FROM STUDIO 8, CAPE TOWN, 021-683-1666; STUDIO 8 SHOP.COM; NAOMI'S NECKLACE: KRISTEN GOSS, KIRSTENGESS.COM



RIGHT, FROM TOP A bedroom detail from my house (page 60) with wooden canisters below a working drawing, all created by my brother Timothy Larkin, a New Zealand designer; kelp and cocoa ice cream from our Green Living Guide (page 149) – kelp is fast growing and sustainable; the owners of this 'green' house in Durban hope to inspire others.



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DIG IN

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GREEN FINGERS
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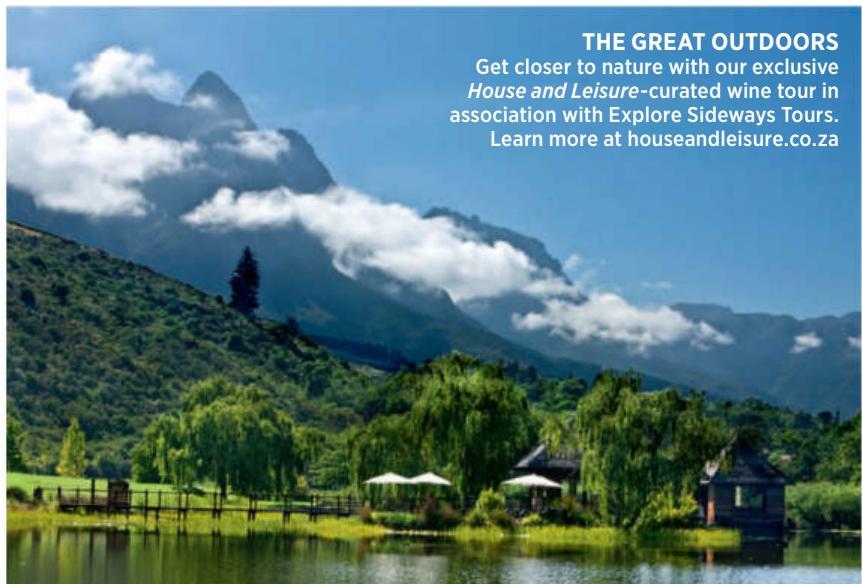


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NAASHON ZALK

is a writer, photographer and film producer based in Cape Town. See his guide to Auckland, New Zealand, on page 120.

Tips for creating an inviting outdoor space? It's all about proximity to nature so don't cut the foliage back too much. Then comfortable seating, shade cover and wind protection are important. **What's the best way to spend a day outdoors?** Living in Cape Town there are so many options: cycling up Table Mountain, spending time with friends and family in the park, a late afternoon drink at La Perla or time on the beach. **What do you love most about what you do?** Although I love photography my great passion is making films, especially documentaries. There are so many stories to tell and I love telling them visually.

KARIEN SLABBERT
is a Joburg based freelance writer and stylist. She's got a few tips for living outdoors in style on page 129.

Tips for creating an inviting outdoor space? Add some accessories – a plush rug, side tables and a super comfy ottoman or two. **What's the best way to spend a day outdoors?** My daughter and I love going for long walks in the nature reserve close to our home. I'm also a sucker for open-air markets. There's nothing better than tasting your way through all the food stalls. **What do you love most about what you do?** My two great loves in life are decor and writing. The fact that I can merge the two is a blessing.



BERTUS BASSON

is patron chef at Overture and Spice Route. He created three dishes featuring cardamom for us – find them on page 104.

What do you love most about what you do? I enjoy dealing with people. At the moment I particularly like training and mentoring staff as my business grows. **Glass, concrete, wood or brick walls? And why?** Glass. It's honest. Always be transparent – and never throw rocks when you live in a glass house. **How do you adorn your walls?** I love art. Richard Scott and Marie Stander are firm favourites. **Designer items you covet most?** Everything by Pedersen + Lennard. **What are you reading at the moment?** I am currently reading Louis Leopoldt and I love anything by JM Coetzee. **Marsala – Pantone's colour of the year: yeah or nah?** No. I'm more of a neutral colour kind of guy and I wear a lot of black.



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Weathered wood and antique florals meet their match in a milky palette

PRODUCTION LEANA SCHOEMAN
PHOTOGRAPHS JUDD VAN RENSBURG





FROM LEFT Kronotex **laminate flooring** in Veranda from the Exquisit Range R229/m², Floors Direct; oval **mirror** R2 099 and original **painting** on canvas (side panel) R2 999, both Le Château; Todd Rattan **Sofa** in Antique White R14 140, Cottonwood Furniture; 'Iceberg' **rose plant** R245, GardenShop; original extra-long wooden **shutters** R2 999 each, Le Château; Balloon Cable **throw** in Natural R1 200, Generation; Piona **fabric** in Green by Brochier, R3 808/m, Halogen International; Spring Bling **fabric** in Platinum from the Hertex Floral Fantasy collection R860/m, Exquisite Cuts; original **painting** on canvas (centre panel) R5 499, Le Château; resin Monkey **Lamps** Hang by Marcantonio Raimondi Malerba for Seletti R6 130 each, Generation; Peacock Single **Headboard** in White R2 995, Block & Chisel; **books**, stylist's own; porcelain **coffee set** (three cups and saucers) from the Machine Collection by Diesel Living with Seletti R1 030 and fine porcelain The Coffee **percolator** from the Estetico Quotidiano collection by Seletti R1 350, all Generation; hand-carved mahogany **screen** R9 999, Le Château; French Kidney **Bedside Pedestal** in Antique White R2 600, Cottonwood Furniture; Ceramic Parrot in Jungle Green R495, Block & Chisel; Rainboots **Vase/umbrella stand** from the Memorabilia collection by Seletti R3 246, Generation; **flowers**, stylist's own.



TRENDS LOVE THIS LOOK



ABOVE, FROM LEFT Kronotex **laminate flooring** in Veranda from the Exquisit Range R229/m², Floors Direct; **perforated board**, painted white, R362 (1.2x2.4m), Mica; Claudine **Bed End** in White R4 995 and Pottery **Pot** in White R495, both Block & Chisel; **pelargonium** in white R79,90, GardenShop; original **painting** on canvas (centre panel) R5 499, Le Château; Sac **vase/container** from the Concrete collection by Marcantonio Raimondi Malerba for Seletti R2 830, Generation; **flowers**, stylist's own; French **Bedside Pedestal** with carving detail in Antique White R4 560, Cottonwood Furniture; Biblio_Tek porcelain **book vase** by Seletti R2 135, porcelain **containers** from the Machine Collection by Diesel Living with Seletti R1 845 (large) and R1 450 (medium), all Generation; **flowers**, stylist's own; glass Interior Lab **Chemical Vases** by Seletti R845 each, and resin Monkey **Lamp Stand** by Marcantonio Raimondi Malerba for Seletti R6 130, all Generation; original extra-tall wooden **shutter** R2 999, Le Château; Painter **Pot** in cream R695, Block & Chisel; **flowers**, stylist's own.

OPPOSITE, FROM LEFT Kronotex **laminate flooring** in Veranda from the Exquisit Range R229/m², Floors Direct; Romantic **Wall Decoration** R5 995 (2.98x2.68m), Block & Chisel; Orchard **Basket** in Natural and White R1 295 (Large), La Grange Interiors; **flowers** and **books**, stylist's own; 'My crown' fine porcelain **object** from the Memorabilia collection by Seletti R1 330, Generation; French **Dressing Table** (FAR026) in Antique White R9 700, Cottonwood Furniture; **flowers**, stylist's own; Ceramic **Parrot** in Amazon Green R495 and Lady **Bust** (UN13011) in Antique White R1 695, both Block & Chisel; original **painting** on canvas (centre panel) R5 499 and original extra-tall wooden **shutter** R2 999, both Le Château; Orchard **Basket** in Natural and White R999 (Medium), La Grange Interiors; 'Iceberg' **rose plant** R245, GardenShop; Longbourne **fabric** in Cement from the Pride and Prejudice collection by Cowtan & Tout R1 157/m, Black Fabrics; Bloomberg Rattan Arm Chair in White R1 295, Block & Chisel.

OPENING PAGE, FROM LEFT Kronotex **laminate flooring** in Veranda from the Exquisit Range R229/m², Floors Direct; original salon **bench frame** R10 999 and a pair of original architectural **doors** in solid wood with original ironwork R19 999, both Le Château; English Floral **fabric** in Purple and Light Lemon from the English Linen collection R250/m, Exquisite Cuts; Orchard **Basket** in Natural and White R999 (Medium), La Grange Interiors; 'Iceberg' **rose plant** R245, GardenShop; Antique **Plinth** in White R2 995 and Valentine Antique **Pot** in White R995, both Block & Chisel; **silk hydrangeas** R120 each, Cottage Flowers.





hussain van roos

For this Jozi-born biking enthusiast, the joy of design comes from its unpredictability

TEXT KIM GARNER PHOTOGRAPHS MARC SHOUL (PORTRAIT), WAYNE MITCHELL, SUPPLIED

Hussain van Roos, co-founder of the Soweto cycling company (and social movement) Fixin Diaries, starts his day off with a prayer to the 'powers that be' and a filter coffee with honey. 'Stay away from sugar – it's the devil,' he laughs.

After a friend introduced him to recycling and refurbishing he fell in love with it and now spends his time giving life to old things: bikes, furniture and clothing. The one item he believes everyone should own is a bonsai because it teaches patience and 'carries a magnetic force that grounds people'.

His style is flexible. 'It depends on where I'm going and what I'll be doing there. It's unpredictable, transitioning from preppy and arty into sophisticated and, at times, simple,' he says.

When Hussain travels, he misses the 'mini cities within the city' element of Joburg. 'We have our little Chinatown in Cyrildene and Fordsburg for all the flavours of India,' he notes, but eventually he'd love to visit Sweden for the eye candy. 'The design there is insane.' □ fixindiaries.co.za, [@hussainvanroos](https://www.instagram.com/hussainvanroos)



CLOCKWISE FROM TOP LEFT Hussain van Roos; he admires the repurposed design of the Wald floor lamp; he's a fan of Stühring watches; Hussain favours Punk & Ivy clothing; his MVMT rose-gold and leather wristwatch helps him keep time; Carhartt is his cap of choice; he loves the retro sound of music played on a Wren HiFi M1 Console Stereo; what better way to get about than on a 'fixie'; a G-Star Raw denim Bomber Cressant Jacket completes any look.



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PRODUCTION HEATHER BOTING PHOTOGRAPH JUDD VAN RENSBURG

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FROM TOP Dolce & Gabbana **DG 4215 sunglasses** in Color 588/13 from the Mosaico collection R8 775, Luxottica; Dot Dash **Plimsoul DSVT5PLI sunglasses** in Black Lime Satin/Green Chrome from the Vintage Collection R250, Billabong; Oxydo **OX 1091/S sunglasses** in Volcanic Rust and **OX 1088/S sunglasses** in Cobalt Blue, both from The Rainbow Collection R1 950 each, Safilo; Levi's **LS 99032 |Red sunglasses** R1 799, Moscon Optics Group; Giorgio Armani **AR6028.L311713.L172.L Sun Glasses** in Ivory R3 520, Luxottica; Marc by Marc Jacobs **MMJ 413/S B60/SQ sunglasses** in Yellow R2 045, Dorothy Christodoulou Optometrists.



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A redundant dining room enjoys a bright new lease on life as a home office space

PRODUCTION KATHERINE BOTES, MIA VINCENT
PHOTOGRAPHS GREG COX



BEFORE

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FROM TOP LEFT Dulux paint in Night Jewels 5 (OONN 62/000) R315/litre, Builders Warehouse. On Floating Shelves in White Duco & White Duco R2 963 each (2 730x300x70cm), ODE: Geometr plant holder R599, Ceramic Factory; Manikin Hand R200, and Light Box in White with Black Letters R700, both Typo. On Floating Desk With Drawers in White Duco & White Duco R6 634 (2 730x300x135cm), ODE: 2DO Stackable Storage System in PipStack by Renée Roussouw and Déanne Viljoen from the 2015 Pastel Liquorice collection R1 800, De Steyl; Concrete Tape Dispenser R349, Country Road; Desk Lamp Architectural Walnut & White R849, @home. Cotton-and-wool Caprese carpet in Volcanic from the Mediterranean range R6 400 (200x300cm), Hertex; Scoop High chair by Tom Dixon in Black R22 575, Créma Design; Sheerweave roller blind in Translucent R1 666 (1.95x1.17m, made to order), The Best Blind Company. Additional accessories, homeowner's own. The ODE products were installed by Hangtime Solutions.

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blueprints

From dreamy watercolour washes to dramatic tribal designs, with these blue-and-white staples you can plan for maximum impact in any space

PRODUCTION LEANA SCHOEMAN PHOTOGRAPH JUSTIN PATRICK

FROM LEFT Cape Town Weave **cushion** in navy on white R430 (45×45cm), Fabricnation; Doodle **cushion** in Blue from The Geometrics Collection R855 (60×60cm), Lula Fabrics; Blue Sea Marble **fabric** R850/m, Bbellamy & bbellamy; **cushion** in blue faded hand-painted studio textile stripe on Belgian linen R430, Bbellamy & bbellamy; Prism **fabric** in Summer rain from the Stonehaus Trigonometry collection R260/m, Hertex; Illusions **fabric** in Pearl Cobalt Blue on White R280/m, Heart Designs; Abacus **fabric** in Inky Blue R545/m, Skinny laMinx; **cushion** in Latea fabric in Indigo (FWY2209/01) from the Albaresque Collection by William Yeoward R1 936/m, Home Fabrics; Malawi **chair** R1 200, Studio Dylan Thomaz; Retro Circles **cushion** in Indigo and Periwinkle from The African Mischief Collection R855 (60×60cm), Lula Fabrics; Orchid Pods **cushion** R350, Bbellamy & bbellamy; Fretwork **fabric** in Indigo from the Intrigue collection R408/m, St Leger & Viney.

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open season

It's time to take it outside with our pick of the freshest ideas for alfresco living

PRODUCTION HEATHER BOTING PHOTOGRAPHS SUPPLIED



1. Ceramic Perched **Toucan Statue** in white R110 (23cm), @home 2. Valencia **Daybed** in Artificial Wicker R8 900, Patio Warehouse 3. Barbeque **Platters** in Palm R470 (small), R580 (medium) and R740 (large), Le Creuset 4. GSV solid **armchair** in Taupe R987, Eclipse 5. Aldus **potplant holder** R499, Ceramic Factory 6. Portable **Braai Bucket** by Eetrite R400, Home Etc and Adams Discount Centre 7. powder-coated mild steel Slat **Stool** in Sand with solid ash slats (ST011) R1 700, Dokter and Misses 8. FROM LEFT Deluxe **Wall Mount** in Golden Reindeer R5 610 with Deluxe **Hose** R2 780 and Deluxe **Nozzle** R2 650 (for a set of two) in Gold Digger, Classic **Hose** in Caribbean Kiss R2 350 and Deluxe **Hose** in Gold Digger R2 780, all by Garden Glory at Wrapt Objet



9. Bluetooth Soundbomb Portable **Speaker System** in Blue by Crosley R1 999, Superbalist **10.** Mayfair **lantern** in black R900, The Lighting Warehouse **11.** Innumbra **parasol** in white by Extremis R97 065, Crème Design **12.** FROM LEFT Bepal **Footstool** R14 260 and **Lounge Chair** R24 570, both in Meteor/Licorice, and Bells **Side Table** Buffed Teak Top in Meteor from R12 590, all by Henrik Pedersen for Gloster, Marlanteak **13.** Colour Block **Planters** R39,99 (small) and R59,99 (medium), both MRP Home **14.** light bulb **lantern** R130, In Good Company **15.** Seventies Occasional **Chair** R3 495, Weylandts **16.** Heebei Slim bow jelly **flip flops** in Black R600, Ted Baker **17.** **Watering Can** R180, Woolworths **18.** Palm Trees **Scatter Cushion** R199, Woolworths.

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PRODUCTION LEIGH TOSSELI
PHOTOGRAPHS PATRICK TOSSELI

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CLOCKWISE FROM TOP LEFT: Kalahari Phyto Facial Mist R190 (160ml); Kalahari Style.com; La Mer The Reparative Skintint SPF 30 R1 000 (40ml); Chanel Lèvres Scintillantes Technologie in 206 Beige Star R420; Nanoskin Glossimer in 206 Belge Star R420; Nanoskin Skintint Solar Face Protection R390 (50ml); select salons and spas; Mud Sheer Lipstick De Chanel Peachy R255; Chanel Les 5 Ombres De Chanel in Just Peachy R595 (50ml); select Truworths stores; Nuxe Prodigieux Le Parfum R870; Nauti Girl Eyebrow Tint in Dark R965 (125ml); select salons 2 - 3 Week Tan Mousse R44.50; Vita Liberata Superstart Skin Renewal Booster co.za; Elizabeth Arden Superstart Skin Air Powder in 025 Matte Amber R685; Dior Diorskin Nude Air Conditioner for Natural Hair and Coloured Hair in Chocolate R305 (250ml); Carlton Hair Salons or Davines South Africa; Kiehl's Gently Exfoliating Body Scrub R425 (200ml); Clarins Instant Light Radiance Boosting Complexion Base in 04 Apricot R345 (30ml); Dior Diorskin Star in 030 Medium Beige R680 (50ml).



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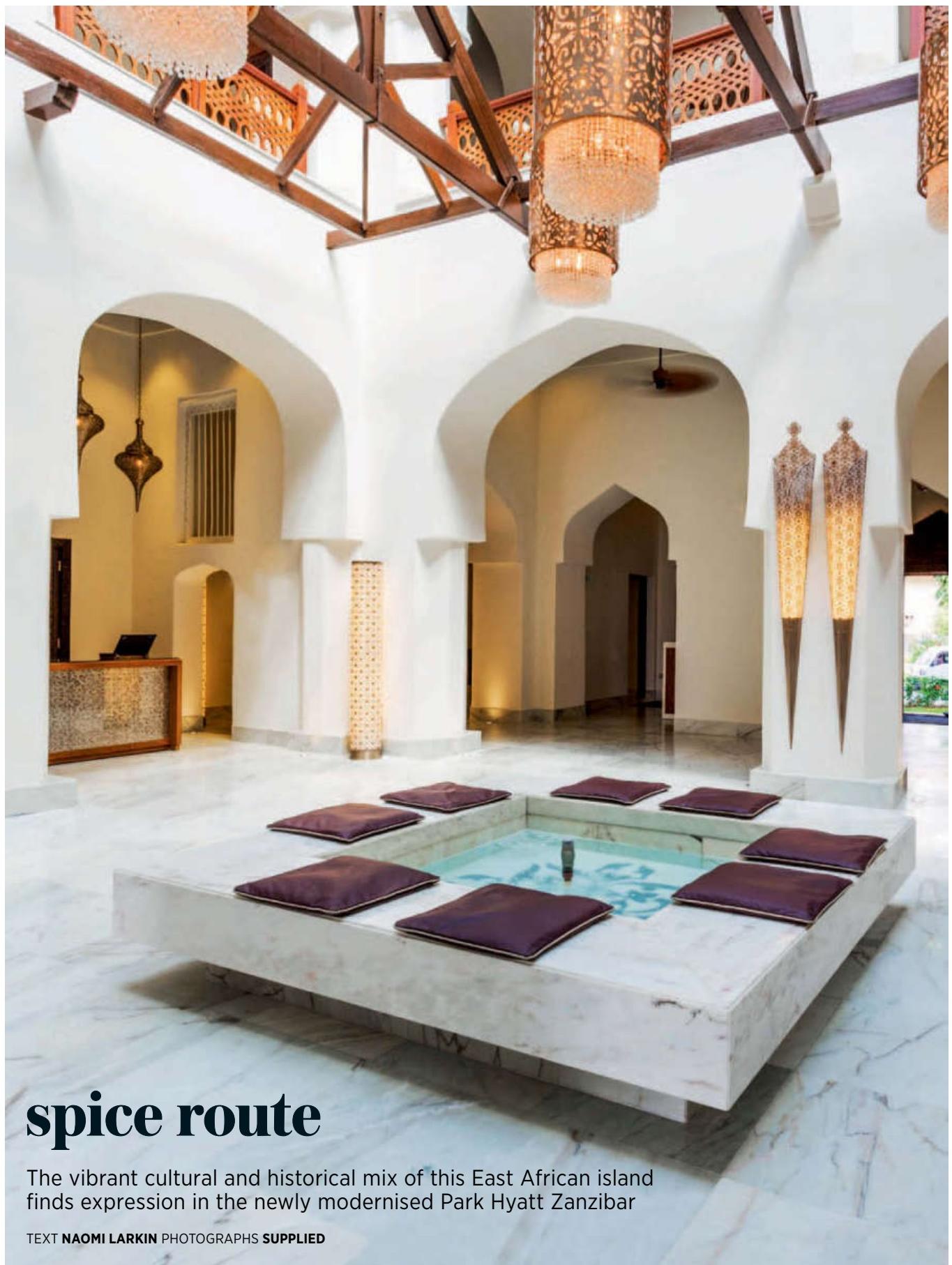
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spice route

The vibrant cultural and historical mix of this East African island finds expression in the newly modernised Park Hyatt Zanzibar

TEXT NAOMI LARKIN PHOTOGRAPHS SUPPLIED

Hotel design is a curious thing. It's all about building a dream that has to be all encompassing and yet supremely functional. A hotel's design – both inside and out – must immediately convey its intention from the moment guests cross the threshold yet it must also work for those self-same guests in a way that meets their needs and in a fashion that is either exactly what they have at home or the satisfying opposite of what they have at home.

The design of the newly opened Park Hyatt Zanzibar was initially dictated by the building's status as a dedicated Unesco heritage site. Then there was its location right on the beach front in Stone Town, which marries the fantasy of an exotic spice-scented island filled with history and intrigue with its surrounds of warm, azure blue waters.

The Hyatt Hotels Corporation bought the main building, the historic Mambo Msiige homestead, eight years ago and began the painstaking process of restoration and simultaneous modernisation, which included the purpose-built Zamani residence and the glass bridge that connects the two.

Both the architecture and the decor are about blending the old and the new and everywhere there are elements of Swahili culture alongside Indian, Persian, Arab and European influences – much like the melting pot that is Zanzibar itself. Most of the interior work was done in Oman and Dubai, including the striking laser-cut brass latticework on the ceilings, sconces, lanterns and panels. There are showy circular chandeliers with strings of crystals hanging from drums of brass that share space with intricate carved friezes. It's all quite over the top and yet the calmness of the cool, white, thick walls of coral rock and lime plaster that have stood the test of time and the pale marble floors act as anchors for all this theatre.

There are spaces, such as the courtyard around which Mambo Msiige is centred and the balconies off the suites and rooms, that are designed not just for taking in the sea views but also for quiet contemplation and relaxation. As any hotel guest today might expect there is also an ultra-modern infinity swimming pool, which fronts the ocean. All the beaches in Zanzibar are open to the public so you can watch the world go by from many vantage points.

The hotel has 67 rooms and 11 suites including an impressive Presidential Suite with its own large kitchen, a separate▷



CLOCKWISE FROM TOP Traditional dhows in front of the Park Hyatt Zanzibar; a dining area in the Zamani residence; the infinity pool overlooks the Indian Ocean; the courtyard of Mambo Msiige is one of a number of spaces designed for tranquillity. OPPOSITE The hotel foyer in the old Mambo Msiige homestead.





CLOCKWISE FROM ABOVE The hotel terrace; a massive four-poster bed adds a touch of romance; intricate woodwork and elaborate lighting combine to create uniquely striking decor; the hotel fronts the Indian Ocean.



butler's entrance and a pale turquoise colour scheme that's unlikely to offend any visiting bigwigs. There's also a sizable Royal Suite with its somewhat 'diplomatic' decor and expansive terrace with views over both the Indian Ocean and Stone Town.

The Hyatt chain has different categories of hotels and Park Hyatt is its ultimate brand (this is the first in Africa). The cuisine is consequently one of the highlights of its offering – you can expect fresh seafood as well as Arabic, Asian and Indian fare alongside local specialities prepared with an abundance of the spices (such as cloves and cardamom) that the island is famous for.

Park Hyatt Zanzibar is just a few months shy of its first birthday yet it's a safe bet that it has managed to get that curious hotel-design formula right. Checking in is likely to become a habit for many a lucky guest. □ zanzibar.park.hyatt.com

Mango operates flights between OR Tambo Airport, Johannesburg, and Abeid Amani Karume International Airport, Zanzibar City, on Tuesdays and Saturdays departing at 7am and 4pm. For bookings call 086-100-1234 or visit flymango.com



A hotel's design – both inside and out – must immediately convey its intention from the moment a guest crosses the threshold.



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dieter losskarn

The home of car journalist Dieter Losskarn is a fitting space for showcasing his petrolhead collectables and ‘mantiques’

TEXT GENEVIEVE PUTTER STYLIST GEMMA BEDFORTH PHOTOGRAPHS TOBY MURPHY



‘I’ve always wanted to live in an old, restored warehouse but they’re usually in unattractive industrial areas with no sea views,’ says Dieter, who in 2013 bought a plot in Hout Bay and project managed the build of his dream home. Since its completion last year he and all his carphenalia have resided there peacefully.

Dieter couldn’t have hoped for a better outcome. The double volume space of the main living area is made even more vast by the floor-to-ceiling windows overlooking the harbour. The floors are glossy polyurethane, such as those of car showrooms, and there’s a steel rig hanging from the ceiling to suspend light fittings and signage.

The juxtaposition of this industrial aesthetic and contemporary design with iconic car advertisements of yesteryear and rusted signage is a major part of the appeal for Dieter. ‘All these pieces have a story and they bring those memories into the space, creating a unique atmosphere,’ he says.

Many of his male friends have been so inspired by his curation skills that they’ve started their own collections of ‘mantiques’ – ‘old pieces, such as model cars – those vintage pieces that men love’, he says.

His focus now is to try his hand at designing bespoke man caves based on a client’s persona, interests and hobbies. ‘Finding a piece, or letting it find you, then figuring out where it would fit in the house is a process that excites me,’ says Dieter. □

lossis.com



CLOCKWISE FROM ABOVE Much of Dieter's kitchenware comprises knick-knacks that were rescued from markets; the main living area as seen from the loft bedroom above; Dieter's bed was a DIY project; Dieter's favourite collectable is his 1976 original New York taxi cab. OPPOSITE PAGE, CLOCKWISE FROM TOP LEFT Dieter Losskarn; lights and colourful signage dangle from a metal rig; even smaller paraphernalia are beautifully displayed.



'All these pieces have a story and they bring those memories into the space.'





jamie lorge and werner snyman

There's a manifest sense of calm in the cosy Parkhurst home of a restaurant owner and her husband

TEXT MILA CREWE-BROWN STYLING HEATHER BOTING PHOTOGRAPHS GRAEME WYLLIE



CLOCKWISE FROM LEFT Jamie Lorge and Werner Snyman; the daybed is from Coricraft; Jamie found the old coat rack on the Antique 6 Route Pretoria; the sunny main bedroom looks out onto the front garden.

D evotees of Love Food, a kitchen, deli and café in Braamfontein, will have come to appreciate its friendly owner Jamie Lorge's wholesome and hearty dishes and her apparent love of old pieces with provenance. Unsurprisingly it's a thread that permeates her personal space too.

Situated on one of Parkhurst's quiet side streets, Jamie and Werner's home is sunny, welcoming and filled with an inventory of pieces collected and inherited. It's a space full of soul, where Jamie balances her bent for gathering with an all white backdrop, loads of natural light and a quiet, considered aesthetic.

'Jamie's taste is more cottagey and vintage,' Werner – a fan of minimalism – notes. Yet, despite their disparate tastes, they've found common ground and shaped a space that's rich and gathered.

Naturally their kitchen, with its central position, was Jamie's main concern when remodelling. 'I didn't want it to look like a kitchen. We have beautiful old bowls and vases that I wanted to show off,' she says of the sunny, open-plan area with its large oak counter top and exposed shelves that play out the scenes of thoughtfully edited tableaus.

Their home also possesses a notable family presence thanks to skills and time loaned and furniture donated. Plus, with a few of Werner's kin living in the area, a week seldom goes by without a gathering or drop in. □ lovefoodkitchen.com



CLOCKWISE FROM ABOVE The bathroom unit was custom designed and Jamie gave an old mirror new life with a bright coat of paint; the dining table was a hand-me-down from Werner's mom and their chairs came from Danish Teak Classics in Maboneng; the kitchen counter is oak and the Smeg fridge was a Stax bargain; Cooper the Cavalier King Charles Spaniel sits beside a planter box from GardenShop.



'I didn't want it to look like a kitchen. We have beautiful old bowls and vases that I wanted to show off.'





MATERIAL GAINS

Fashion lovers are rejoicing that H&M, a favourite go-to for everyday essentials, office and cocktailwear – not to mention its coveted H&M Studio collection – is finally set to land in South Africa on 17 October. Limited edition designer collaborations are pretty much guaranteed to have patrons lining up all the way outside the shop at Cape Town's V&A Waterfront. We're most excited for the Home range, which includes linen, textiles and accessories for a considered interior.

hm.com

FRENCH ACCENTS

Owning an item of furniture from iconic French brand Roche Bobois is a little like possessing a piece of statement art: each is striking and timeless, and ends up being the centrepiece of any room it's placed in. Thanks to customisable service you can be sure anything you buy from the brand's elegant new showroom in the centre of Cape Town is unique, too. **10-12 Kloof St, Cape Town, 021-286-0793, roche-bobois.com**

news &

COMPILED BY MILA CREWE-BROWN, JESSICA ROSS

Admirers will stop you in the streets to find out where you bought your leather, canvas and cowhide Ndebele weekender (R3 840). Created by Joburg based Tsakani Mashaba under her brand Hamethop, the bag joins a collection of modern African designs destined to be favourite arm candy for the fashion forward. instagram.com/hamethop



**RETRO REVIVAL**

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UNIT 5, MASON'S PRESS, RAVENSCRAIG RD, WOODSTOCK, CAPE TOWN, 021-286-0448, BIRBA.CO.ZA

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GET IN THE LOOP

Whether you're strolling down Loop Street with a group of friends on First Thursdays or simply exploring the Mother City, make sure you stop at 99 Loop Gallery to browse the beautiful collections by emerging and established artists. **99 Loop St, Cape Town, 99loop.co.za**



Q&A john pace

The 2015 Sanlam Portrait Award winner talks us through his work.

What's the story behind your winning piece 'After the Match'? Towards the end of the Cape school rugby season our son Jack was playing a rugby game against SACS and it always rains when his team plays SACS. The field was a mud bath. Back at home the contrast between a clean bathroom and my son demanded some pictures. **Has the award changed how you view your art?** I have always considered myself a 'weekend artist'. Winning this award came as a complete shock. I now feel a little assured that my work is better than I think. This award has given me a phenomenal opportunity to make my art more of a real focus in my life. **Where to from here?** I am going to paint towards a solo exhibition. It scares the hell out of me but I have been asked to have one potentially a year from now at Rust-en-Vrede Gallery in Durbanville. □

READ THE FULL INTERVIEW AT HOUSEANDLEISURE.CO.ZA

views

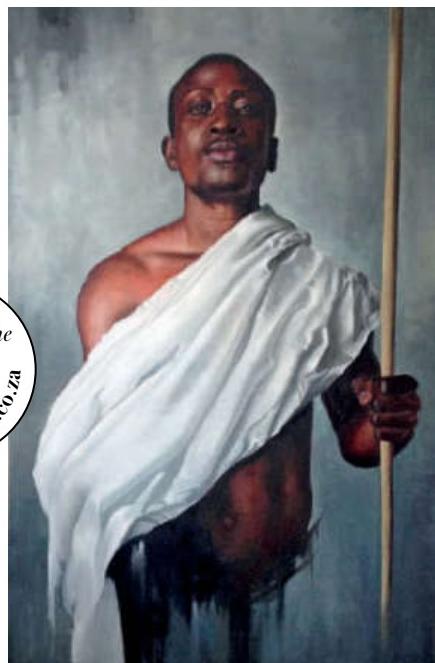
LIVING HERITAGE

Cape Town's De Waterkant is the first South African home of legendary Italian furniture brand Cassina. You can expect pieces from classic design masters Le Corbusier, Pierre Jeanneret and Charlotte Perriand alongside living luminaries such as Mario Bellini, Piero Lissoni and Philippe Starck. **Cnr Hudson and Strand St, De Waterkant, Cape Town, 021-418-5382, cassina.com**





for more coverage of the local art scene go to houseandleisure.co.za



zama phakathi

This accidental gallery owner focuses on bringing awareness to the business of art

TEXT GRAHAM WOOD PHOTOGRAPHS GRAEME WYLLIE (PORTRAIT), SUPPLIED

Last year Zama Phakathi opened Stop Sign Art Gallery – a space in Maboneng, Johannesburg, dedicated to up-and-coming South African artists that's now part of the 27 Boxes project in Melville – in a shipping container. Although she studied directing and had worked in TV production Zama ended up as a coordinator for the Soweto Art Residency. There she found herself receiving portfolio after portfolio from promising young artists. ‘It got to a point where I had so many portfolios I decided to open a place that would give them a platform to show their work,’ she says. ‘That’s how it came about.’

Zama has ventured back into her original medium, too, with the recent TV show *Zama’s Art Gallery* on DSTV Channel 190. ‘It’s about art and business and creativity,’ she says. ‘Artists need to know how to make money using their talent.’ She’s already helped to uncover a heap of talent and is dedicated to the idea of art as a consciousness-raising, spiritual and inspirational medium. **Stop Sign Art Gallery, 27 Boxes, 3rd/4th Ave, Melville, [fon.fb.me/1hHP1Zp](https://facebook.com/1hHP1Zp)**

What art would you buy with R5 000?

Clothes and shoes. If I had that much money to spend on art I’d know more money was coming. **R10 000?** I would sponsor an art project because there is no funding out there at all for artists. **R50 000?** I would buy works by Samson Mnisi and Vusi Khumalo, and a piece from Gary Stephens’ recent ‘Scarf’ series. I’d get a portrait of myself done by Jotam Schoeman. **R500 000?** A work by Phillemmon Hlungwani and a new car. **R1 000 000?** More pieces by Phillemmon Hlungwani – in fact, I would buy more works by all my favourite artists. I would also invest in upcoming artists by sponsoring workshops for them.

Which one artwork do you regret not buying? Last year, at Rubixcube Gallery in Maboneng, Jotam Schoeman did a drawing of the Cosmopolitan Hotel in town. I met the guy who bought it later and was so jealous. **Which single artist’s work should our readers buy right now?** Loyiso Mkize, who is based in Cape Town. He does amazing portraits. I’d definitely

look out for him. He’s also got a comic-book series that I sell at the gallery. **New artists you’ve got your eye on?** Modise Sepeng and Jotam Schoeman. **Who is currently seriously big on the local art scene?** Wayne Barker. His exhibition at CIRCA Gallery was packed. Everyone wanted to be there. You could barely walk through the exhibit. **Which local artists are doing well on the international market at the moment?** Samson Mnisi – he’s out of this world – and Ayanda Mabulu, who did the Zuma painting. He’s very interesting. I’m doing an exhibition with him later this year. **Who is your favourite contemporary local artist?** Gary Stephens. I loved his exhibition at Everard Read Johannesburg, which was all about headscarves. **What is your all time favourite artwork and artist?** Jean-Michel Basquiat: everything about him, all his work. I love his thinking. □

CLOCKWISE FROM TOP LEFT Zama Phakathi; ‘The Loved Ones’ by Wayne Barker; ‘Qunu 2’ by Phillemmon Hlungwani; Loyiso Mkize’s ‘Wena weZulu’; ‘Vergifnis’ by Jotam Schoeman.

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SNAPSHOT: HONDA JAZZ

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handsomely capable

The Volvo XC90 is arguably Volvo's most important car so there was enormous pressure to get the latest generation right

TEXT CIRO DE SIENA PHOTOGRAPHS QUICKPIC.CO.ZA

I have absolutely no need for more than two seats in my car and should be hankering after cars such as the Mercedes-Benz SLK – or perhaps a Porsche – yet I found myself pining for a large SUV; specifically, a cavernous seven seater Swede with enough load space to ferry, potentially, the entire contents of my life. Since driving the Volvo XC90 for a few days I have been battling to explain why I am so impressed.

Let's start with the driver's seat. My test car was fitted with a heated and cooled seat, which was significantly more comfortable than any lounge suite I've ever owned and is another great example of functional ergonomics.

The instruments in front of the driver are all completely digital, which is fairly common, but the rest of the dash is extremely minimal, with hardly any buttons. Volvo has kept the volume knob, however, having determined that people like a physical volume control. It's correct.

Floating above that, dominating the dashboard, is a touch screen about the size of an iPad. It's challenging to explain how intuitive it is but simply swiping, pinching and touching allows you to control everything from the self-parking feature to the satellite navigation, the weather app and, of course, your phone. After a few hours with the system I genuinely began to feel that, very soon, all cars are going to be this way.

The second and third rows of seating are not cramped in the slightest. The second row slides forward and aft on individual rails. The third row, which accommodates people up to 1.7 metres tall, folds flat into the boot and is easily folded back into position. When all the seats are folded an object of up to two metres long can be loaded into the car. It is the definition of versatility.

Powering the car are a range of petrol and diesel engines that offer remarkable consumption. My model achieved 6.9 litres per 100 kilometres on a journey, which is what you'd expect from a small hatchback.

All of this is wrapped up in a stylish, handsome body that subtly exudes prestige.

The Volvo XC90 is like that guy who has three beautiful kids, a head full of hair, barely drinks, looks dashing in a suit, kayaks competitively on weekends and can beat all of his colleagues at squash. It's really quite annoying. □volvocars.com

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HOMES

Naomi admits to being 'a bit of a collector'. Her collections are decorative and nostalgic: a dazzling array of finely crafted baskets in many colours from places such as Bali, Lombok, Madagascar and Mauritius; curvaceous perfume flacons and willowy bud vases in glittering blue and red and yellow glass; fanciful little snow globes picked up all over the world; Madonnas of every variety, some made by her father, while her mother made a number of the ceramics.

60



60



52



80

BARN STYLE HOME
A chance to update one of the first houses he designed gave Pretoria architect Thomas Gouws an opportunity to revisit his formative style pg 52

FAMILY HOME
The home of *House and Leisure* editor Naomi Larkin and her family is secreted away in the core of Cape Town pg 60

CONTEMPORARY HOME
This Pretoria space brings considered design and consciousness of context to estate living pg 70

FOREST HOME
The tree-top setting and a decorator's love of all things ornithological are reflected in every part of this cool and airy Cape Town nest pg 80



BLURRED LINES

A CHANCE TO UPDATE ONE OF THE FIRST HOUSES HE DESIGNED GAVE PRETORIA ARCHITECT THOMAS GOUWS AN OPPORTUNITY TO REVISIT HIS FORMATIVE STYLE

TEXT GRAHAM WOOD STYLING LEANA SCHOEMAN PHOTOGRAPHS ELSA YOUNG

HOUSE OF THE MONTH
BARN STYLE **HOME**

Olive the Weimaraner at the entrance of DC and Celeste Bezuidenhout's Irene home. The entrance is the most overtly modern element: a glass box designed, as architect Thomas Gouws puts it, to 'direct the eye out over the landscape'. OPPOSITE Seen from the reverse angle, the new formal lounge opens onto the pool deck, which becomes an extension of the living space. The steeply pitched roof is in keeping with the estate's stylistic guidelines but ventures a modern take on barn style architecture.





Two years ago when DC and Celeste Bezuidenhout decided it was time to update their Irene home they called on architect Thomas Gouws, who had designed it for them 13 years prior. At the time their son Gerard, now 15, was a toddler, and Celeste was still pregnant with 14-year-old Anika.

'This was my second project after I established my own practice,' Thomas recalls. While the couple were looking for an architect DC's mother spotted a building in Mooikloof, Pretoria, and suggested they look at it. 'That house in Mooikloof was my first,' says Thomas.

The Bezuidenhouts' home is an early example of Thomas' work but it has all the hallmarks of his approach: the transparency, the simple, clean lines, the openness, the site-sensitive design, the strong connection to the landscape and the unadorned, neutral finishes that belie a rich combination of textures and materials.

The rules of the estate specified farm style architecture so Thomas built within the restrictions, developing steeply pitched corrugated iron roofs and voluminous interior spaces – but

he worked in some modernist elements, too. 'The idea was a minimalist interpretation of a barn style house,' says Thomas.

There were more important considerations than style, however. He also needed to ensure the home worked in concert with its environment. 'A lot of the design was directed by the views and the steep slope,' he explains. The house overlooks a rocky ridge that holds a now defunct quarry – which DC remembers swimming in as a child – with natural highveld landscape between and beyond. Thomas designed the house as much to draw in the landscape as to facilitate an effortless indoor-outdoor lifestyle.

The entrance, which is essentially a glass box, barely disguises its modernist character. 'It's designed to focus on the view as you come in,' says Thomas. Inside you immediately find yourself looking out over a pool that draws your eye along its length, while the uncertain water's edge created by the rim flow blurs the distinction between landscape and building. A curious inversion has occurred: you're inside but your eyes and mind are back outside.

Blurring boundaries in a different way, the stoep and pool deck form near-seamless extensions of the indoor spaces. It's barely



possible to detect the transition between the indoor areas, the covered outdoor zones and the spaces open to the sky. 'We're almost permanently outside,' says Celeste. 'The outdoor table was custom-made for our family so it seats 14 people.'

The alterations in many ways emphasised aspects of the home's character rather than changing it. One tweak involved replacing the old stacking patio doors with sliding doors that disappear into the wall cavities, making the transition from indoor to outdoor space even less noticeable. They also added a second storey to one of the downstairs rooms to create a formal lounge above with sweeping views of the quarry and direct access to the pool deck. Most of the labour is hidden, however, as it went into lightening the carbon footprint of the house – replacing windows with double glazing and adding solar geysers and energy-efficient heating and lighting systems. 'I wanted to do my bit for greener living,' says the nature loving DC.

Updates within the home were carried out by interior architect Sureen Gouws, Thomas' wife and business partner. Sureen selected furnishings to complement the home's modern▷

FROM LEFT The sculpture in the driveway, a crowd of figures, was made by DC's late uncle Pol Huyzers as a house-warming gift.

The figures represent the builders finally leaving the site. Of course, at the same time, it means they'll never leave; Anika with Olive on the stairway; the 14-seater outdoor-dining table was custom-made for large family gatherings and the chairs are Air Stacking Chairs from SiT (sit-sa.co.za); Gerard and a group of his friends leap from the upstairs balcony into the pool.

'WE WENT WITH SIMPLE, ELEGANT LINES AND TRIED TO KEEP EVERY ITEM PURPOSE DRIVEN.'





character: 'We went with simple, elegant lines and tried to keep every item purpose driven,' she says. Around the house you'll find the hallmarks of Mid-Century Modern design in bent steel and leather blended artfully with contemporary pieces. The refinement and elegance are animated with pops of colour.

Just as much attention was lavished outdoors. DC and Celeste have planted over 250 trees, 120 of them in the past year. As construction involved substantial excavations – 'We had to cut and fill a lot,' says Thomas – the landscaping and garden are an integral part of the architecture.

As with the rest of the home, the distinction between garden and landscape beyond is utterly blurred. The DNA of the views runs into every aspect of this home, which, with its substantial greening, is more in tune with its environment than ever. □

Thomas Gouws Architects, tgarchitects.co.za

ABOVE In the family room, a combination of clean-lined contemporary furnishings from Comfort Creations (comfortcreations.co.za) and modernist classics, such as the Eileen Gray side table from Peter JA Stuart (peterjastuart.com), are given a casual, liveable touch with the beanbag that Olive the Weimaraner reclines on. OPPOSITE In the sleek, modern kitchen, the red chairs by Design Benedict (designbenedict.co.za) provide splashes of bright colour around the cantilevered kitchen table that animate the neutrality of the interior design. The sculpture in the specially built recess – a detail that was added during the recent renovation – is by Eastern Cape based sculptor Maureen Quin (quin-art.co.za). The lights are by Hi-Tech Lighting (hi-techlighting.co.za).





CELESTE'S HOME TRUTHS

The best things about living where I do are the space and the nature. **My own style is** unique. **Nature** inspires me. **My favourite design style is** modern contemporary. **Our** favourite way to enjoy the great outdoors is running. **To us, indoor-outdoor living means** family time, enjoying every moment of every day. **I collect** memories in the way of photo albums. **My interiors motto is** 'If my husband likes it, it's a yes!' **My favourite piece of design advice is:** it's worth spending money on good pieces. **My favourite room at home is** my bedroom. **A few of my favourite things include** chocolate cake, koeksisters and foie gras. **My most treasured piece of furniture is** our Italian designer-leather couch. **My way of entertaining is** relaxed with style. **My signature dish is** fillet with pepper sauce. **My favourite restaurant is** Brasserie de Paris in Pretoria. **The best way to spend a weekend is** with my family anywhere outdoors. **My most inspiring place is** my kitchen. **My favourite travel destination is** an island getaway. **My secret talent is** love. **I relax by** reading at the pool. **My worst impulse buy is always** clothing. **The best time of year is** summer. **My favourite shop is** Litchi Dekor en Geegoed in Pretoria. **The soundtrack to my perfect weekend includes** 'Steal My Girl' by One Direction.

ABOVE, FROM LEFT DC and Celeste Bezuidenhout; the hybrid bath and dressing room includes extensive white cabinetry that all but disappears, instantly decluttering the space and providing masses of storage.

The bath is from Crystallite Bathtubs & Vanities (bathtubsandvanities.co.za).

OPPOSITE The large volume created by the barnlike pitched ceiling integrates the bedroom and bathroom spaces, which are divided by the custom-made bed. The divider functions as a headboard on one side and, hidden behind it, as a vanity unit.

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HIDDEN HAVEN

THE HOME OF *HOUSE AND LEISURE* EDITOR NAOMI LARKIN AND HER FAMILY IS SECRETED AWAY IN THE CORE OF CAPE TOWN

TEXT HILARY PRENDINI TOFFOLI STYLING JEANNE BOTES PHOTOGRAPHS ELSA YOUNG



Tea is served amid lush greenery in the front garden of the Green Point home belonging to *House and Leisure* editor Naomi Larkin, husband Naashon Zalk and daughter Noa. Naomi bought the tablecloth in Zanzibar. OPPOSITE Striking tiles from OnSite Gallery (onsitegallery.co.za) cover the stairs between the garage and the front door.

FAMILY HOME

Naomi's choice of Dulux's Kiwi Burst 1 (10GY 41/600) on the wall of the entrance area makes a lively backdrop for a colourful collection of finely woven baskets from all over the world.



Green Point is a cosmopolitan part of Cape Town. Creatives and intellectuals alike live in this historic labyrinth whose narrow streets crisscross the lower slopes of Signal Hill above the V&A Waterfront. Since many of the area's first houses go back a bit in time, space for both gardens and garages is usually at a premium but that doesn't faze the homeowners. They happily think out of the box and reinvent their rabbit warrens.

As you step through a stylish grey door on the pavement, and down a few steps into the home of *House and Leisure* editor Naomi Larkin, her husband Naashon Zalk and their daughter Noa, you find yourself in a narrow gravel-paved private area closely lined with thickly leaved trees that frame a long table set for lunch. Due to tinkling water and cleverly placed mirrors amid the screening greenery it feels like one of Rome's alfresco restaurants.

The sophisticated atmosphere continues as you enter through glass doors into a high and wide split-level space that's colourful and engaging. This was once a typically tight-lipped semi, cramped and clingy like the rest of them, until previous owners



broke down four successive interior walls and transformed it into an open-hearted designer dwelling in which nothing hijacks the sense of space.

From the front garden it's one long flow through the living area, with its elegant sofas and dining table, past wide jade-coloured stripes on the wall and down from a wooden floor on to attractive patterned tiles in an easy living kitchen with a covered patio to the side. At the end more wide stripes – chocolate brown – enclose the blue doors of a pantry. Leading off on the one side are two bedrooms and en-suite bathrooms.

Naomi's in her element in this stylish series of spaces. She likes the fact that the entire house is lived in, unlike some of her previous larger homes in which she's had unused rooms 'like museums'. She also loves the location near the sea. It's quiet but close to the buzz. She grew up in New Zealand 'where the sea is never far away' and then spent time in seaside metropolises such as Singapore and Sydney before relocating to Joburg and then hitting Cape Town when she became *House and Leisure*'s design-, fashion- and art-obsessed editor. ▷

The dining area leading to the kitchen has a Gregor Jenkin (gregorjenkin.com) signature steel table and Windsor Quaker chairs by Ercol from Decade (083-477-2430). Naomi found the walnut manrobe on auction and turned it into a drinks cabinet. Above it is a screenprint by New Zealand artist Debra Bustin and on the wall leading to the kitchen is a Hermann Niebuhr print (niebuhr.co.za). The giant metal standing lamp was a gift from Gregor. OPPOSITE, RIGHT Nico Masemola's charming ceramic rabbit sits in a glass dome among the flowers in Naomi's collection of graceful bud vases.



Naomi painted the lime front door, seen in one of the floor-to-ceiling mirrors flanking the fireplace, after being inspired by 'a decor and design magazine, of course'. A Conrad Botes print hangs above the fireplace, while the ceramics on the mantelpiece and tables are mainly from Art in the Forest (artintheforest.com). The sofa on the left, along with the leather chair and footstool, came from Space for Life (spaceforlife.co.za). The sofa on the right is from Decade. The cushions are from Tonic (tonicdesign.co.za) and Country Road (woolworths.co.za). The pink Jelly Vase by Patricia Urquiola for Kartell on the white wrought-iron table is from A+I Unlimited Design (afritaly.com). OPPOSITE Naomi and Noa in the kitchen. The vivid floor tiles are from OnSite Gallery and the cushion is from Bbellamy & bbellamy (bbellamyandbbellamy.com); the collections on the shelves include ceramics by Naomi's mother.





She and Naashon met in Johannesburg in 1999. He's another visual radical: an independent TV producer and founder of SmartPhoneFilmSchool, whose work, like hers, takes him around the world so it's not surprising their home is a storehouse of beautiful objects from far afield that are vibrant and often vintage.

Having bought the house three years ago they were grateful to the previous owners who created a distinctive look and put in essential additions: an ample pantry; a double garage leading down to the front door; glass roofs on the back patio; and an outdoor shower, where they also commissioned a glass mosaic mural. Naomi initially found this life-size weeping angel a bit over the top 'but it's so beautifully executed that it's grown on me and it makes this bathroom a serene space. We shower there even in winter,' she says.

They now share their home with their 21-month-old daughter Noa. She's the cute, impish reason many of the cherished collectables that once adorned various bits of furniture are now on display on all the wide shelves that turn the kitchen into more than just a kitchen.



Naomi admits to being 'a bit of a collector'. Her collections are decorative and nostalgic: a dazzling array of finely crafted baskets in many colours from places such as Bali, Lombok, Madagascar and Mauritius; curvaceous perfume flacons and willowy bud vases in glittering blue and red and yellow glass; fanciful little snow globes picked up all over the world, including one from New York complete with the Twin Towers; Madonnas of every variety, some made by her father, while her mother made a number of the ceramics. Naturally she also collects South African ceramics.

The teacups we drink from are vintage Ironstone with a sepia motif. Naomi found them in a charity shop in Scotland and schlepped them home. They make for a quirky contrast to the metal dining table where we're sitting, which is one of Gregor Jenkin's signature pieces, with Regency legs of profile-cut rolled steel. The subtle industrial feel sits happily with the flowing lines of the high-backed wooden chairs – Ercol's Windsor Quakers – and their houndstooth chequer cushions. 'I'm big on juxtapositions of textures and colours and eras,' Naomi says. 'I like to mix vintage, Mid-Century Modern and designer pieces, even in the clothes I wear.' ▷





The artworks on the walls, however, are modern – locals Conrad Botes, Hermann Niebuhr, Dean Hutton, Mariette Bergh and Jackson Hlungwani inhabit the spaces alongside works from New Zealand. Naturally Naashon's arresting photos are to be found here too. Meanwhile, hanging above the chic perfume bottles in the bedroom are two rough working drawings of a table and three masterfully crafted wooden cannisters, all of which were created by Naomi's brother Timothy Larkin, a furniture designer in New Zealand.

Naashon is very comfortable in this open-plan designer home. He likes the way it maximises space and says he has a preference for the front courtyard. 'It's protected from the wind, sun and rain by roll-out awnings, which allow us to entertain and spend time outside almost all year round,' he says.

Innovative but practical, this secluded yet central spot in Green Point is a family home with a difference. 'I've never had a house as colourful as this one,' says Naomi. 'I love it.' □

SmartPhoneFilmSchool, smartphonefilmschool.tv



ABOVE FROM LEFT Naashon reads to Noa in the main living area; Noa's bedroom mural was designed by Conrad Botes. The cot and doll's pram were gifts, while the rug is from Hertex (hertex.co.za), the throw and pillowcases are from Country Road, and the Comback armchair and Light Air table lamp are from Kartell (Available locally through A+I Unlimited Design).

OPPOSITE Hermann Niebuhr's painting of a Joburg lobby, from his *Night Shift* exhibition, is a talking point above the collections of snow globes on the bookcases in the dining area.



NAOMI'S HOME TRUTHS

We dine a lot outside because the long table is the perfect spot for entertaining or just having lunch in the sun ourselves. The back patio has a glass roof so it's the perfect sun trap in winter – it's great for reading. When the weather is warm, we throw all the doors open and the inside and outside become one flowing space. That's when the house is at its best. My favourite space in the house is all of it. It's open-plan and compact so no area goes unused. What I like about Green Point is its close proximity to the sea – we frequently walk on the promenade and use Green Point Urban Park. Green Point has quite a community feel, which is lovely. My first impression on seeing the house was: I have to live here, now! This is the first house where I've lived with so much colour on the walls and floors. My previous renovation in Joburg was all white with parquet floors. I'm loving the change. My most indulgent décor purchases have yet to be made. It can be challenging to define a look for your home but I was lucky to inherit the perfect canvas from the previous owners that became the backdrop for my additions and style. The best way to enjoy the great outdoors is swimming in the ocean – but not the cold ocean! What I'm really looking forward to right now is spending even more time with Noa. She's a joy. I would love to travel to Costa Rica, Tahiti, Sweden, Argentina, Morocco, Mexico and, and...

ABOVE FROM LEFT Striped green blinds in the en-suite bathroom echo the stripes on the wall of the bedroom; the faux-antler lamp stand with a parchment shade in the main bedroom is from Hadeda (hadedashop.com) and the bed linen is from Cotton On (cottonon.co.za). OPPOSITE Cathy Ilsey Theron (083-671-2989) made the weeping angel mural with glass tiles in the outdoor shower. Naomi hauled the marble-topped side table from Singapore and the towel is from Mungo (mungo.co.za).



NO BOUNDARIES

THIS PRETORIA HOME BRINGS CONSIDERED DESIGN
AND CONSCIOUSNESS OF CONTEXT TO ESTATE LIVING

TEXT MILA CREWE-BROWN STYLING LEANA SCHOEMAN PHOTOGRAPHS ELSA YOUNG







This house lives so well,' Luchelle Nel starts, her words hinting at the success of its design, its easy flow and the joy of living in harmony with the outdoors. The relationship to what's outside is an integral part of the way we live as South Africans and, as a result, glass-fronted homes and giant doors that fold away are all a means to drawing the outside in. It was exactly that, plus a manageable house that maximised functionality, that Luchelle, a doctor, and her surgeon husband Philippus wanted for themselves and their two small children Philip (one) and Alexa (four).

'I didn't realise it at the time but my style is very Scandinavian,' she says, confessing it's not really her arena of expertise. Luchelle instinctively distinguishes good design from bad, believing that everyday objects should be considered, beautiful and practical – why else have them? Having returned from a trip to Helsinki she gleaned that everything the Scandinavians advocate in design resonates with what she loves.

Her appreciation for clean, functional spaces was echoed by the work of architect Karin Harcus-Harrison, who became a natural choice for the Nels. 'The brief was for a small, easy living family

home with a walk-in closet (for Luchelle), an underground wine cellar (for Philippus) and a double volume door that would open up onto the nature reserve bordering their property,' explains Karin.

In line with their combined philosophies, all furniture is modern and streamlined, either custom designed by Karin or bought from a handful of Luchelle's favourite designers – Hay, Philippe Starck, Tonic and Mezzanine. 'Every item has been hand-picked, nothing is by chance,' she confirms. Luchelle spends a lot of time researching harder-to-find items, often seeking them out from afar. Her latest project is a unique set of house numbers she had made in Japan.

On its southern border the house embraces an enclosed garden with the entrance passage, dining and living room all looking directly onto it. Turn the other way to the north and the dining and living rooms as well as the kitchen and entire upstairs area share a view of the main garden and koppie beyond it. In a bold move they sought out and installed 'a five-metre-high, double-glazed facade door, which folds away in its entirety', says Karin of the home's most daring architectural feature.▷



ABOVE, FROM LEFT Luchelle Nel with her husband Philippus and children Philip and Alexa in their Pretoria home; a floating walkway connects the kids' and parents' wings. The Magis chairs are from Crème Design (cremedesign.co.za); the directly linked verandah forms part of the house. The coffee table came from LIM (lim.co.za) and the various scatter cushions are from Wonen+ (facebook.com/Shopwonenplus).

OPENING SPREAD, FROM LEFT Scatter cushions from Wonen+ add a shot of colour to a sophisticated palette; the five-metre-high stacking door installed by Alumac (alumac.co.za) is a design triumph that allows the upstairs and downstairs areas to become one with the outdoors.



A dropped level demarcates the living and dining areas. Karin custom designed the timber dining table with slate inlay. The chairs are from Vogel (vogeldesign.co.za).

THE OUTDOOR TERRACES ALSO SPEAK TO THE INSIDE, WHERE KARIN HAS DEVISED WHAT SHE TERMS 'POCKETS OF PRIVATE SPACE'.

In response to the site's steep slope the garden has been terraced into grassed sections supported by high cascading walls. Small Tickey creepers are slowly chasing the light and will soon create an all green backdrop. The outdoor terraces also speak to the inside, where Karin has devised what she terms 'pockets of private space' using separate levels to designate areas.

A neat steel fence edges the lawn and beyond it a tract of land has been reserved that will remain untouched by developers. This rocky, untamed outcrop rises steeply from the perimeter fence, eventually joining up with the reserve. 'We hear a lot of birds here, as well as a pair of breeding owls that visit at night,' Luchelle notes.

The large covered veranda was designed to connect directly with the kitchen, effortlessly uniting inside with out when the aluminium doors are thrown open and folded back. That way friends are able to share in the action when Luchelle and Philippus are preparing lunch on weekends. 'Philippus must have been a saucier in his past life,' Luchelle smiles, explaining that he's always perfecting some sauce for a dish, often dipping into the *Larousse Gastronomique* reference tome in his quest.

When the family members are not abroad seeing the world they stay firmly put at home, braaing on weekends or lunching with their extended family on Sundays. 'I used to think my alter ego was living somewhere in a Parisian flat but the last time we were away was the first time I really wanted to come back home,' Luchelle reflects contentedly. Ultimately, that's the triumph of great design. □

**Karin Harcus-Harrison, 073-196-1036,
originandjames.co.za**





Karin designed the central island with a floating concrete top (painted white) and oak shelf. The Charles Ghost bar stools in Crystal by Philippe Starck for Kartell can be bought at A+I Unlimited Design (afritaly.com).

OPPOSITE The sofa is from Anatomy Design (anatomydesign.co.za) and the BeoPlay A9 speaker to the right, which is Philippus' pride and joy, is from Bang & Olufsen (stores.bang-olufsen.com).





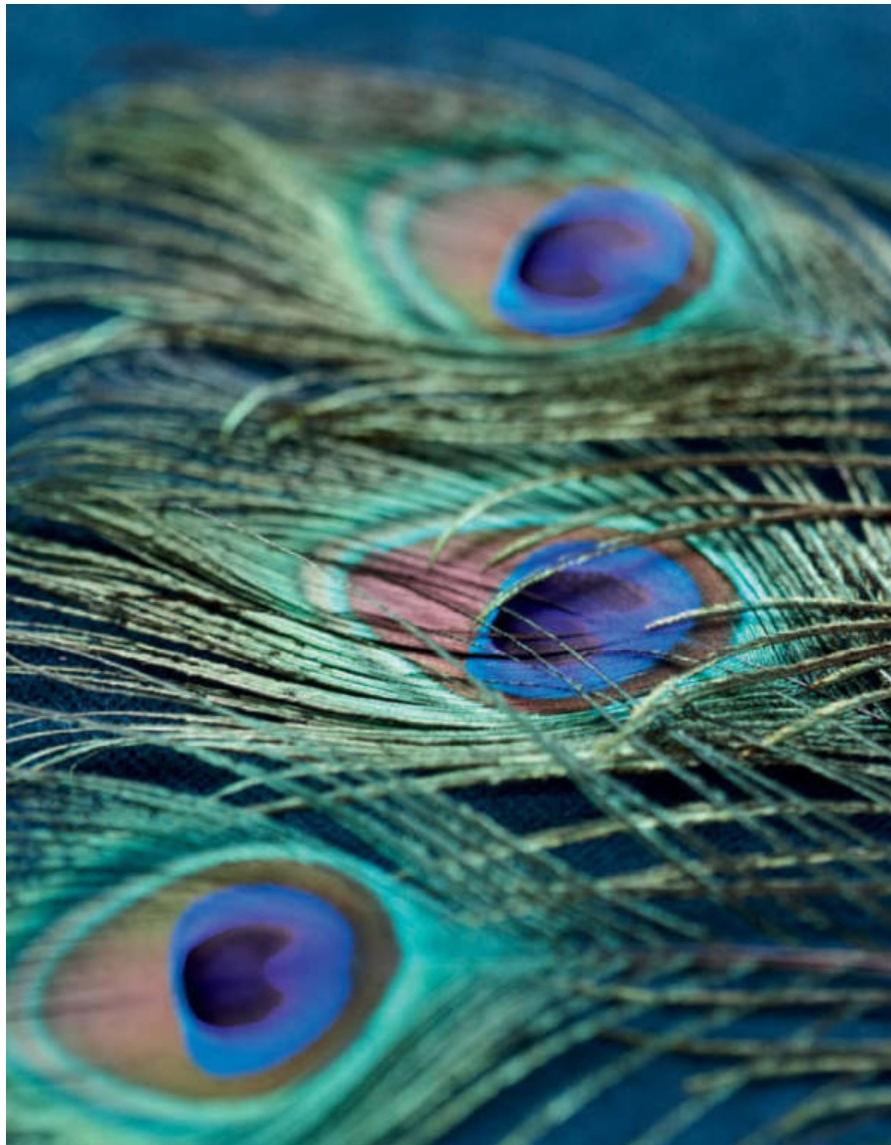
LUCHELLE AND PHILIPPUS' HOME TRUTHS

My style is minimalist with an infusion of colour (Luchelle). **I'm inspired by** functional beauty (Luchelle). **Indoor-outdoor living means** enough light in your house to create an atmosphere of no barriers (Luchelle). **I collect** wine and books, especially old ones (Philippus). **The practicality of the house's layout allows** me to marry two of my favourite things: cooking and entertaining (Luchelle). **My pet design hates** are small, dark, enclosed spaces and underutilised (unnecessary) rooms (Luchelle). **A few of my favourite things include** weekends away with my loved ones, my Tivoli radio and my Gaggia coffee machine (Philippus). **My most treasured piece is** my old cot that Philippus restored and we used for our children (Luchelle); the cuff links from my dad's wedding (Philippus). **My most rash purchase was** a Bettie Cilliers-Barnard painting at an auction. It was my first auction and I felt as though I had won the lottery (Luchelle). **My signature dish is** a fresh, innovative seasonal salad (Luchelle); risotto (Philippus). **In our fridge there's always** Parmesan cheese and a flu vaccine (Luchelle); bubbly (Philippus). **My most inspiring place is** upstairs at Café de Flore in Paris, away from the hustle and bustle, where locals read newspapers and play Sudoku on Sunday afternoons (Luchelle). **My secret talent is** speaking Spanish to a Frenchman in Italy and getting what I ordered (Philippus). **My favourite shop is** the book shop at a museum or art gallery (Luchelle). **My favourite way to enjoy the great outdoors is** swimming in the refreshingly cold Atlantic Ocean (Philippus).



ABOVE, FROM FAR LEFT The Nels' bed was bought at Weylandts (weylandts.co.za) and Duco sprayed black. The bedspread – one of Luchelle's favourite possessions – is from Hay (hay.dk) and the bedside table was designed by Karin; the cot in Philip's room used to belong to Luchelle. The wallpaper is from Spoonflower (spoonflower.com); Alexa's bed was designed by Karin. Her wallpaper is from Spoonflower and her bunny mat came from Airloom (airloom.co.za).

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peaceable kingdom

THE TREE-TOP SETTING AND A DECORATOR'S LOVE OF ALL THINGS ORNITHOLOGICAL ARE REFLECTED IN EVERY PART OF THIS COOL AND AIRY CAPE TOWN NEST

TEXT LEIGH ROBERTSON STYLING MIA VINCENT PHOTOGRAPHS MICKY HOYLE

This sleek, three-storey Higgovale, Cape Town, house serves as a stylish retreat for its London based owner, Victor Hugo. Astroturf was installed on the decks of the upper levels to continue the pervasive green of the lush garden and forested surrounds. The classic 1950s Acapulco chairs add a splash of retro Mexican cool to the pool deck. The towel is from Sanders South Africa (sandersonsouthafrica.co.za). OPPOSITE Interior designer Etienne Hanekom used an ornithological theme to vivid effect in the interiors.



JD

THE IDEA OF NESTING BECOMES ALL THE MORE APPEALING WHEN IT'S IN A HOUSE SET QUITE LITERALLY IN THE TREES -

a darkly glamorous retreat feathered in jungle hues that echo its lush surrounds. It is both serene and wonderfully exotic, with a shaded turquoise pool you wouldn't want to venture far from at the height of Cape Town's summer.

The handsome contemporary structure – for this slender charcoal column reaching up through the soft swathes of green is distinctly masculine – might appear from the outside to be in contrast to its forested setting hugging the slopes of Table Mountain in the

peaceful suburb of Higgovale but you only have to step inside to get a sense of its sympathetic response to the site.

Designed by Cape Town firm Gerd Weideman Architects, it is a home that offers both discreet containment for those who reside in it and an exhilarating connectedness to the outdoors. It's built on three levels with central areas and private rooms that all share a continuous outlook to the garden through ceiling-height windows and glass doors that recede entirely when opened up.

Indeed what captivated its London based owner, Victor Hugo, who grew up in South Africa, was 'its proximity to nature, backing right onto a wild rock garden, and the cool, airy living spaces with their spectacular views'. Victor had specifically sought a property in this part of the city: ▷





The house features multiple areas for outdoor entertaining, such as the shaded terrace on the ground floor that leads out to the garden. **OPPOSITE** Etienne Hanekom brought in features such as taxidermy birds.



'Cape Town is the most beautiful place in the world and I wanted to be right in the hustle and bustle of the City Bowl,' he says. 'I love the leafy, mountainous feel of Higgovale.'

Victor spends 'every opportunity' he can in Cape Town and the house can easily accommodate an entourage of friends or family with its four spacious bedroom suites and various shared and secluded lounges and patios. It's also made for entertaining, whether sunbathing on the pool deck, enjoying sundowners up on the roof deck, or hanging out in the open-plan kitchen with a glass of wine while meals are whipped up. For Victor, who is the owner and operations manager of London eatery Bocca di Lupo, as well as gelateria Gelupo and the brand new 'piazza-eria' Vico, 'it's great being able to look out onto the garden while cooking'.

Local creative whiz Etienne Hanekom was brought in to work his magic on the interiors with a brief to connect the

house to the garden while suffusing it with 'a moody atmosphere'. 'Because it's more of a summer house the dark interior colours keep it cool,' he says of the deep greens, charcoals and greys of the palette he employed in conjunction with the slate-tiled floors. 'What's great about the space is that on the bottom level you feel as if you are on a forest floor and on the top floor as though you're in a canopy of trees,' he says.

Etienne played with scale when furnishing the spaces by bringing in generously proportioned couches, tables and floor lamps. Darker-toned timber was used in some of the decor pieces, while fabrics were inspired by the colours of leaves, varying from deep purple to lime and turquoise. He was especially resourceful when adding some of the house's more whimsical touches, such as the bird prints seen throughout and which allude to its name The Aviary. 'We had a vast amount of blank wall space

but our budget just didn't allow for art or wallpaper,' he explains of the images he sourced, printed and framed. 'We also managed to get great colours into the spaces. Each bird has its own personality. Some are even camera shy.'

Etienne also enjoyed the challenge of transforming the kitchen ('beige all over!') into its current sleeker format. 'We face-lifted the carpentry by respraying it a warm, dark grey, while the tops were replaced with a flamed black granite that added a great texture,' he says. A mosaic splashback in iridescent greens and blues brings a peacock-tail sheen of glamour to the space, which couldn't be more apt.

Staying in doesn't get better than when it's in a cool urban nest up in the trees. □ **Gerd Weideman Architects, gerdweideman.co.za; Etienne Hanekom Creative Studio, etiennehanekom.com. This property is available for short-term holiday rentals through Perfect Hideaways, perfecthideaways.co.za.**

The walls of this lounge on the upper level are painted in Plascon's Sushi Wrap (GR-G09) (plascon.co.za). The leather couch is from Klooftique (klooftique.com) and the selection of colourful scatter cushions was made up by Bellacraft (bellacraft.com). OPPOSITE The central, open-plan kitchen is a boon for entertainers. The Beat lights above the dining table, which are by Tom Dixon, are available from Crème Design (cremadesign.co.za)







The house comes into its own in the warm summer months when the sliding doors are open and the interior and exterior spaces merge. OPPOSITE There's a blissful sense of being right in the trees in this serene, sunken lounge. The seating is by Klooftique and the Bend brass side table is from Leg Studios (legstudios.co.za). If you can't pluck delicious-monster leaves from your own garden you can find a selection of these and more at Kenly Florist (kenlyflorist.webs.com).

RIGHT Plascon's Black Beard (B7-E1-1) adds drama to this bedroom. Reflected in the mirror is one of the numerous bird images interior designer Etienne Hanekom sourced, printed and framed as his 'budget plan for colouring in the walls'. **BELOW** An en-suite bathroom offers a calming setting in which to unwind.



Q&A WITH ETIENNE HANEKOM

What do you love most about this house?

The view of Table Mountain and being surrounded by trees. **Tell us more about its connection to the outdoors.** What makes the house successful is its great outdoor-entertainment area on the top floor with a bubbling Jacuzzi and an amazing view of the mountain, and down below there's a natural stream, swimming pool and a canopy of trees. Perfect. Oh, and birds in the trees singing along. **What was your interiors brief?** To keep it dark, with spots of colour. The idea was to give the space a (look of) old-school Hollywood glamour with the use of dark, muted greens and blues. The wall colours were inspired by the shades of a forest. **You brought in some interesting elements such as the taxidermy birds. How did that go down?**

The overall theme for accessories for the house was going to be birds. We are under and above the trees so there was no other option. I love birds. They represent the human desire to escape gravity, to reach higher levels. After some convincing the client came on board with the theme and before long started sending me images of birds that he saw. **What is your design style?** I like to push my luck with pattern and colour. I think we are way too scared of colour. I have never tried to make friends with beige. She's a bitch. **What are your design hates?**

Beige; a silver bowl with orchids on a table; pattern overkill; whitewashed furniture; ceramic wood-look tiles (why would you want that?); bad lighting. **Where do you find your inspiration?** Everywhere. You have to be on your feet, walking around and sniffing out things. I have always been a nosy person.



The owner's favourite space in the house is his bedroom with its 'view to kill for'. The headboard and scatters were made by Bellacraft. The throw on the bed is from Pezula Interiors (pezulainteriors.co.za).



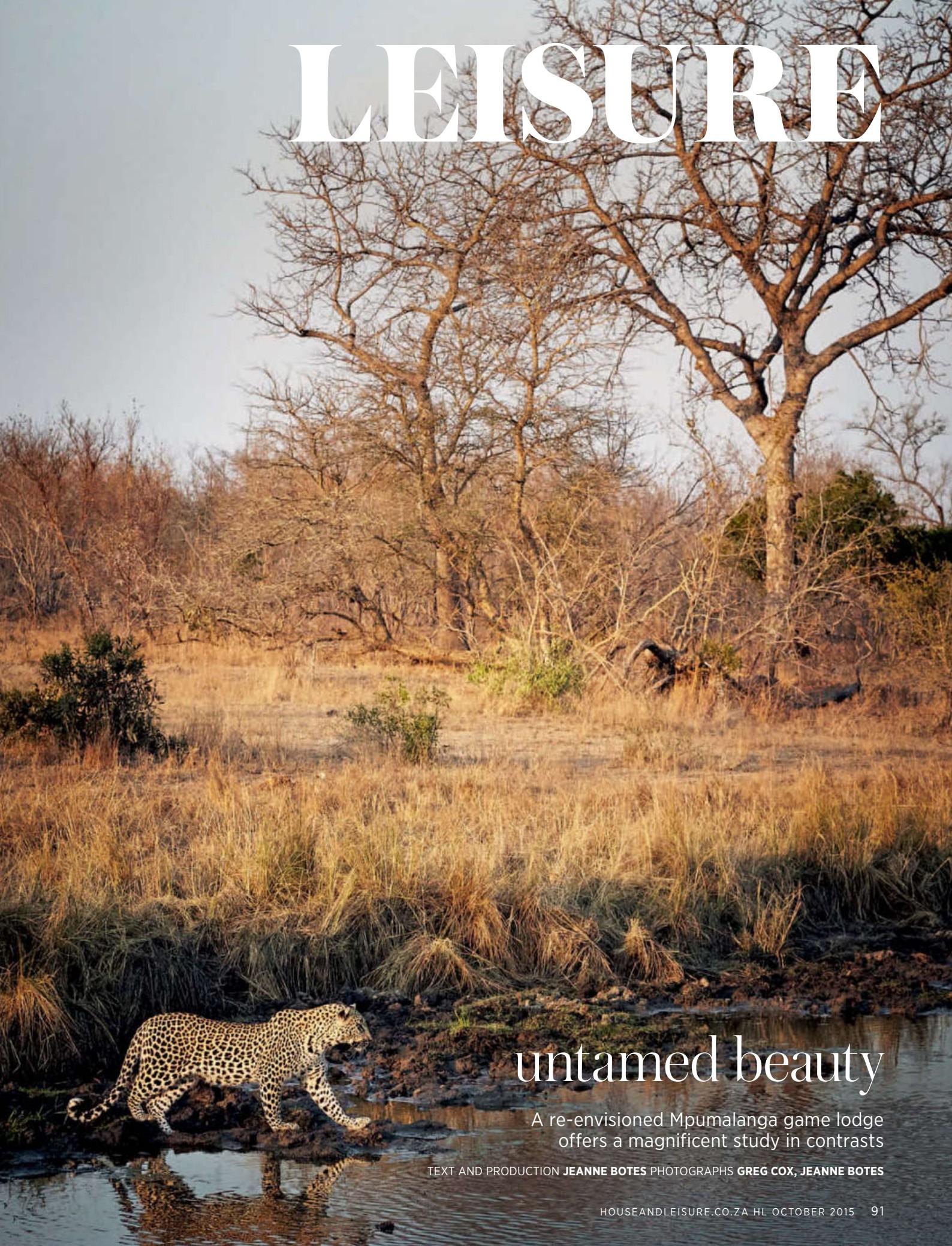
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Unsurpassed craftsmanship lies behind every Nouwens carpet.

With a passion for creating iconic, hardwearing carpet solutions, and the expertise of a highly skilled team, Nouwens has become a recognised and respected name in the world of décor. Our rich heritage, spanning more than 50 years in South Africa, is focused on bringing innovative, functional and breathtakingly beautiful carpets to the home and other spaces. While specialising in international-style carpet manufacture, we are a genuinely local brand, crafting quality and true value into a perfect backdrop for your décor. *The carpet swatch featured is from the Rustique Range - colour: Sandalwood.*

LEISURE

A large, dramatic photograph of a leopard walking through shallow, reflective water. The leopard's dark coat with light spots is clearly visible against the bright, golden light of what appears to be sunrise or sunset. The background features a dense thicket of dry, leafless trees and shrubs, with a few green bushes and a large, gnarled tree on the right side.

untamed beauty

A re-envisioned Mpumalanga game lodge offers a magnificent study in contrasts

TEXT AND PRODUCTION JEANNE BOTES PHOTOGRAPHS GREG COX, JEANNE BOTES

LEISURE HOT SPOT

It was the start of a new luxury safari experience when Singita opened its first lodge in Sabi Sands, a group of private game reserves neighbouring the Kruger National Park. Splashed in crimson and with plush textures and elegant furnishings, Ebony Lodge was the epitome of bush glamour. Twenty-two years later, however, it was time for a fresh new look and Singita turned to design house Cécile & Boyd to help reclaim the property's position as one of the *grandes dames* of the bushveld.

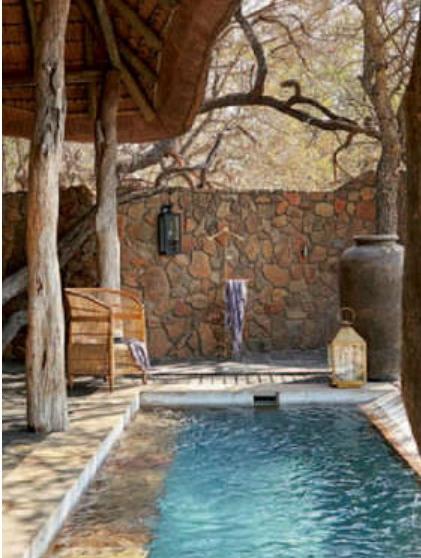
'We are known for our creative juxtaposition of design elements: classic and contemporary, European and African,' says Cécile & Boyd creative director Boyd Ferguson. He's injected the space with a shot of the instinctively chic colonial style that's synonymous with his brand. 'We were cognisant of honouring Ebony's legacy and spirit as the pioneer lodge but also of pushing the boundaries while creating a quintessential safari bush camp.'

Gone are the now stuffy hides and bright colours. Instead, contemporary animal prints, neutral tones of khaki, touches of brass and natural fibres mingle with campaign style furniture. It's at once rough sketched and highly finished – a royal Victorian bivouac with a distinctly South African disposition.

Along with architect Sally Tsiliyiannis of GAPP, Boyd and his team worked to 'morph the tented camp and bush lodge style'. Exterior walls were replaced with floor-to-ceiling glass and canvas flaps. This aesthetic is woven throughout the lodge, with canvas blinds used as room dividers and curtains that, as Boyd notes, 'give a greater connection to the outdoors and double the sense of space and light'.

From private plunge pools guests can spy the buck and baboons (and the occasional leopard) that stroll among the 12 suites, each tucked between trees to lend it an air of seclusion. It's this sometimes alarming proximity to nature that's at the heart of the bush experience. A wine-paired meal on the airstrip under the stars might be interrupted by a cackle of hyenas taking a leisurely walk past your table. Fear not, though: a detail of armed game rangers are sworn to fend off fell beasts. Game drives here are exceptional, too, and regular sightings of rhino and lion are the best safari souvenirs.

Boyd believes the landscape speaks for itself. 'The site is magnificent and Ebony embraces the romance and history as well as the senses,' he says. 'It's a traditional safari set in a modern context.' □ **Singita Ebony Lodge, singita.com; Cécile & Boyd, cecileandboyds.com; GAPP, gapp.net**



CLOCKWISE, FROM TOP LEFT Each suite has its own pool; Pat was our go-to guy; glass walls let the outside into the bedrooms; morning coffee, afternoon tea and pre-dinner drinks are served in the main reception area; one of the sumptuous desserts. PREVIOUS PAGE A young leopard presenting itself at the golden hour.

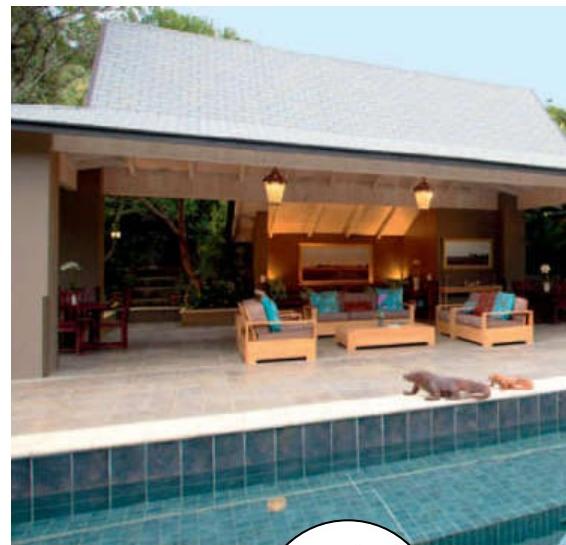




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Ebony Lodge's dining and lounge areas almost seem to float on overhanging decks among the trees, with the Sand River easing by lazily below.



place of peace

Whatever you're looking for – a romantic interlude, a chance to relax, a break with friends or a spot for a celebration – you'll find it at Prana Lodge

TEXT KATHERINE BOTES PHOTOGRAPHS KATHERINE BOTES, SUPPLIED

There's something special about the Eastern Cape. Perhaps it's because when you switch on the radio you're likely to hear a tune by Spandau Ballet (or another forgotten band from the 1980s) or because you're immersed in one of the most picturesque landscapes in South Africa but most probably it's because you encounter genuine peace and deep silence there. That's what first strikes me when I arrive at Prana Lodge. It's beautifully quiet. A mere 40 minutes' drive from East London Airport, it's located on a secluded stretch of unspoilt Chintsa coastline. Combine this beach location with five star accommodation, gourmet cuisine and

pampering spa treatments and you have low-key Wild Coast luxury in abundance.

Megan van den Berg, the marketing manager and daughter of owner Gail Davidson, speaks passionately about the sanctuary they've created. Chintsa is where the Davidson family, captivated by its unique spirit and natural beauty, had holidayed for years when taking a break from Johannesburg. Then, seven years ago, the family relocated here permanently.

The Davidsons looked to the local community for their labour and began empowering people by employing them as builders on the property. Today you'll find the same staff working as waiters in

the restaurant – testament to the owners' focus on the growth of their people and Gail's background in life coaching. They have clearly achieved the difficult, delicate balance of unobtrusive yet friendly service.

A flourishing kitchen garden services the restaurant, where head chef Jaycee Ferreira serves an array of creative and palate delighting dishes marked by bold, fresh flavours. Although there is an emphasis on healthy eating this is definitely not diet food: desserts such as couverture chocolate brûlée, truffles and home-made ice cream simply encourage indulgence.

The heady scent of lemon grass permeates the treatment rooms, sauna, Jacuzzi and

get the
lowdown on
places to visit
in SA at
houseandleisure.co.za



CLOCKWISE FROM TOP LEFT The beach view from the Prana Lodge observation deck; the gracious lounge; the food is memorable and beautifully presented; a quiet outdoor corner; the boardwalk traverses the indigenous garden; the decor is eclectic, with family pieces sharing the spaces; one of the seven luxury suites; the pool-side patio; a Chintsa-coast gem.

steam room of the Prana Lodge Wellness Spa, which is the perfect place to unwind. I start the day with a meditation session and a massage, and end it at the pool-side lounge with a G&T in hand. Heaven.

This specially designed intimate getaway experience (there's a no-children policy) offers just seven suites tucked away in the indigenous gardens, each with a private plunge pool and linked by a boardwalk to the main buildings. With great views, kilometres of beautiful coastline to explore, plenty of activities for the energetic and the pleasure of VIP treatment, Prana Lodge is a destination worth seeking out. □ **Prana Lodge**, pranalodge.co.za



Nikkei, you say?

Bree Street in Cape Town has become home to Japanese-Peruvian restaurant Charango. This is Nikkei cuisine, and you can expect seafood paired with inspired flavours.

Try the 'black' kob with langoustine quinoa or the 'dirt-rubbed' tuna tacos, and a chilli-touched El Gringo margarita. The venue, designed by Bone Interior Design Studio, features a dramatic mural by Faith47, a black mosaic floor in the bar and leather seating throughout.

**114 Bree St, Cape Town,
021-422-0757**



MEX AND MATCH

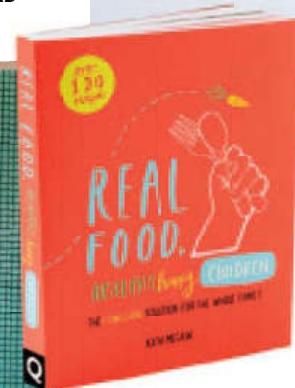
WHEN IT COMES TO AUTHENTIC MEXICAN FOOD THERE ARE ONLY A FEW CAPE TOWN VENUES WE REALLY LOVE. CAFE DEL MAR, THE BUKHARA GROUP'S LATEST OFFERING, IS ONE OF THEM. AT THIS CAMPS BAY HOT SPOT YOU'LL FIND TRADITIONAL DISHES THAT RANGE FROM STREET FOOD (ANTOJITOS) AND CEVICHE TO FIERY MOLE BASED MAINS. WASH IT ALL DOWN WITH ONE OF THE SIX MARGARITAS ON THE MENU – THEY'RE MIXED TO PERFECTION. **SHOP 1, THE PROMENADE, VICTORIA RD, CAMPS BAY, CAPE TOWN, 021-438-0156**



foodie news

COMPILED BY JESSICA ROSS ADDITIONAL TEXT MILA CREWE-BROWN, BRYONY WHITEHEAD

TASTE OF CHINA
Emma Chen of Red Chamber fame has just unleashed PRON (People's Republic of Noodles) on Joburg. PRON's small menu – an ode to Emma's youth in North China – holds flavourful starters and bowls of hearty, home-made noodles. The tofu and cucumber salad is a KO. **69 7th St, Linden, Johannesburg, 011-782-1736**



for more food news go to houseandleisure.co.za

SHELF LIFE

Making easy, healthy meals that kids will also love is no simple endeavour but in *Real Food: Healthy Happy Children* (R335, Quivertree), paediatric dietitian Kath Megaw has compiled a series of wholesome, delicious recipes by local gourmands Phillipa Cheifitz and Jane-Anne Hobbs for every stage of development. quivertreepublications.com

Westcliff Deli is the latest dining option at Four Seasons Hotel The Westcliff, Johannesburg. The stylish Paris-inspired café offers salads, sandwiches, pâtisserie and light meals. Stay for breakfast or lunch, or grab a takeaway bite. 67 Jan Smuts Ave, Johannesburg, 011-481-6000





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The perfect pastel, new Cool Mint is the hue for you. Delivering a beautifully contemporary accent seasoned with a playful hint of nostalgia, Cool Mint is fresh, timeless and elegant. Be the first to experience new Cool Mint, launching 1 September 2015. Visit your nearest Le Creuset Boutique Store today. **Go to www.lecreuset.co.za or call our customer help line on 086 177 3321 for more information.**



instagram.com/lecreusetsa



guy bower

This Joburg foodie and ex advertising man can't live without whisky, pork and a plentiful supply of fresh fennel

TEXT MILA CREWE-BROWN PHOTOGRAPHS ELSA YOUNG

'I hate the word "catering"; Guy Bower admits over the din at a busy café after his Monday lunch order rush. It's easy to see why – the word is unduly two dimensional for what he's about.

The Bowery, as his fine-food-purveying brand is called, launched late last year and he has just set up a permanent *très cool*, design-savvy canteen with killer coffee. It supplies unfussy authentic fare for events, as well as inspired, organic, free-range meals delivered daily to hungry Joburgers who struggle to leave their desks. Dubbed the Food Club, this latter endeavour has shot from 10 to as many as 100 orders a day from people all too glad to forgo a greasy toasted sarmie in favour of, say, a grilled rump and chickpea salad. 'It's important to me that my food is visually appealing rather than tasty alone,' Guy says.

Without any major culinary influences growing up, Guy's food journey really got going when he was 19. 'I lived in Milan with my step-aunt,' he says. 'Her husband's family had a farm outside the city with wild rabbits. I spent a lot of time in the kitchen.'

Looking ahead, the chef and avid cyclist plans to launch a series of events combining a 200km route with fine food and live entertainment at the finish. thebowery.co.za

'ENTERTAINING? MAKE SURE EVERYONE'S GLASS IS FULL.'

What taste reminds you of childhood? My gran's cherry cake. **If you were a drink, what would it be?** Whisky. It's old school and a classic gentleman's drink. **What's for supper tonight?** Spaghetti carbonara done the Roman way. **Where did you have your most memorable meal?** In a little Chinese restaurant in Milan in the 1990s, where I had gnocchi in a clear Asian sweet sauce that had been ordered for my five-year-old cousin. I ate it all and they had to order another one. **If you could take only five food items with you to a desert island, what would they be?** A pig, potatoes, fresh fennel, pepper and a good bottle of whisky. **What would be on the menu for your last meal?** Slow-cooked lamb shank and crispy roast potatoes with

a bottle of BlankBottle. **What's your main source of inspiration?** I am dyslexic and don't really read recipes or books. I get my inspiration visually from great food photos, well-shot recipe books and Instagram.

Favourite sandwich filling? Good smoked bacon and great cheese. **Weirdest thing you've ever eaten?** Some traditional dishes in Kenya that I'm not sure how to spell, goat liver stew being one of them. **Which wine are you enjoying right now?** Kaapzicht Cabernet Sauvignon. **What's your signature dish?** Pork belly. I have many styles and types but my favourite is a ginger, orange and chilli belly, roasted on halved oranges. **What's your favourite ice-cream flavour?** Pistachio. **A food aroma you love?** Bacon. **Absolute food weakness?** Mayonnaise. **What's your entertainment style?** Impromptu and experimental. I'm always arranging dinner parties at the last minute, which allows me to try new dishes. **Top tips for seamless entertaining?** Make sure everyone's glass is full and your menu isn't demanding of your time; use your oven more than your stove. **Soundtrack to the perfect dinner party?** Turntable Kitchen's monthly mixtape or a self-made playlist featuring a good mix from the 1930s, 1940s and 1950s. **What did**

you want to be when you were young? A professional skateboarder or an architect. **What do you think the next food trend will be?** Three-ingredient dishes bringing simple, great tasting food to life. **Advice for aspiring chefs?** Never stop experimenting; buy the best seasonal local ingredients you can afford; remember that recipes can evolve. Oh, and never freeze your meat. **Biggest culinary influence?** Seasonal farm feasts: simple food, beautifully presented, no fuss. It's going to be a big trend soon. **Favourite ingredient?** This is the hardest question. I don't have just one. Pork and fresh fennel. □

FIND MORE FINE-FOOD INTERVIEWS AT
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sensational success

Cape Town City Hall was a magical venue for the *HL* Night Market

An unusually warm winter evening added the final touch to what was a wonderful *HL* Night Market in Cape Town in August.

The band TouchWood eased marketgoers into the evening as Fleur du Cap welcomed everyone with a glass of Natural Light Rosé 2015, a new release. Once inside, visitors tried a Fleur du Cap wine-and-salt pairing by chef Craig Cormack and his team.

Guests browsed through several interlinking rooms showcasing handmade items, including kids' clothing from Eco-Punk and Sorry I Ate Your Dog, precious items from Meraki Jewellery Design and aromatherapy body-care products from Wema. They were also captivated by the fun lighting from Hoi P'loy and geometric pendants by Elsje Designs.

One of the highlights of the evening was Michael Chandler's products from the MRP Home Colab collection, which were also on sale and included playful illustrations on crockery and embroidered pillow cases. A Maker Station demonstrating some of what was on show at the annual Open Design Cape Town festival offered shoppers inspiration too. Other decor and homeware included the Institute for the Blind's hand-crafted carpets and exciting products from Liesel Trautman, Dishy Designs, Unfayzdesign and many others.

With the grapefruit gin and tonic a highlight of the evening, top-notch service by Thirst Bar Services kept shoppers hydrated, while food vendors offered everything from fresh salads to authentic Halaal dishes.



Visitors take a closer look at the MRP Home Colab collection. ABOVE, FROM LEFT Kaapse Liqueurs; Majoz entertains the crowd; chef Craig Cormack's tasty treats.



CLOCKWISE FROM ABOVE LEFT Guests enjoy the Fleur du Cap wine-and-salt pairing; an air plant in a Jewel Geometric Pendant Light by Elsje Designs; wall quotes from Casamoda; Hoi P'loy's lights were a hit; TouchWood welcomed guests.

HOUSE AND LEISURE NIGHT MARKET

FLEURDU CAP
INSPIRED by NATURE

IN ASSOCIATION WITH

& CO•LAB COLLECTION
& mrphome showcasing SA's trending talent

LEISURE THIRST QUENCHER



BREWTIFUL BAR

Speciality coffee has found a new home at Jarryds Espresso Bar + Eatery in Cape Town. Obsession and love for the humble coffee bean shine through in equal measure at this exceptional yet well-priced venue. Be sure to ask about the mysterious Magic Coffee. 90 Regent Rd, Sea Point, Cape Town, [@jarryds_eatery](#)

THE B&T
COMBINE 50ML OF THE BOTANIST GIN, A SQUEEZE OF LIME JUICE AND 20ML ROSE GERANIUM SYRUP IN A MIXING GLASS FULL OF ICE. STRAIN INTO A GLASS AND TOP UP WITH A SPLASH OF TONIC WATER. FINISH WITH A SPRIG OF LAVENDER AND A STICK OF CINNAMON.



what to drink

COMPILED BY DANIELLE LE CHAT



HOPEFUL SPIRIT

Artisanal distillery Hope on Hopkins is on an all out charm offensive in Cape Town. Its stills – dubbed Mildred and Maude – transmute fine botanicals and local barley into a single-malt vodka and three quadruple-distilled gins. Tasting tours by appointment. 7 Hopkins St, Salt River, Cape Town, 021-447-1950, [hopeonhopkins.co.za](#)

New to KitchenAid's Artisan family is the Maximum Extraction Juicer (R6 990). Its integrated blades mean no more pre-cutting and its masticating mechanism draws every last drop slowly enough to prevent your juice from foaming or heating up. [kitchenaid.eu](#)

milk it

New in SA, Almond Breeze is an almond-milk dairy alternative. Get it from all major retailers in Original and Unsweetened from R29 per litre. [almondbreeze.com](#)



home-made cordials
as seen in
**THE HL
trend report
2014**



PHOTOGRAPHS: GREG COX; ISTOCK; SUPPLIED. RECIPE COURTESY OF THE BOTANIST

culinary perfection

Virgil Kahn of Delaire Graff Estate's Indochine restaurant offers an evocative fine-dining experience



Asian-inspired cuisine gets a South African twist at Indochine – situated on Delaire Graff Estate in Stellenbosch – in the expert hands of head chef Virgil Kahn. Using a delicate touch, this flavour craftsman devises dishes that have just the right combination of beauty and balance.

Virgil spends much of his time sourcing the best products available and personally getting to know the suppliers that are able to deliver the freshness, quality and impeccable provenance that his cuisine demands.

The kitchens at Delaire Graff Estate only use meat that is free of hormones

and antibiotics and which is from free-range farms that believe in pasture rearing. Many ingredients also come straight from Delaire Graff Estate's own greenhouse, including fresh Asian herbs, micro greens and vegetables. Imported ingredients are kept to a minimum and sourced as locally as possible – if not from the surrounding winelands then from elsewhere in South Africa.

A talented chef with a passion for exotic and surprising combinations, Virgil Kahn's dining philosophy defines Indochine and is wonderfully complemented by sincere and caring service, intricate design and breathtaking views.



delaire.co.za, [f](#) [DelaireGraff](#),
[g](#) [delairegraff](#), [t](#) [DelaireGraff](#)



wine

COMPILED BY JESSICA ROSS
PHOTOGRAPHS ANDRE WEPENER/
PIXEL LOUNGE, ELSA YOUNG, SUPPLIED



**LOVE THIS...
LABEL**
IT guy Konrad Raubenheimer moonlights as a winemaker under the brand name Stormborn from a cellar in Riebeek Kasteel. 'It is a sparse and silent landscape,' he says of the area that inspired the label for Die Stilte, a masterful Grenache. Available at Publik or online at stormborn.co.za for R140.

READ OUR Q&A WITH KONRAD RAUBENHEIMER
AT HOUSEANDLEISURE.CO.ZA

TAKE THREE: BLEND TO SIP OUTSIDE

■ **MURATIE LAURENS CAMPER 2014 (R120)** THIS COMBINATION OF 40 PER CENT CHENIN BLANC WITH SAUVIGNON BLANC, VERDELHO AND VIognier IS MEMORABLE FROM THE FIRST FRESH AND ZESTY SPLASH ON YOUR TONGUE. AS IT SPILLS INTO THE CHEEKS IT'S CREAMY, WITH A TOUCH OF WARM OAK, LEAVING A NOTICEABLE TANG OF PITH. IT'S BEST ENJOYED WITH A MILD CHEESE PLATTER.

■ **THE GRANDE PROVENCE WHITE 2013 (R350)** THE ACIDITY OF FRUITY CHENIN IS BLENDED WITH A CREAMY VIognier, RESULTING IN A HARMONY OF LIGHT PEACH AND CRISP MINERALITY ON THE NOSE, AND APPLE AND OAK ON THE PALATE. IT'S A WELL-ADMIREdBLEND, TOO, HAVING BEEN AWARDED TOP HONOURS BY UK MAGAZINE DECANTER IN A BLIND TASTING OF CAPE MEDITERRANEAN WHITES. SIP IT AT LUNCH TIME OVER A FRESHLY BAKED BAGUETTE WITH PARMA HAM, ROCKET AND A DRIZZLE OF OLIVE OIL.

■ **BEAU CONSTANTIA PAS DE NOM WHITE 2015 (R110)** FROM THE ELEVATED VINEYARDS AT BEAU CONSTANTIA, PAS DE NOM IS A MOREISH GREEN WHITE WITH NOTES OF MELON AND PEAR. THE PERFECT ACCOMPANIMENT TO A LAID-BACK AFTERNOON, A HANDFUL OF FRIENDS AND A TABLE OF SPANISH STYLE TAPAS, THIS VIBRANT BLEND CONTAINS 86 PER CENT SAUVIGNON BLANC WITH VIognier AND SEMILLON.



OPEN SECRET

Spier was a little tight lipped about the release of its new effervescent summer sipper, with its undertones of strawberries and hints of honey, but after its release, which coincides with this month's Spier Secret Festival, 30 October, we expect that the fruity Secret Sparkling will be on the tip of every bubbly-lover's tongue.

spier.co.za

FANS OF FINE PINOTAGE WILL WANT TO SECURE THEIR TICKET FOR THIS YEAR'S PINOTAGE ON TAP, WHERE **DIEMERSFONTEIN'S** FAMOUS OFFERING OF THE ICONIC/SIGNATURE SOUTH AFRICAN VARIETAL FLOWS FREELY AND GUESTS AT THE WINE FARM CAN ENJOY LOCAL ACTS SUCH AS CRASHCARBURN AND MAOZI. TICKETS FROM R410. DIEMERSFONTEIN.CO.ZA

THIS YEAR MARKS THE
35th anniversary of
SABI SABI PRIVATE GAME RESERVE



'The wilderness is vital to mankind, for in the wilderness we strengthen our bonds with the earth and find peace with ourselves. So many of the answers we are searching for lie hidden within. We believe it is our duty to protect the wilderness, to make it a sanctuary for flora and fauna, for wildlife, for future generations. By creating stable employment for our neighbouring communities through eco-tourism, and sharing our respect and love for the wilderness with our guests and staff, we believe we can.' - Hilton Loon 1979

At the inception of the company this ethos was scribed by Hilton and Jacqui Loon – the visionaries behind what is now a world renowned private reserve. It is this ethos that is still deeply entrenched and remains the backbone of its operation.

The entire Sabi Sabi family offers its best wishes to Hilton and Jacqui on their retirement at the end of 2015. Every individual who has ever been part of our family – both past and present – salutes them for their unwavering commitment to making Sabi Sabi what it is today and for sharing their luxury 'home in the bush' with the world. We are privileged to be able to share this 35th year with them – their remarkable vision and leadership are ultimately our own success. **011-447-7172, sabisabi.com**



LEISURE THREE WAYS WITH

three ways with cardamom

Patron chef Bertus Basson of Overture at Hidden Valley Wines in Stellenbosch gets creative with this aromatic spice

RECIPES AND FOOD PRODUCTION **BERTUS BASSON** PHOTOGRAPHS **MICHAEL LE GRANGE**



Local G&T OPPOSITE
Cardamom rubbed
fish with coconut curry
(recipes on page 106)



LOCAL G&T

4 lemon zest strips
4 lime zest strips
4 orange zest strips
12 cardamom pods, crushed
4 bruised lemon leaves
20g fresh mint
8 orange segments
8 lemon segments

4 shots of Inverroche Classic Gin
2 bottles of Swaan Dry Cape Tonic

Place a strip of each zest in each glass. Add three crushed cardamom pods, a bruised lemon leaf, five grams of mint leaves and two orange and two lemon segments per glass. Add a shot of gin and crush everything together lightly. Top up with tonic. **SERVES 4**

CARDAMOM RUBBED FISH WITH COCONUT CURRY

for the cardamom rub and fish

20g cardamom powder (toast some pods, crush them and run them through a sieve)
20g sugar
20g salt
4 sole fillets
15ml oil
for the coconut curry
600ml coconut cream
5 cardamom pods, crushed
2 cinnamon quills

3 star anise

3 red chillis, split

2 lemon-grass stalks, bruised

20g ginger

70ml lime juice

80ml fish sauce

45g sugar

to serve

organic carrots

fresh coriander leaves

fresh radishes, thinly sliced

To prepare the cardamom rub, mix the cardamom powder, sugar, and salt, then rub this onto the fillets. Set the fish aside for 20 minutes to absorb the flavours.

Meanwhile, prepare the coconut curry by adding all the ingredients to a pot and bringing it to a slow simmer. Let it simmer for 15 minutes to allow all the flavours to infuse, then set it aside.

Heat the oil in a nonstick pan. Cook the sole over a moderate heat for approximately four minutes per side. The flesh should pull off the bone easily.

Serve the pan-fried sole with the coconut curry sauce. We chose to add organic carrots, coriander, and thinly sliced radishes but any fresh vegetables will complement the dish. **SERVES 4**

CHOCOLATE ROYALTYNE WITH BRÛLÉED CARDAMOM MARSHMALLOWS

for the meringues

100g egg whites

100g caster sugar

100g icing sugar

for the chocolate crumble

500g cake flour

350g butter

140g sugar

30g cocoa powder

for the chocolate mousse

8 gelatine leaves

cold water

500g chocolate

6 eggs

1 litre cream

for the biscuit base

1 packet of digestive biscuits

200g butter

for the ganache

300g dark chocolate

100g cream

150g butter

for the marshmallows

370g white sugar

180g water

10g cardamom pods, toasted

30g granulated gelatine

cornflour

for the crème Chantilly

300g cream

seeds scraped from one vanilla pod

100g icing sugar

for the poached pears

1 bottle of white wine

300g white sugar

1 vanilla pod

5 cardamom pods

2 star anise

3 cloves

peel of 1 orange

2 pears

To prepare the meringues, preheat the oven to 130°C. Beat the egg whites until soft peaks form, then gradually add the caster sugar. Whisk until the mixture is thick and glossy. Sieve the icing sugar into the mixture and gently fold through with a metal spoon. Place the mixture in a piping bag and pipe meringues onto a sprayed baking tray. Bake for 15 to 30 minutes until they have formed a hard shell and easily come loose from the tray.

To prepare the chocolate crumble, rub all the ingredients together until they are the texture of sand, then bake at 180°C until it is crispy. Stir every now and again to prevent it from forming one big piece.

To prepare the chocolate mousse, soak the gelatine leaves in cold water. Melt the chocolate in a saucepan over a low heat. Stir often and remove it from the heat as soon as it has melted. Whisk the eggs in a bowl set over gently boiling water until they have thickened to ribbon stage (don't scramble them). Add the gelatine leaves and stir until they have dissolved. Whip the cream until stiff peaks have formed. Add the melted chocolate to the egg mixture and let it cool to room temperature. Fold in the whipped cream and let it set.



LEISURE THREE WAYS WITH

To prepare the biscuit base, crush the biscuits in a bowl, melt the butter and pour it over the crushed biscuits. Mix thoroughly. Press the mixture into a square baking tin to form the base. Pour the mousse over the base and place the tin in the fridge.

To prepare the ganache, chop the chocolate roughly and place it in a bowl. Melt the cream and butter in a saucepan, then bring the mixture to a boil. Remove it from the heat and pour the liquid into the chocolate while whisking until the mixture is smooth. Pour the ganache over the mousse and return the tin to the fridge to allow the ganache to set. Once it is set, cut the royaltine into squares.

To prepare the marshmallows, make a syrup with the sugar and water by

bringing them to the boil in a saucepan with the cardamom pods, then turning the heat to low while you stir to ensure all the sugar has dissolved. Place the gelatine in a little cold water to sponge it for three to five minutes, then melt it in the syrup off the heat. Strain out the cardamom pods, then whisk the syrup until it is white and airy.

Sprinkle cornflour on a baking tray, pour the syrup on top, and place it in the fridge to set. Once the marshmallow mix has set, cut it into rectangles with a hot knife and use a blow torch to caramelise the tops.

To prepare the *crème Chantilly*, whisk the cream to the soft-peak stage. Add the vanilla seeds, sieve in the icing sugar and fold through.

To prepare the poached pears, bring the wine, sugar, spices and orange peel to a boil in a pot. Add the pears and turn down the heat to medium. Poach the pears for 15 to 20 minutes, making sure to turn them occasionally, then remove them from the pot and slice them thinly.

To serve, dust a platter with the crumble, then add the royaltine squares, marshmallows and meringues, and decorate with generous servings of *crème Chantilly* and pear slices. **SERVES 4** □

**Overture at Hidden Valley Wines,
T4 Route, Off Annandale Road, R44
Stellenbosch, dineatoverture.co.za,
bertusbasson.com**



Chocolate royaltine
with brûléed cardamom
marshmallows

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moments to remember

Go back in time with nostalgic desserts that are great
for summer entertaining

RECIPES AND FOOD PRODUCTION **BRITA DU PLESSIS** PHOTOGRAPHS **SEAN CALITZ**



Waffles with buttermilk and blueberry ice cream (recipe on page 111) OPPOSITE Victoria sponge with coconut cream and granadilla curd filling (recipe on page 110)



**PINK LEMONADE MILKSHAKE**

400g punnet of strawberries
1 cup freshly squeezed lemon juice
1 cup caster sugar
1 litre soft vanilla ice cream
2 cups milk

Blend the strawberries in a processor, then pour this into a pot, add the lemon juice and sugar, and simmer for 10 minutes.

Remove the pot from the stove and let the mixture cool, then refrigerate it until it is needed. When you're ready to serve, pour a quarter of a cup of the pink-lemonade cordial into a tall milkshake glass. Blend another quarter of a cup of the cordial with three scoops of ice cream and half a cup of milk, then pour this into the glass. **SERVES 4**

VICTORIA SPONGE WITH COCONUT CREAM AND GRANADILLA CURD FILLING**for the granadilla curd**

3 eggs plus 2 egg yolks, lightly beaten
1 cup caster sugar
½ cup granadilla pulp
2T lemon juice

100g butter, cubed

for the sponge cakes

3 large eggs
softened butter
caster sugar
self-raising flour
1t baking powder
2T whole milk

¼ cup icing sugar, to serve

for the coconut cream

1 cup cream
½ cup desiccated coconut

To make the granadilla curd, add the eggs and yolks, sugar, granadilla pulp and lemon juice to a pot and simmer over a medium heat, stirring continuously for two minutes or until the sugar has dissolved. Gradually add the butter, and keep stirring until it has melted. Reduce the heat to low and stir for a further two to three minutes or until the mixture is thick enough to coat the back of a spoon. Pour the curd into a sterilised jar and leave it to cool.

Prepare to make the sponge cakes.

Preheat the oven to 180°C. Grease two 20cm spring-form cake tins and line the bases with greased baking paper. Weigh the eggs in their shells and note the measurement, then use the same amount each for the butter, sugar and self-raising flour. (The secret to a perfect traditional sponge is to use the eggs, butter, sugar and flour in equal weight.)

Beat the butter in a bowl with the caster sugar until it is light in colour and fluffy. Gradually add the eggs one at a time, beating well after each addition. Sift the flour and baking powder together. Add a large heaped spoonful of the flour to the batter and then a little milk, beating well in between. Repeat until you've used the rest of the flour, making sure you end off with a spoonful of flour. This keeps the mixture light and fluffy and prevents a dense, heavy texture.

Divide the mixture evenly between the tins and bake in the oven for 20 to 25 minutes or until a skewer inserted into the middle comes out clean. Let the sponge cakes cool in the tins for 10 minutes, then turn them out onto a wire rack and let them cool completely.

Prepare the coconut cream: whip the cream and coconut until stiff peaks form.

Once the cakes are cool, place one on a cake stand and spread the granadilla curd generously on top. Spoon the coconut cream in a layer over this. Top with the other cake half (bottom side up for a flat surface), sprinkle icing sugar on top and serve. **SERVES 8**

Cook's note: Refrigerate any leftover curd and use it within seven days.

CALVADOS APPLE TART WITH ALMOND PASTRY

for the almond cinnamon pastry

1¾ cups plain flour
 ¼ cup ground almonds
 225g chilled butter, coarsely chopped
 1t caster sugar
 ½t ground cinnamon
 a pinch of salt
 60ml ice water

for the apple filling

5 Granny Smith apples, peeled and cored
 5 Royal Gala apples, peeled and cored
 100g caster sugar
 50g treacle sugar
 zest and juice of 1 lemon
 1 cinnamon stick
 ¼ cup Calvados
 a pinch of salt
 1 egg, lightly beaten
 50g light-brown sugar
 thick cream or ice cream, to serve

To prepare the cinnamon pastry, pulse the flour, almonds, butter, sugar, cinnamon and salt in a food processor until the mixture resembles breadcrumbs. Add the ice water and process until the pastry just comes together.

Turn out the pastry onto a lightly floured surface and form it into a ball. Divide it in



WAFFLES WITH BUTTERMILK AND BLUEBERRY ICE CREAM

for the buttermilk ice cream

1 cup double cream
 zest of 1 lemon
 1 vanilla pod, split, seeds scraped and reserved
 4 egg yolks
 85g caster sugar
 ice water
 1¾ cups buttermilk
 1½ cups blueberries (fresh or frozen)
for the waffles
 1¾ cups flour, sifted
 1½t baking powder, sifted
 ½ cup sugar
 a pinch of salt
 1 cup milk
 ½ cup buttermilk
 200g butter, melted, plus a little extra for the waffle iron
 2 eggs, lightly beaten
 1t vanilla paste
 honey or maple syrup, to serve

Begin the preparation of the ice cream the day before. Heat the cream, lemon zest, and vanilla pod and seeds in a pot until it's just about to come to a boil. Whisk the egg yolks and sugar until it is pale, then gradually add the hot cream to this, whisking continuously. Return the mixture to the pot and stir over a low heat until it starts to thicken and coats the back of a spoon.

Strain the mixture into a bowl set over ice water to cool down quickly, then refrigerate it for at least two hours.

Stir the buttermilk and blueberries into the cold mixture and then churn it in an ice-cream maker according to the manufacturer's instructions. Freeze the ice cream until you're ready to serve it.

To prepare the waffles, combine the flour, baking powder, sugar and salt in a bowl. Make a well in the centre. Whisk the milk, buttermilk, melted butter, eggs and vanilla paste together. Pour this into the dry ingredients, whisking until the mixture is smooth.

Preheat a waffle iron according to the manufacturer's instructions. Brush a little melted butter on the plates, or use cooking spray, then pour in a third of a cup of the batter and cook for two to three minutes per side or until they are golden brown.

Serve the waffles immediately. Add a scoop or two of the ice cream and drizzle honey or maple syrup on top.

SERVES 6–8

half and form each half into a disc. Wrap the discs separately in clingfilm and refrigerate them for an hour.

To make the apple filling, cut the apples into slices and place them in a large pan. Add the sugars, lemon zest and juice, cinnamon, Calvados and salt and stir through. Cook the mixture over a medium heat for 10 to 15 minutes, stirring occasionally, until the apples are tender but retain their shape. Set it aside to cool, then strain the mixture.

Preheat the oven to 180°C. Roll out one pastry disc onto a lightly floured surface to five millimetres thick, then use it to line a 20 centimetre greased fluted pie dish. Trim the edges.

Create the perfect lattice pastry by rolling out the other pastry disc to five millimetres thick and cutting it into two-centimetre-wide strips. Lay out the strips in a lattice on a piece of lightly greased baking paper and refrigerate until you are ready to use them. Meanwhile, spoon the apple mixture into the pastry case. Remove the baking paper with the strips from the fridge and flip it on top of the tart. Gently remove the baking paper and trim the edges of the pastry. Alternatively, weave the pastry strips on top by hand to create a lattice pattern. If the pastry gets too soft to work with simply refrigerate it again until it's cool and continue as before. Trim the excess pastry, brush eggwash on the strips, sprinkle brown sugar on top and bake for about an hour or until the tart is golden and cooked through.

Serve warm with thick cream or ice cream. As this is a moist, crumbly tart it is best eaten on the day. **SERVES 6**

Cook's note: Calvados is a French apple brandy and can be substituted with regular brandy or omitted altogether.

Calvados apple tart with almond
pastry (recipe on page 111)
OPPOSITE Cinnamon cream doughnuts



CINNAMON CREAM DOUGHNUTS

for the doughnuts

500g plain flour
 $\frac{1}{4}$ cup caster sugar
 10g sachet dried yeast
 $\frac{1}{2}$ t salt

1 cup warm milk
 100g butter, melted
 3 egg yolks, beaten
 2 litres sunflower oil

for the crème pâtissière

4 egg yolks
 $\frac{1}{3}$ cup sugar
 $\frac{1}{3}$ cup cornflour
 $\frac{1}{2}$ t ground nutmeg
 1t ground cinnamon
 2 cups milk
 seeds scraped from 1 vanilla pod

for the cinnamon sugar

1 cup caster sugar
 $\frac{1}{2}$ t ground nutmeg
 1t ground cinnamon

To prepare the doughnuts, combine the flour, sugar, yeast and salt in a bowl. Make a well in the centre and mix in the milk, butter and egg yolks until the dough comes together. Knead it on a well-floured surface for 10 minutes or until it is smooth. It should spring back if you press it with your thumb. Place it in a lightly greased bowl, cover with a cloth and leave it in a warm place to prove for an hour or until it has doubled in size.

To make the crème pâtissière, whisk the egg yolks and sugar in a bowl until it is pale. Sift in the cornflour and spices and then whisk through. Bring the milk and vanilla seeds to a boil in a pot. Pour the hot milk into the flour mixture gradually, whisking continuously, then pour the whole mixture back into the pot. Simmer for five minutes, whisking continuously, or until it thickens. Let it cool slightly and then spoon it into a piping bag.

Lightly punch down the dough and knead it on a floured surface for two minutes or until it is smooth. Gently roll it out to about one centimetre thick and then let it rest for a minute or two. Use a seven centimetre round cookie cutter to cut out discs. Place them on a lined baking tray and then set it aside for 20 to 30 minutes to allow the discs to prove.

Heat the sunflower oil in a deep saucepan to 175°C. Fry the doughnuts in batches, turning them occasionally, until they are golden and puffed (three to four minutes per side), then drain them on absorbent paper.

Combine the cinnamon-sugar ingredients. Roll the slightly cooled doughnuts in the mix or sprinkle it on top. Poke a hole in one side and pipe in the crème pâtissière, then serve immediately as they are best eaten while still fresh and warm.

MAKES 10-12 □



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star attraction

Infused with LA glamour, this highveld garden has a sense of theatre at its heart

TEXT TESS PATERSON PHOTOGRAPHS CHRISTOPH HOFFMANN



LEISURE GARDEN

In the Fontainebleau, Johannesburg, garden of Stark Studios, a space for quiet contemplation is overlooked by a pyramidal structure designed by Patrick Watson. An established Manitoba maple is central to the garden's design.



Bordered by a row of *Tulbaghia violacea*,
Crassula succulents add colour and texture
to the pyramid face. OPPOSITE A walkway
of manicured kikuyu lawn leads to a pyramid
covered in Kyoto dwarf mondo grass.



THE TRANSFORMATION COULD SCARCELY BE MORE EXTRAORDINARY.

It was five years ago that Stark Studios moved to Randburg's Fontainebleau. It's an ideal location for television-recording studios, being close to MNet and the SABC. 'We wanted both the new building and its surrounds to be conducive to creativity and the garden allowed us to think out of the box in quite a dramatic way,' says co-founder Elsje Stark.

Elsje commissioned landscape architect Patrick Watson to mastermind a modern, dramatic space that would complement the architecture. 'TV is an intense industry with extremely long hours,' Elsje says. 'I pictured a place where people could clear their heads; somewhere beautiful to meander through and feel renewed.'



The site already had masses of strelitzias and a series of trees, including a tall palm. 'Both of these are glamorous, Hollywood type plants,' says Patrick. 'We're talking movies so it made sense to keep them and go a little LA.' Patrick's vision included a series of high-impact cubist sculptures that lend the impression of shifting stages and frames as you move around them. In a triumph of recycling, debris from the site's demolished houses and newly excavated car park was assimilated into the pyramidal shapes. 'As a concept I suppose it has its roots in land art, though that tends to be far more minimalist,' Patrick says. 'We'd worked with berms in natural gardens before but never

pyramids of this size and precision. It's about simple geometry. The whole idea was to create a sense of theatre and surprise.'

It's a daring design to be sure, even for someone known for his sense of adventure. It's a good thing, then, that Elsje shares this trait. 'You can't go more radical than your client and Elsje accepted that this was a radical garden.'

Actually implementing it all was hardly simple. In a highly labour-intensive process, the pyramids were handmade by Rekopane Landscapes. 'It looks pretty instant but it took eight months to complete,' says Patrick. 'The garden is relatively high maintenance – it's definitely exotic. If you go all veld grass or fynbos you won't achieve the same impact.' Patrick did plant several acacias though – his reference to Southern Africa in a garden that's very much Beverly Hills.

Texture holds sway throughout and Patrick chose succulents for many of the ▷



Shallow grassed steps connect the main building to the garden. BELOW Mass plantings of canna beneath the Manitoba maple add colour. BELOW RIGHT Detail of canna. OPPOSITE A curved walkway designed to slow visitors down leads to the natural pond.

pyramids' slopes. 'They're very graphic, they're happy in shallow soil and they're always there,' he says. 'A creeping plant such as ivy would have spoilt the crisp lines.'

Colour is just as important and, while a two plant chequer effect would have worked on the pyramids, Patrick opted for more variety. Elsewhere, bold hues are expressed in singular plantings such as agapanthus, clivia and sedum. 'We used clusters of canna too; they're suburban herbaceous-border plants, which I think of as Fontainebleau and LA in equal measure.'

Despite the visual drama, this garden is undeniably tranquil and inviting. Three types of lawn create stretches that invite you to experience the ever changing scenes. 'We always like to carry on where the architecture left off,' says Patrick. Shallow grassed steps, for instance, seamlessly connect the modern building to the garden below, while sculptural seating allows for quiet contemplation. A staggered walkway that intentionally slows people down leads to a natural pond that is a reincarnation of an existing pool from the 1970s.

Much like a major motion picture, this garden is a strong statement – a lush, attention-grabbing marvel with an ongoing sense of discovery. 'It's designed to be enjoyed,' says Patrick, 'whether for corporate entertaining or as a quiet place where people can read their lines.' For Elsje and her team it's a vital connection to nature in the frenzied heart of the city. □ **Patrick Watson, 011-646-8970; Rekopane Landscapes, 011-954-5235, frekopanelandscapes**



a most liveable city

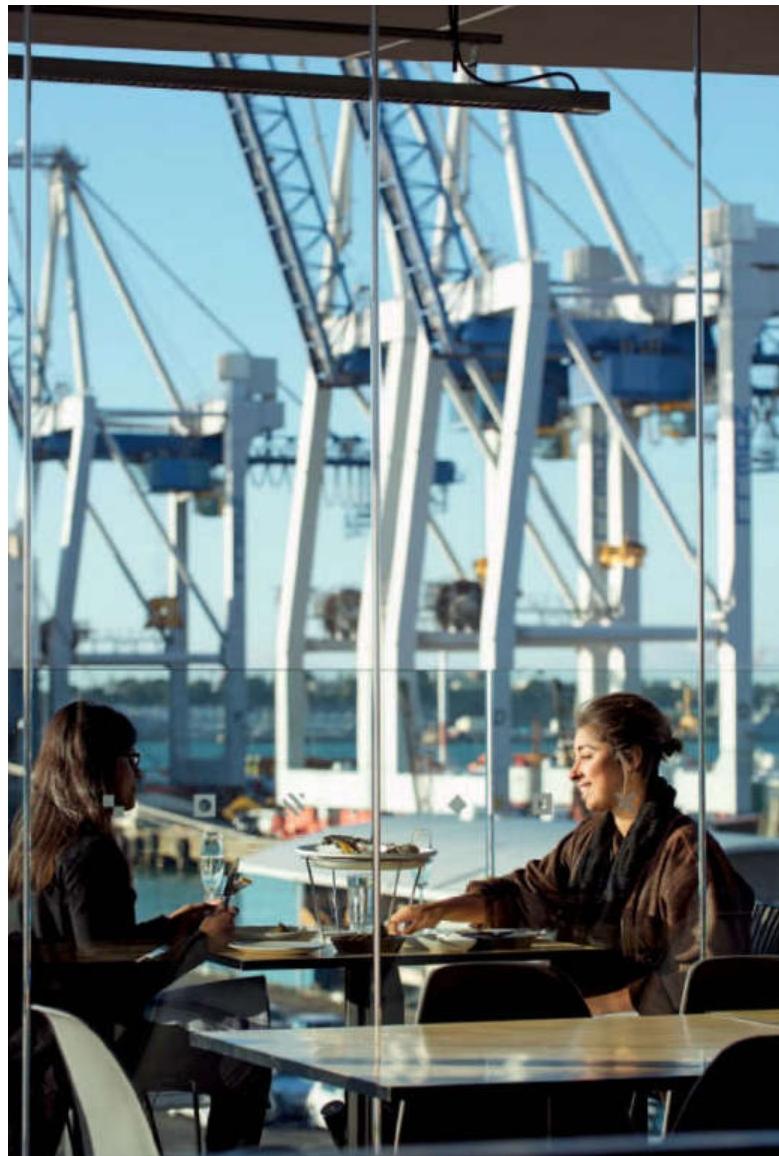
No longer simply a stopover on travels to New Zealand's Elysian fields, Auckland has a burgeoning cultural scene that's reason enough to visit the country's largest city

TEXT AND PHOTOGRAPHS **NAASHON ZALK**





The Club lounge at The Langham, Auckland. RIGHT Lunch-time diners at Ostro in the Britomart precinct. OPPOSITE A ferry leaves Waiheke Island for the mainland.



Following on from its 2011 Rugby World Cup makeover, Auckland has been growing in stature as an international tourist destination. In the past it was seen as more of a gateway to the rest of New Zealand but that has all changed.

The draw of its natural beauty – being situated on a dormant volcanic field and on the edge of the stunning Hauraki Gulf – has been greatly enhanced by a waterfront redevelopment, a culinary revolution, a revamped art gallery and an ascendant design and fashion scene, not to mention the great craft beer, which thankfully is dispensed by beer makers, not irritating hipsters.

With this in mind, and conscious of the strong yet underacknowledged connection between South Africa and New Zealand through rugby and immigration, we ventured

to Auckland to compile a definitive guide of this city worth discovering.

WHAT TO SEE AND DO

Once neglected and derelict, the waterfront-facing buildings of **Britomart** have been transformed into a vibrant retail, fashion and food hub. As a convenient location to sample what the city has to offer, it can't be beat. High-end restaurants with breathtaking views share space with great coffee shops and cafés offering international cuisine. Shoppers will enjoy the combination of well-known international brands and local fashion designers such as Karen Walker, Kate Sylvester, Trelise Cooper and Zambesi.

The upwardly mobile inner-city suburb of **Ponsonby** owes its charm to rows of pretty Victorian houses and an array of boutiques, restaurants and bars running

the length of Ponsonby Road. Ponsonby Central (ponsonbycentral.co.nz) is a new complex whose centrepiece is an organic market surrounded by diverse eating spots, a butcher and a baker. There's no candlestick maker but it does have its own radio station. And a fortune-teller.

One block up from Queen Street, the CBD's main thoroughfare, runs **High Street**, which features a collection of fashion boutiques particularly for men. Get a good haircut at Maloney's Barber Shop (maloneys.co.nz) and visit Barkers (barkersonline.co.nz) for formal menswear.

After a three year revamp the **Auckland Art Gallery** (aucklandartgallery.com) reopened in 2011 with a new light-filled glass-and-wood atrium and an expanded collection of artworks. Highlights include local Maori art and works by Picasso, Cézanne, Gauguin and Matisse. ▶



A 40-minute ferry ride will take you across the Hauraki Gulf to one of New Zealand's natural gems: **Waiheke Island**. It's all about pristine beaches and Bordeaux style wines here. Waiheke's rolling hills are also home to numerous artists including Maori artist Paora Toi Te Rangiuia (ikonz.co.nz), who has just completed a commission to create a 10-metre-high Maori carving in Bordeaux, France.

One of the best ways to experience the island is to join proud Waihekan Wayne Eagleton as he conducts a wine tour (waihekeislandwinetours.co.nz), which is as much about the island, its history and its rivalry with the mainland as it is about the wine. Waiheke's volcanic soil is similar to the terroir of Bordeaux, resulting in bold wines with strong mineral characteristics.

The tour takes in larger vineyards such as Mudbrick (mudbrick.co.nz) and boutique

wineries such as Te Motu (temotu.co.nz) and Peacock Sky (peacocksky.co.nz). UK owner Rob Meredith gives an authoritative introduction to wine tasting.

WHERE TO EAT AND DRINK

New Zealand's hosting of the 2011 Rugby World Cup was the impetus for what can only be described as a Kiwi cuisine revolution. With its great local ingredients, proximity to Asia and returning internationally trained chefs, the country is set to burst onto the global scene as a food destination.

A great way to begin your exploration of this rapidly evolving culinary landscape is to take a food tour with the knowledgeable Elle-Armon Jones (thebigfoody.com). She shepherds clients from around the world – including South Africa – to Auckland's top eating spots.



Cross the Auckland Harbour Bridge to the North Shore for brunch at **Takapuna Beach Café** (takapunabeachcafe.co.nz). Inside a stolid old beach tea room on the promenade you will find what is possibly the world's best doughnut, made of a uniquely light dough, dipped in salted caramel and topped with large bits of chopped macadamia. It's also renowned for its home-made, award winning gelato.

At the base of Auckland's touristy Sky Tower lies celebrity chef Al Brown's **Depot** (eatatdepot.nz), a warmly lit and bustling oyster bar and eatery. Here Kiwi comfort food with a perfectionist's twist is served up in tapas-sized portions. It's obligatory to try the locally sourced Mahurangi and Te Matuku Bay oysters. Next sample the snapper sliders with preserved lemon mayo and watercress, southern fried snapper wings (as weird as they are delicious)

FROM FAR LEFT The Britomart fashion and shopping district; The Jefferson whisky bar; Casita Miro on Waiheke Island; The Oyster Inn on Waiheke Island.



INSIDE A STOLID OLD BEACH TEA ROOM ON THE PROMENADE YOU WILL FIND WHAT IS POSSIBLY THE WORLD'S BEST DOUGHNUT.

accompanied by a glass of local wine on tap – an innovative method of serving wine by the glass without losing quality or taste.

Eight at the Langham takes the buffet concept a step further with eight food stations, each representing a different cuisine. Choose your many courses from the American styled grill, Asian stations, and seafood and salad bars. Then there's dessert: chat to the chef, who will prepare your selection just the way you like it.

Splash out on a special meal at **Ostro Brasserie & Bar** (seafarers.co.nz), home to Josh Emett, one of a raft of local chefs who have returned home after making good

broad. His no-expense-spared restaurant overlooks the cargo cranes and cruise liners of the Waitemata Harbour.

This restaurant serves up Mediterranean-inspired Kiwi cuisine featuring the freshest of seafood and grass-fed Savannah beef.

The relaxed atmosphere enhances the experience of quality food and professional service at the seaside bistro **The Oyster Inn** (theoysterinn.co.nz). The emphasis is on the best local ingredients cooked perfectly. Start with the signature Te Matuku Bay oysters and move onto comfort food such as line-caught Hauraki Gulf fish and triple-fried chips. Accompany

your meal with a Waiheke wine such as the mineral-infused Man O' War Gravestone Sauvignon Blanc or leave the island briefly, in spirit at least, by trying a glass of Central Otago Two Paddocks Pinot Noir.

The unique and quirky architecture of **Casita Miro** is reason enough to visit. A strikingly tall pavilion of glass, wood and steel sits atop the steep hillside overlooking vines to the north and backing onto a Gaudi-esque fantasy garden. Share tapas platters of Spanish and Moorish cuisine and a vast selection of sherries. Chat to the exuberant and welcoming owner Cat Vosper (casitamiro.co.nz). ▷



The striking lobby of Hotel De Brett.
RIGHT The entertainment area of a bedroom in Hotel De Brett. OPPOSITE Mollies, a luxury boutique hotel.

WHERE TO STAY

There are many reasons to love **Mollies** (mollies.co.nz), Auckland's most charming luxury boutique hotel: the neighbourhood, the decor, the large rooms and its amazing backstory. Built in the 1870s, it was originally the residence of Auckland's first mayor. In the 1960s it was bought by Mollie Wilson, whose daughter Frances, an operatic singing coach in New York, returned to refurbish it and open it as a boutique hotel catering to visiting classical musicians and featuring live opera. The current owners still honour its heritage by hosting classical music recitals within its art-clad walls.

The fusty facade belies what's on offer inside **The Langham, Auckland** (langhamhotels.com/en), which is why it is the first choice for visiting rock stars both young (One Direction) and old (The Rolling Stones). High tea is served beneath

the massive chandelier in the Palm Court to Auckland's doyennes and their daughters. Next door is one of the city's oldest ballrooms, which is perfect for a society wedding. Upstairs is the renowned Chuan Spa (chuanspa.co.nz/en/Auckland). Get relaxed and ready for the exquisite Harmony Massage by doing the Chuan Tri-bathing Ritual, which begins with an aromatic steam, followed by a sauna, then a final soak in the Jacuzzi.

Hotel De Brett (hoteldebrett.com) is possibly Auckland's most stylish hotel and is conveniently located in the very heart of the CBD. It is close to Britomart, the High Street fashion shops, theatres, bars and restaurants. Built in 1841 it has been recently renovated in a modern and eclectic style that pays homage to its origins and its Art Deco features. Each room is individually decorated and



furnished with warmth and style while the overall look is pulled together by signature multicoloured carpets in every space.

A central atrium and courtyard are home to The Kitchen, the hotel's acclaimed restaurant. Downstairs, on the corner, is the Housebar, a great place to watch the city go by.

If you're staying over on Waiheke Island, book in at **The Oyster Inn** with its signature yellow and white beach-inspired decor. It's just a short walk from the scenic Oneroa Beach and features three small but well-appointed rooms, an excellent restaurant and a beach shop with a compact but carefully curated collection of things to buy by designers such as Karen Walker, Deadly Ponies, Moscot and Orlebar Brown. Its unmissable bright yellow 1970s VW Combi will shuttle you to and from the ferry – if it starts. □



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GETTING THERE

Of top consideration when flying long distance is comfort and convenience, especially when it's for business and you are crossing multiple time zones. With Cathay Pacific's Business Class you can't go wrong aboard its luxurious Boeing 777s and Airbus A340-300s.

Spacious seating creates a cocoon of comfort with seats that recline into fully flat beds, generous storage space and a top class entertainment system. The 1x2x1 herringbone seating configuration allows for privacy when you need your rest and company when you don't. Each passenger receives a Seventy Eight Percent amenity kit filled with Jurlique skin products. Top class service is assured by friendly and attentive staff serving champagne and a choice of Cantonese or Western meals.

The actual flight is only one part of the equation, however. The other is the layover. At Hong Kong International Airport The Wing business class lounge ensures that you are never far from a comfortable armchair, a snack or a drink. A hot shower will leave you feeling revived and ready for the next leg of your journey. cathaypacific.com



what's hot

COMPILED BY NAOMI LARKIN ADDITIONAL TEXT KATHERINE BOTÉS
PHOTOGRAPHS KATHERINE BOTÉS, SUPPLIED

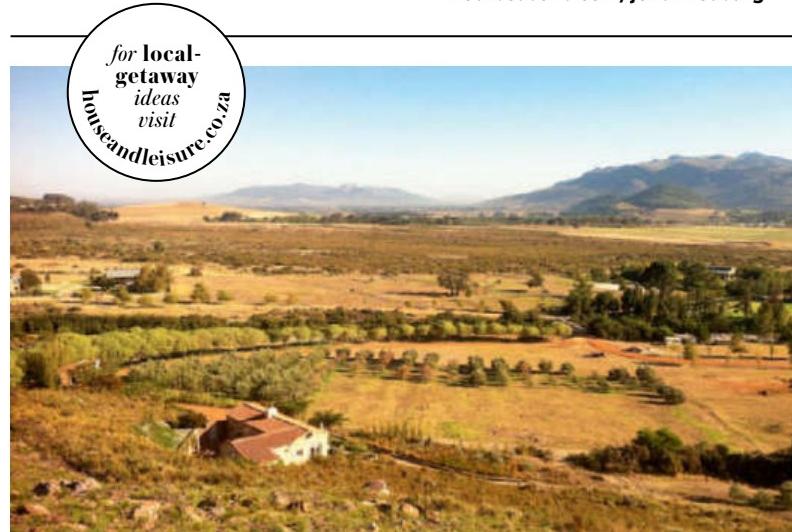
FOUR SEASONS HOTEL THE WESTCLIFF, JOHANNESBURG

WHERE? 67 Jan Smuts Ave, Johannesburg, 011-481-6000

WHY WE LOVE IT Like a phoenix rising from the flames, this hotel has emerged from its multi-million rand overhaul to become South Africa's most stylish 'urban resort'. Expect the high level of luxury, service and attention to detail that are synonymous with the Four Seasons brand. Additions such as the outdoor lift, the spa overlooking the new lap pool and the presence of South African art make it a repeat choice for locals as well as tourists.

X-FACTOR One of Joburg's top restaurants right now has to be View. Executive chef Dirk Gieselmann is providing a quality culinary experience that you're unlikely to find elsewhere in the city.

fourseasons.com/johannesburg



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getaway
ideas
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houseandleisure.co.za

ELLERMAN HOUSE

WHERE? 180 Kloof Rd, Bantry Bay, Cape Town,
021-430-3200

WHY WE LOVE IT With its commanding Atlantic Ocean views and years of acknowledged luxury (including its closed-to-the-public exclusivity), this recently revamped boutique hotel has long been a popular address with overseas visitors. Its new look is inspired by the colours of the ocean and the flora surrounding the property. Common areas, bedrooms and suites have been given a more contemporary, fresh look that provides the perfect backdrop for the outstanding collection of South African art.

X-FACTOR Little touches such as the pantry with its array of delicacies baked in-house and available free for guests around the clock, the bottle of Inverroche Gin to enjoy at your leisure, the exquisite flowers that decorate your suite – these all combine to create a first class experience. ellerman.co.za



THE COTTAGE AT MONTPELIER

WHERE? Upper Waterfall Farm, Franschhoek,
Western Cape, 083-235-1348

WHY WE LOVE IT A favourite with the HL team, it offers understated elegance and attention to detail – from the two luxurious en-suite bedrooms to the fully equipped kitchen, not to mention the 360-degree views. Unwind in a sun lounger next to the pool or in front of the fireplace in winter.

X-FACTOR The location is perfect for visitors wanting access to Franschhoek wine farms and popular restaurants while still offering solitude. It's a fantastic getaway. montpellier-franschhoek.co.za.



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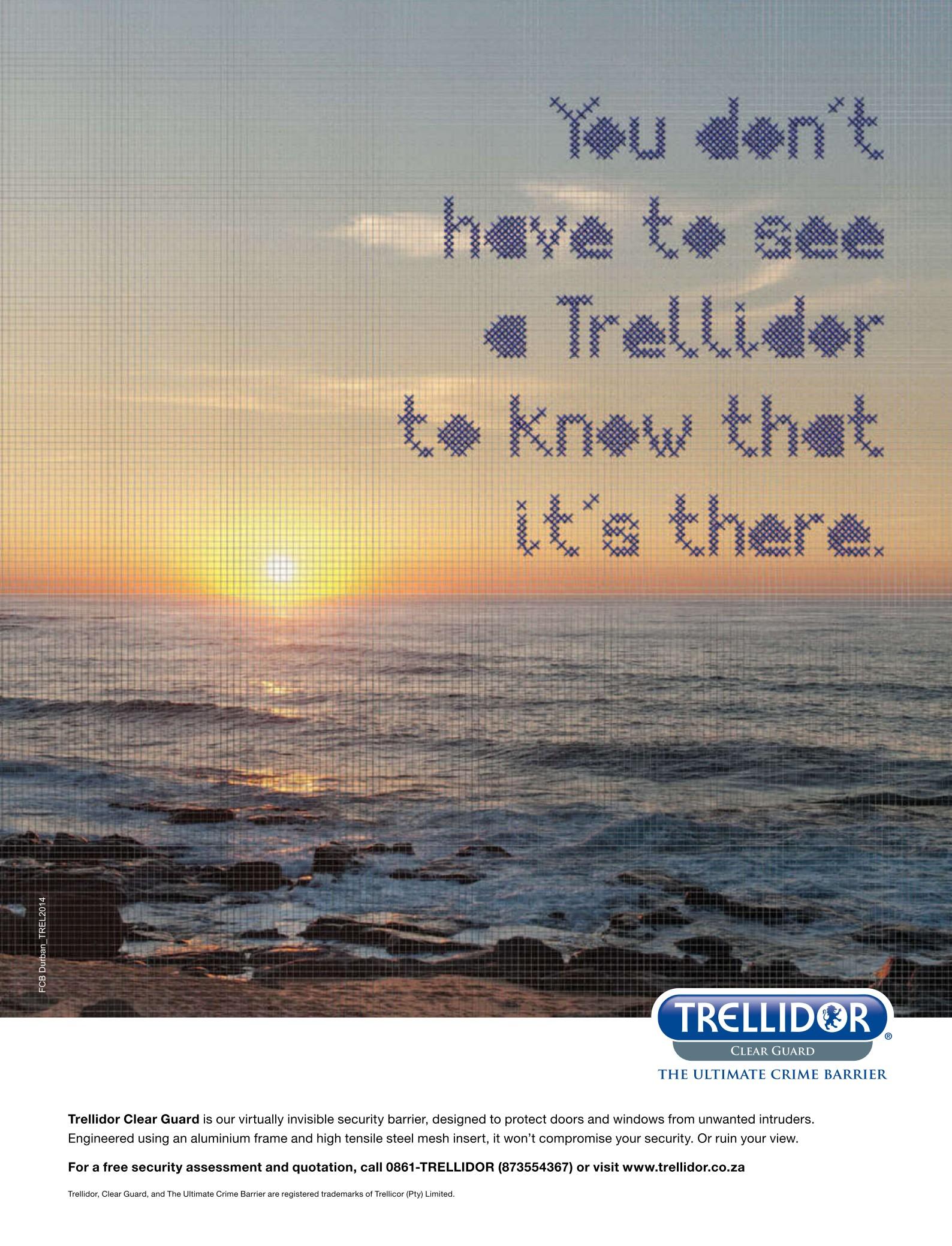
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SOLUTIONS

the great outdoors

Whether you're crafting a relaxing patio or planning an eye-catching swimming-pool area, take your cue from the latest trends in outdoor living, brimming with bold designs

TEXT KAREN SLABBERT PHOTOGRAPHS JAC DE VILLIERS, WARREN HEATH, MICKY HOYLE, ADRIAAN LOUW, ELSA YOUNG, SUPPLIED





1 ECO POOLS

If you want to do your bit for Mother Nature why not create a self-sustaining mini ecosystem in your back garden? Natural swimming pools are ecologically friendly and require no chemicals to keep water crystal clear and silky soft. Mimicking nature's own water-purifying cycle, the swimming area is separated from a zone planted with aquatic plants, which act as a natural filtration system. 'It's essentially at one with its environment,' says Jerome Davis of Cape Town firm aQua-Design.

If you are not keen to remodel completely you can give your pool an eco update by tethering floating ecosystems to the edges of the existing structure. If the space of the surrounding area is restricted then vertical systems can be established against a wall in a courtyard or indoors using intensive filtration systems.



TOP LEFT Eco pools can look natural when restios, water lilies and arums and loosely stacked boulders combine to create a rock-pool effect. ABOVE AND BELOW The pools blend effortlessly into their surroundings when fringed with sun-bleached decking.

FLOATING ECOSYSTEMS CAN BE TETHERED TO THE EDGES OF A POOL TO CREATE AN ECO POOL FOR A FRACTION OF THE PRICE.

2 SMALL-SPACE POOLS

Idea: Create a garden oasis

Compact pools have become design features in their own right. 'Organic shapes have made way for skinnier, angular designs to suit a clean-lined, modern aesthetic,' says Joburg landscape designer Deidre Causton. 'Narrow pools are particularly popular additions to small urban gardens.'

Where space is at a premium plunge pools can be embedded into timber decking or you can give your pool a tropical feel by adding a pergola for visual interest and sticking to an all white palette. 'It's about adding layers of interest and functionality,' she says.



3 DECKING DECOR

Trend: Au naturel

Decking has adopted a more contemporary look. 'Designwise, architectural style applications with multiple tiers, curved features, built-in seating and walls to define various areas are popular,' says Joburg landscape designer Craig de Necker.

Products with a weathered patina are popping up everywhere. 'Instead of varnish, decks are being treated with a high-quality wood sealant for a natural silver-grey finish,' says Deidre Causton, also a landscape designer. 'For decking it's important to use high-quality timber such as garapa or massaranduba. Both these Brazilian timbers work well in our climate.'

Chris Grylls from Woodoc shares some pointers on patio furniture and deck care:

- Apply a UV- and water-resistant protective coating to all exterior wood.
- Prolong the life of the protective coating by applying a weatherproof penetrating wax.
- Wipe water from flat surfaces before they're exposed to the sun for long periods.
- Reduce wear and tear by keeping decks clear of grit and dust.▷

Trend: Lookalike

Wood-replica porcelain tiles prove that parquet floors and decking no longer have to be made of timber. A palette of silver greys and rich browns creates a rustic, lived-in feel, while saw marks, 'wooden' knots and grain make the products look authentic. They're also very easy to maintain.

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at
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*THIS SEASON IT'S ALL ABOUT
CREATING AN OUTDOOR KITCHEN.*

5 NO-FUSS FINISHES

Trend: Seamless floors

Modern homes call for sleek outdoor flooring that blends with its surrounds. 'The fine-grained Quartz Carpet is a good solution for patios or walkways as it offers a clean, seamless finish,' notes Joburg landscape designer Deidre Cauton. 'To create a sense of contained abundance juxtapose textured aggregates with flower beds filled with meadow plants and decorative grasses or combine the application with timber decking for a quick update of your outdoor or pool area.'

Trend: Low-maintenance rooftop lawns

Roof gardens are great space-utilising additions to city apartments but they can aggravate glare. Plus, there is frequently a building weight restriction and cement floor surfaces tend to be heavy. 'Artificial lawn has no glare, needs low maintenance and is soft underfoot, making it the ideal application for roof gardens,' says Craig. Faux grass also provides extra insulation, warming the home in winter and cooling it in summer. ▶



4 BRAAI AREAS

What would a balmy evening be without the crackle and pop of flames in the background? No longer reserved for luxury safari camps, fire pits and bomas encourage friends and family to gather around the fire while you keep an eye on the braai. Opt for a permanent structure with built-in seating for a clean-lined look or arrange pepped-up camping chairs around a freestanding beaten-copper fire bowl for a bushveld feel.

A portable braai is no longer simply an accessory. This season it's all about creating an outdoor kitchen equipped with all the mod cons to help you prepare the perfect steak. With the range of gas and briquette models available it's easier than ever to be the ultimate braai master.

FROM LEFT Large Ceramic Outdoor Cooker by Big Green Egg R14 975, Yuppiechef; Weber Original Spirit E-310 gas grill R10 999, Patio Warehouse; LotusGrill XL smokeless charcoal braai in Plum Purple R4 500, Mobelli.



Cauliflower stone flooring from the Classic Colour Range R799/m² (fully installed), Quartz Carpet.

Summer Living



The Woodoc Way

Woodoc Water-Borne DECK - the modern sealer for outdoor decking and exterior woodwork. High in UV-absorbers and weather-resistant it provides an extremely attractive finish. Quick drying, it is easy to apply and easy to maintain.

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6 COVERED PATIOS

Trend: Furnished outdoor rooms

Covered patios are the new living areas of choice, with all the aesthetic sensibility you'd expect indoors. One of the major trends in patio design is a shift from purely utilitarian furniture to pieces that are also good-looking, such as designer dining chairs arranged around a rustic table with fine structural lines.

Graphic outdoor rugs are especially popular, says Katrin Herrmann-van Dyk, the sales director at Hertex, as they add an extra dimension to the patio look. 'Expect to see rugs with oversized motifs, chunky textures and neutral colour combos. The trend for soft furnishings is for scatter cushions in bright hues, bold digital prints and fabrics with painterly effects,' she says. ▶



Idea: Temporary pavilions

If your garden lacks a shady spot, consider installing a nonpermanent, retractable pavilion. Made from a combination of tempered glass, aluminium and composite wooden flooring, the Winter Garden pavilion by Kettal Studio (from R325 200 at Marlanteak) is a great way to extend your living area into the garden.

You can also furnish it any way you wish.



LEFT Faux grass is a helpful way to soften architecture. INSET, RIGHT, AND FAR RIGHT Duraturf synthetic grass from the DIY Turf range in Spring Green R151/m² (excluding installation), and Duraturf synthetic grass from the Rye range in Foxtail R255/m² (excluding installation), both Belgotex Floors.



LIFE SAVER



Aqua-Net's wide range of pool-safety and maintenance products will ensure hours of fun in and around the pool this summer

With over 40 years' experience Aqua-Net is the trusted name in swimming-pool safety in South Africa with a wide selection of safety products and expert, tailor-made options for pool owners.

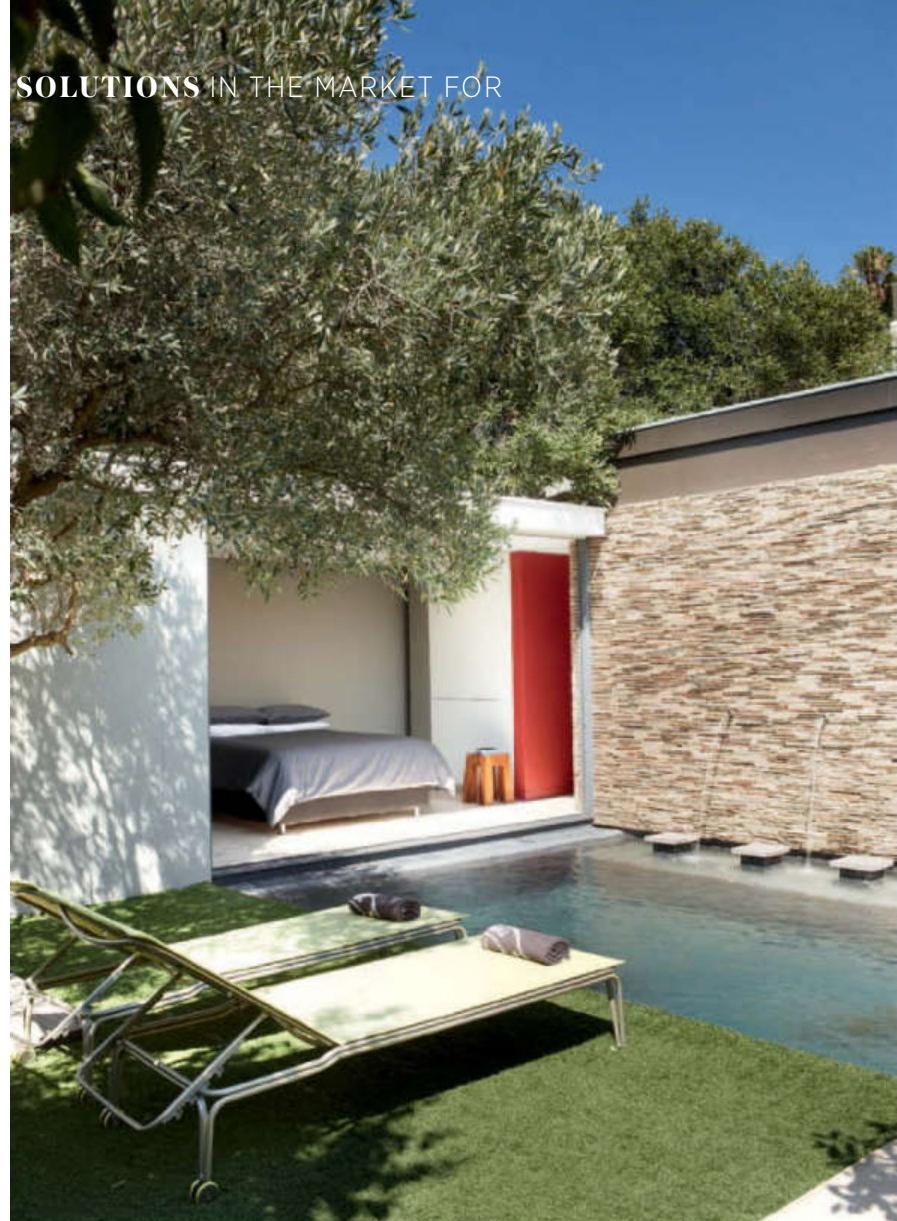
Aqua-Net's range of safety products includes nets, hard covers and swimming-pool fences - all in sleek, unobtrusive designs that easily fit into any space. Its Aqua-Net, designed in 1972, is still the simplest and most effective safety system on the market today. The multifunctional Solid Safety cover is a recent addition to the product range that also provides a way to keep the pool clean and reduce evaporation.

Complementing the company's range of safety products is a selection of maintenance products for easy, hassle free pool care. Keep leaves and debris out of the

pool with the Leaf-Catcha - a porous cover - or the Aqua-Guard - a solid PVC cover designed to close the swimming pool for an extended period of time. Finally, Aqua-Net's Ultra Dome Solar Blanket is designed to increase water temperature and offers an industry leading seven year warranty.

0860-278-638, aquanet.co.za





7 SWIMMING-POOL AREAS

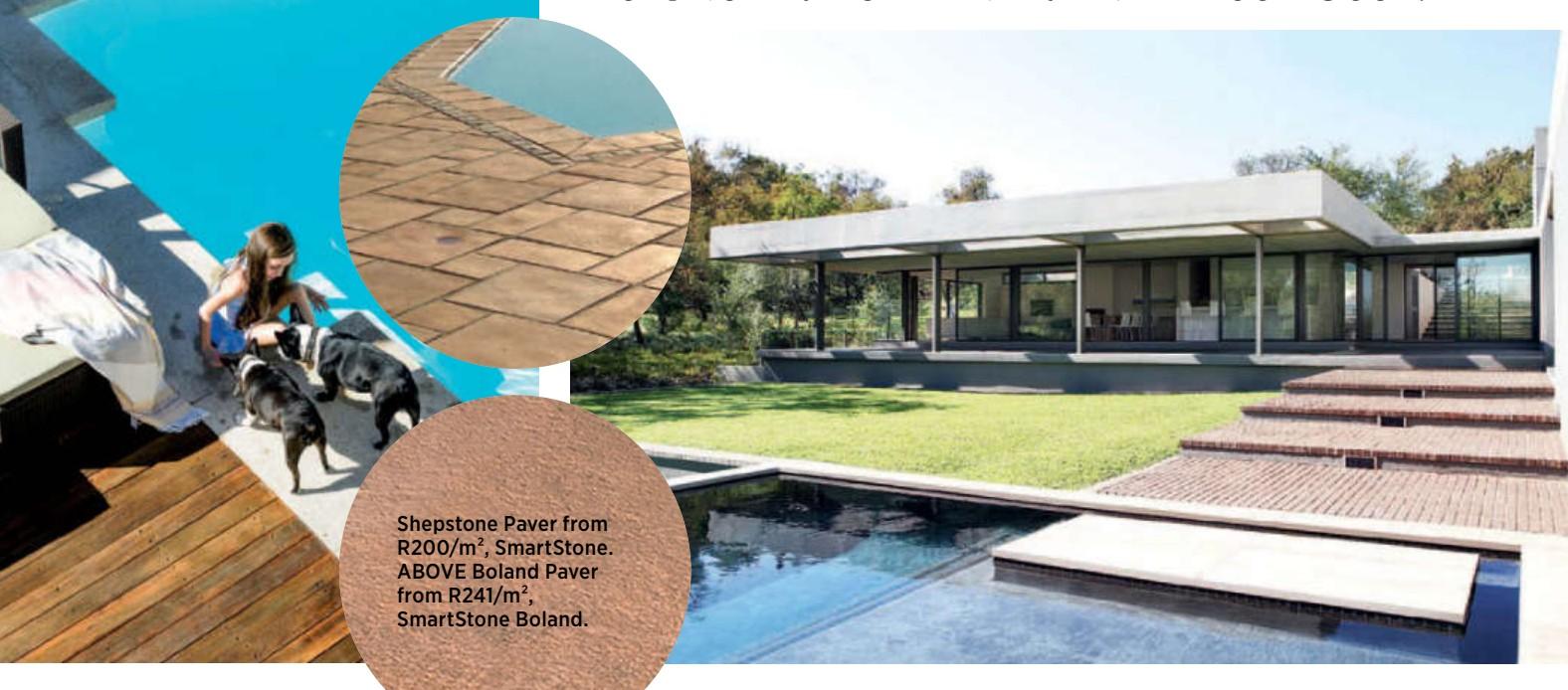
Trend: Customised comfort

Pool areas have become the ultimate comfort zones and designs have evolved to suit most people's tastes and requirements. 'Martini seats are returning as a favourite, allowing for seating in the pool or a shallow platform for toddlers to wade in. Tanning platforms next to the pool, either segmented into the lawn or constructed as a raised deck area, add new levels of functionality and super-sleek design to these spaces,' says Joburg landscape designer Deidre Cauton.

Pools that double as interesting water features are ideal for awkwardly designed or small outdoor spaces. When combined with stylish finishes such as flagstone cladding and comfortable loungers they'll always give you a spot in which to relax and rewind. 'Choose a clean, unfussy design with a simple channel of water coming out off a deck platform or a stainless-steel spout off a tiled surface,' says Deidre. ▶

LEFT With this bedroom-pavilion-and-pool combination you'll never wake up on the wrong side of the bed. BELOW, FAR LEFT An angular pool can complement a minimalist architectural design. BELOW a multilayered deck creates seamless integration by linking patio and pool.

DESIGNS ARE CLEANER AND LESS FUSSY.



Shepstone Paver from R200/m², SmartStone. ABOVE Boland Paver from R241/m², SmartStone Boland.

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8 PATIO FURNITURE

'Gardentainment' is the new buzz word when it comes to outdoor living. The latest patio accessories are designed with functionality and comfort in mind, says Alon Sachs of Mobelli. 'Multipurpose products such as nest tables can be placed together to form a coffee table or used individually as side tables. Faceted and modular designs such as convertible tables are popular as they serve more than one purpose. Because there is a strong focus today on product longevity, accessories are often made from hard-wearing aluminium, which ensures that they last more than a couple of seasons.'

Nothing says relaxation quite like comfortable seating – portable hammocks, two-person swings, retro deck chairs and hanging 'chill pods'. Square shapes with rounded edges are a hot trend, says Alon. 'The L-shape is still trendy, although corner pieces and details such as armrests have made way for more streamlined designs.'

Choosing the right furniture

The quality of outdoor furniture is key and tough materials for soft coverings are essential. 'Upholstered materials need to be able to withstand the sun, rain, dirt, mould and mildew. Acrylic material is one of your best bets,' recommends Alon Sachs of Mobelli. He shares some handy pointers:

- When making your furniture choice take into account how sheltered the outdoor space is from the wind (especially in the Western Cape).
- Dams, lakes and marinas reflect UV light and furniture pieces typically age quickly when exposed to it.
- If you live on the coast you should hose down your furniture regularly to prevent the stainless steel and aluminium materials from degrading.
- The more cover there is, the longer the furniture will last. Fully upholstered furniture is ideal in outdoor covered areas and can be used even when it's raining.
- If the furniture is in your holiday home use furniture covers to prolong its longevity. However, if it's in your permanent home don't cover it up. Even outdoor furniture is a decor feature and should be seen and appreciated. □



CLOCKWISE FROM TOP LEFT Kros Dining Table R15 999, Mobelli; a chill pod, such as this custom-made version by Porky Hefer (animal-farm.co.za) is great for cocooning; 3-Seater sofa in clay red frame and cushion in 590 weave grey laminate fabric from the Mesh collection R141 140, and Relax armchair with chestnut fibre and textured manganese frame with cushion in 585 natte sooty laminate fabric from the Maia collection R40 180, both by Patricia Urquiola for Kettal, Marlanteak; Beacher Folding Relax Chairs by Royal Botania R13 000 each, Cane Time.

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livingkitchens.bulthaup.com

kitchen

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TAKE CONTR

The high-tech Total Control series is testament to AGA's ability to move with the times and technology. Pictured is the 5-Oven AGA Total Control in Duck Egg Blue (from R265 000), agaliving.co.za



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ben paine,**

MD of Le Creuset South Africa.

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SEE THE FULL INTERVIEW WITH BEN AT HOUSEANDLEISURE.CO.ZA



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New Yorker All Seater

Bellini



From: R5395 (fabric)
Size from: 90x150x185



From: R13,995 (fabric), R25,995 (leather)
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WHO'S THE BOSS?

When superior design and craftsmanship combine the result is a statement piece such as the leather Boss Armchair (R8 900) by Cape Town creative group Dark Horse. It's masculine yet refined, as well as sleek and sexy. dark-horse.co.za



lounge

COMPILED BY MARCUS VILJOEN
TEXT ESTEE KERSHOFF PHOTOGRAPHS SUPPLIED

WALKING ON SUNSHINE

Manufactured locally, Airloom's cheerful rugs are printed on 100 per cent polyester, which allows the detailed designs and rich, vibrant hues to appear to full effect underfoot. Pictured here is Geo Chevron Sunshine (R1 495, 1.5x2.3m). airloom.co.za



THIS MONTY CUSHION COVER IN DOG (R569) FROM THE ROOM 13 CUSHION COLLECTION IS DIGITALLY PRINTED ON COTTON WITH ECOFRIENDLY, SOLVENT-FREE INK. ROOM13COLLECTION.CO.ZA

THE PERFECT SHELFIE

The two-toned Inside Edge Bookshelf (R6 950) by Arbeidsgenot strikes an eye-catching pose. Get it at Stable. stable.org.za



No-one will mind being a benchwarmer if the seat is this Blunt Bench with a solid oak base (R20 050, Ash Carbon Stain pictured) from Okha. okha.com



CHANGING SHAPE

The Scandi-chic Coco Crib with Conversion Kit (from R17 300, excluding accessories) from Bunny & Clyde can be transformed from a crib to a toddler bed (pictured) and finally a mini sofa to meet the needs of a growing child. bunnyandclyde.co.za

sleep

COMPILED BY MARCUS VILJOEN
TEXT ESTEE KERSHOFF
PHOTOGRAPHS ANDRE WEPENER/PIXEL LOUNGE, SUPPLIED

WALL ART

The interactive 'Frames' Black/White wallpaper (52050) by Taylor & Wood for Graham & Brown is perfect for kids' rooms. Get them to draw pictures in the frames for mini works of art you can cherish forever or stick family photographs in the slots. R800/roll at Wallpaper Inn. wallpaperinn.co.za



THE JIMMY OWL CUSHION IN VINTAGE FABRICS BY SASS & BELLE (R309, KIDS LIVING) IS A HOOT. [KIDSLIVING.CO.ZA](http://kidsliving.co.za)

STACKING IT

There's a place for everything and everything is in its place with the Bambu Stacking Shelf Triple Bundle (R7 999) from Clever Little Monkey. It's made from ecofriendly, sustainable bamboo and is ideal for children's rooms as extra shelves can be added to the stack. cleverlittlemonkey.co.za



KIDS'
ROOMS
special



Oregon
pine toy
bear, R795
(small),
Nap Living
napliving.co.za



WIN A BEDSET VALUED AT R4 999!

8 lucky *HL* readers will win a queen size bedset* by **Slumberland** worth **R39 992** in total



*Prize excludes linen

What do people really want from their bed? The answer is simple: an uninterrupted night's sleep on a comfortable, durable mattress.

Established in 1919 in the United Kingdom, Slumberland's studies into the science of sleep have resulted in a superior bed that is both luxurious and strong, providing a great night's rest. Trust Slumberland to deliver the perfect levels of strength and individual comfort.

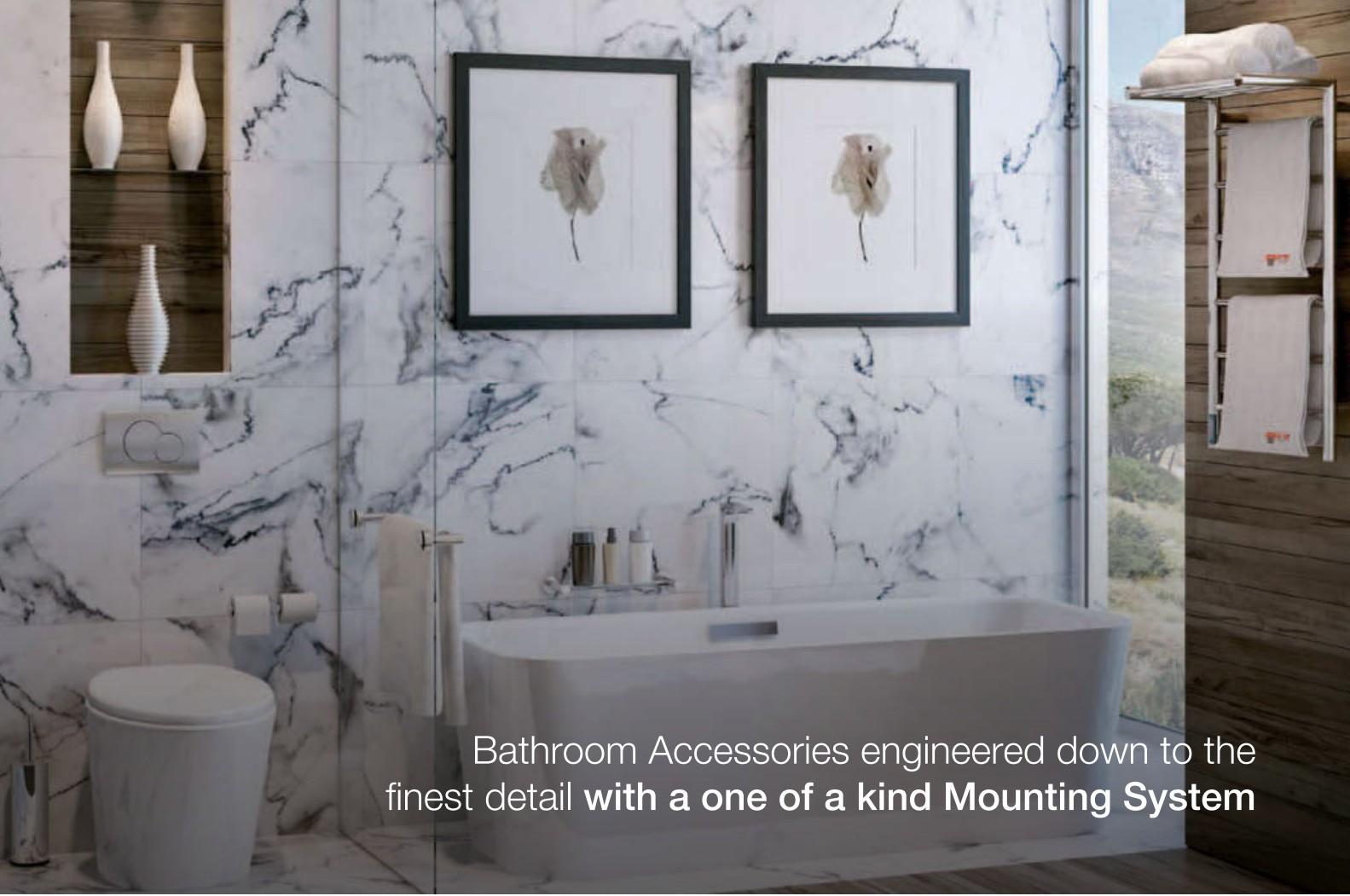
011-309-4000, slumberland.co.za

HOW TO ENTER

Look for the competition in the Win section at houseandleisure.co.za and enter before 31 October 2015.

For competition rules see page 174.

f [HouseAndLeisure](#), t [@houseleisureSA](#)

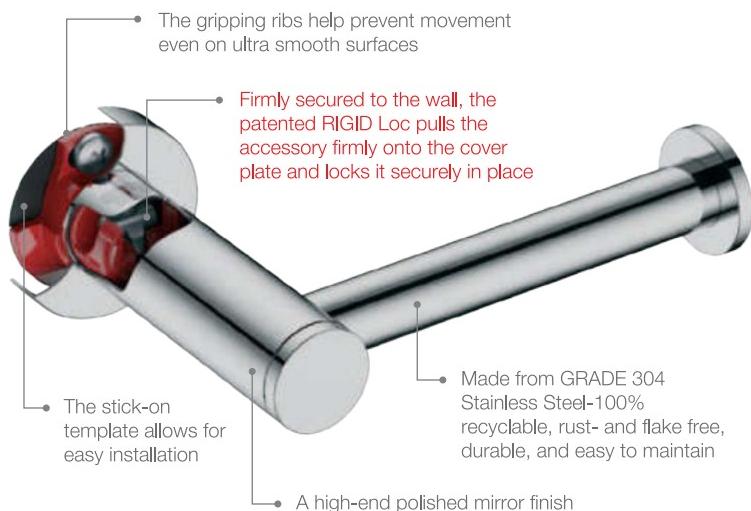


Bathroom Accessories engineered down to the finest detail **with a one of a kind Mounting System**

Firmly secured to the wall



One of the most annoying problems with bathroom accessories is that the grub screws need constant retightening to prevent them from falling off the wall. Bathroom Butler's one of a kind **RIGID Loc Mounting System** was specially developed to overcome this problem. The patented design ensures Bathroom Butler's accessories remain firmly secured in place in contrast to many other alternatives on the market.



NAIL IT

Keep your hands and feet in tip-top shape with Decor Walther's plastic nailbrushes (DW 895) in Chrome and Gold. Apart from being literally handy accessories they're a great, inexpensive way to introduce some high-shine detail into your bathroom. R150 each from Victorian Bathrooms.

victorianbathrooms.co.za



bath

COMPILED BY MARCUS VILJOEN
TEXT ESTEE KERSHOFF

PHOTOGRAPHS ANDRE WEPENER/PIXEL LOUNGE, SUPPLIED

The sleek Tombolo 10 bath rack (TOM-10-XX) is just the thing for a long soak – it can hold all your accessories, plus a glass of wine. R6 019 from Victoria + Albert Baths. vandabaths.com

ALL ABOUT THAT BASIN

With its unusual asymmetrical design, Laufen's IlbagnoAlessi One Wall Basin 1600 certainly earns its 'Tuna Basin' moniker. It's an attractive choice for contemporary decor and its floating design doesn't take up any floor space, making it perfect for smaller bathrooms. R21 850 (160x50x16.5cm) from Italtile. italtile.co.za



SOAP OPERA MADE WITH OLIVE OIL AND SHEA BUTTER - AND ENRICHED WITH A SELECTION OF OTHER OILS - STILL PURE'S HANDCRAFTED ORGANIC SOAP BOTH CLEANS AND MOISTURISES.
R39 PER 100G BAR. stillpure.co.za

stylish efficiency

Jeeves offers a new, chic design with all the benefits of its popular heated towel rails

Jeeves is pleased to introduce the Tangent L Heated Ladder Rail, which is inspired by the use of wooden ladders for towel storage in bathrooms. Neither form nor function has been compromised on this brand new model, which provides a practical and energy efficient method for drying and warming towels to reduce damp-induced health hazards and increase comfort.

For reasons of safety, efficiency and convenience the unit is fluid filled and fitted with Jeeves' tried and trusted Automatic Heating Technology, which automatically regulates heat and energy consumption efficiently without human intervention. It's manufactured from locally sourced stainless steel and is available in mirror-polished, brushed, white and black surface finishes. The Tangent L Heated Ladder Rail is offered with the usual 25 year Jeeves guarantee and is available immediately from selected retail outlets nationwide for R4 990. **0861-533-837, jeeves.co.za**



'Thanks to our Automatic Heating Technology our heated towel rails are incredibly energy efficient. (They use less electricity than a light bulb.) We also offer a second ecofriendly installation option called Hydronic Heating, which uses hot water from the geyser or solar-heated storage tank. Our products are all manufactured here in South Africa, using locally sourced stainless steel (we are the only active heated towel rail manufacturer left in SA), and more than 80 per cent of the products that we produce are exported around the world.'

– Mark Bennett, sales and marketing director, Jeeves



GREEN LIVING

HL'S GUIDE TO THE PRODUCTS,
PROJECTS AND PEOPLE HELPING
US SHIFT TO A MORE ECOFRIENDLY,
SUSTAINABLE LIFESTYLE

COMPILED BY **CATRIONA ROSS**
PRODUCTION **GEMMA BEDFORTH, LAUREN GORMLEY**

GREEN NEWS

25 FRESH FINDS IN ECO-CONSCIOUS DESIGN AND LIFESTYLE



DRIVE LIGHT

Luxury meets lower emissions in the Mercedes-Benz S 500 Plug-In Hybrid, which is launching next month. This hi-tech saloon offers the punch of a V8 and the fuel consumption of a compact model. It sprints from 0 to 100km/h in just 5.2 seconds and can drive up to 33km purely electrically. **0800-133-0355, mercedes-benz.co.za**



3



Rising star

Siyabulela Xuza, 26, an energy engineer from Mthatha, began developing a cheaper and safer form of rocket fuel in his mother's kitchen as a teenager. He's since studied at Harvard University, conducted research into making cheaper solar cells and had a minor planet named after him - '23182 Siyaxuza' - which orbits the sun in the asteroid belt near Jupiter. Siya is a fellow of the African Leadership Network and the Kairos Society, and is founder and CEO of Galactic Energy Ventures, an investment holding company that focuses on smart-energy projects.

ILLUSTRATION: GEMMA BEDFORTH; PHOTOGRAPHS: GERDA GENIS, THOMAS LEASK, TOBY MURPHY, SITAAKA STODEL, YUPPIEHEF, QUICKPIC, THINKSTOCK, SUPPLIED.



4. DISCARD E-WASTE SAFELY

A recent United Nations Environment Programme report has determined that 60 to 90 per cent of all e-waste is illegally traded or dumped. E-waste comprises both valuable material that can be recovered and hazardous material that can contaminate water systems and soil so it should be disposed of safely. See ewasa.org for recyclers and collection sites.

PURE GENIUS

The portable LifeStraw Mission water purifier, designed for hikes and group expeditions, is lightweight and converts contaminated water into clean, safe drinking water. For every LifeStraw product bought, a school-going child in a developing country receives safe drinking water for the school year. R1 399 (five litre), R1 699 (12 litre) at leading outdoor stores and online shops. aqua4life.net



6

8. LET IN LIGHT

When a skylight's not viable, consider an LED virtual skylight. These slim profile, recessed lights are maintenance free, energy efficient and 100 per cent recyclable. This Round LED Virtual Skylight, R1 800, from The Lighting Warehouse exudes a cool white light. lightingwarehouse.co.za

That warm feeling
LED filament lamps could be the closest energy-efficient alternative to traditional 40W and 60W incandescent lamps: each 1W LED in the lamp resembles a filament in form and illuminance, and dimming's possible with the candle and downlight options. They last up to 30 times longer than traditional lamps, with electricity savings of up to 90 per cent. Get them at good lighting retailers, such as Eurolux. eurolux.co.za



7

Any colour, as long as it's green

Plascon Velvaglo is now available in a water based option. This low-odour, low-VOC (volatile organic compound) paint dries quickly to a satin-sheen finish and has a 12-year guarantee so it's ideal for furniture, doors and wall surfaces. plascon.co.za

9

GO WITH THE GRAIN
WE'RE FLOORED BY THE CUNNING MONN PLANC RANGE OF CARPET TILES THAT OFFERS A CONTEMPORARY WOOD LOOK. THE RANGE IS MANUFACTURED IN HARRISMITH WITH THE LOWEST WASTAGE LEVELS POSSIBLE IN THE INDUSTRY AND IT IS FREE OF VOCs.
MONN.CO.ZA

10 **WIPE OUT** WETWIPES ARE HANDY BUT PICK THE BIODEGRADABLE OPTION AS ORDINARY WIPES DON'T BREAK DOWN AND CAN WREAK ENVIRONMENTAL HAVOC. TRY THE CHERUBS ECO-CARE ORGANIC REFRESHING HAND & FACE WIPES WITH ALOE VERA, WHICH ARE FREE OF ALCOHOL, FRAGRANCE AND PARABENS. R100 FOR 10 FROM PICK N PAY AND CHECKERS. cherubs.co.za

Sustainable sea veg

'If you can break seaweed with your fingers, you can eat it raw. If it's tough, cook it,' says coastal foraging fundi Roushanna Gray. Add kelp to soups and stews, use it as lasagne sheets or in sandwiches, or even make ice cream (right). It's fast growing and sustainable but you need a mollusc permit (R96 from the South African Post Office) to gather it. As it's high in iodine it should be avoided by those with thyroid conditions and, as with all wild food, ensure you can identify exactly which species you're harvesting. Book for Roushanna's coastal foraging courses in Cape Point, starting in November, at goodhopegardensnursery.co.za.



11

12. CAMERON BARNES' FURNITURE IS HANDMADE WITHOUT GLUE OR NAILS TO BE DISASSEMBLED AND RECLAIMED EASILY, AND USES NO IMPORTED OR LOCAL INDIGENOUS SPECIES.
CAMERONBARNES.CO.ZA



14

Shifting gears

An e-bike emits 30 times less CO₂ than a small car, with zero emissions in manual mode. Noel O'Regan's GreenCycles e-bike rental has drop-off points around Johannesburg to encourage people to forgo cars and it even offers a fold-up e-bike that's perfect for commuters who park and take the Gautrain. greencycles.co.za



15

HEALTHY CHOICES

Substandard ceramics can be hazardous to your health due to radioactive contamination. It's key to buy from reputable dealers such as Womag, which ensure quality is controlled throughout the process. Pictured here are Ultra Pietre Basaltina Grey porcelain tiles, R1 140m². womag.co.za

16. NIGHT VISION K. LIGHT IMPORT'S NEW RANGE OF 9W COOL WHITE LED GARDEN LIGHTS (L-LED-1791-WALL, R1 421, PICTURED) ARE ENERGY EFFICIENT AS WELL AS STYLISH. [KLIGHT.CO.ZA](http://klight.co.za)



13. KERRY HENNING

is the marketing services manager at Saint-Gobain Gyproc, whose Stand 47 provides a case study for the low-carbon-footprint home of the future.

How do you incorporate sustainability into your lifestyle?

I try my utmost only to support companies that are making significant strides to improve our habitat from a people, planet and prosperity point of view. Companies that are 'greenwashing' consumers will fall short as consumers become better informed. **What's your vision for the world and energy use in 50 years' time?** Imagine if we could totally reverse the damage we've already done to the earth and improve wellbeing in all living spaces. **What do you expect will be the next big thing?** Energy-efficient houses from a design, construction and maintenance point of view, as they are lighter on the earth in terms of their carbon footprint and the materials used, such as the Habito prefabricated wall panel. gyproc.co.za





17

A FINE LINE

Smeg's Linea range is an example of how manufacturers can balance ergonomics and eco responsibility without sacrificing sophistication, elegance and minimalism. The range features a wide variety of appliances – from sinks and coffee machines to compact microwaves, steam ovens and hoods – in silver-, ice white- or black-glass options, with the flagship being the PV175CB gas hob. smeg.co.za

FIND MORE SUSTAINABLE IDEAS FOR YOUR LIFESTYLE AT houseandleisure.co.za

19

ECO-INDUSTRIAL COOL
CAPE TOWN FASHION LABEL OLOWSDOTTER USES NATURAL MATERIALS AND COTTAGE-INDUSTRY MANUFACTURING FOR ITS INDUSTRIAL-CHIC CLOTHING, AND COLLABORATES WITH WRITERS, ARTISTS AND PHOTOGRAPHERS TO 'BETTER THE WORLD TOGETHER'. [FACEBOOK.COM/174021029275206](http://facebook.com/174021029275206)

Durable and recyclable

Durability reduces a product's overall carbon footprint. Swartland's new Kenzo range of aluminium windows and doors are long lasting and, as recycling aluminium requires only five per cent of the initial energy consumed to produce it, it's an environmentally sustainable material. swartland.co.za

18



STEP UP
Jeeves's innovative bent L Ladder (R4 990) is a bent towel rack works better with electricity or with ecofriendly ceramic heating tallation, which fits towel rails to your home's recirculating hot-water system. It's made in Knysna from locally sourced stainless steel. jeeves.co.za

Wash wise
Miele's new WKH120 WPS washing machine has an A+++ energy rating and a slew of eco features, such as the automatic reduction of water and electrical consumption as the weight of the load reduces. You'll use less water and save up to 30 per cent detergent with every wash. R23 990. miele.co.za



21



22. THABO MTHEMBU

is a Cape Town based investment officer for World Wide Fund for Nature SA who specialises in environmental-, social- and governance- focused mandates.

How do you incorporate sustainability into your lifestyle?

Domestically I recycle much of my refuse and after much effort I've gone 100 per cent vegetarian. I use a heat pump at home and quite deliberately ration my daily use of water. **What's your vision for the world in 50 years' time?** That people see that as humans we're inseparable from our natural environment. **To you, which environmental issues are most pressing?** The alarming depletion of freshwater sources, and runaway climate-change impacts. We need to increase financial flows towards innovative clean technologies, and strengthen policies and laws that create incentives for industry and private citizens to comply with environmental regulations. wwf.org.za

23

EAT ECO

Plant is a vegan eatery where everything is plant based, ecological and sustainable. Try the aubergine tian stack and pair it with a local craft beer, cider or Inverroche fynbos gin as you enjoy the thrill of dining alongside a vertical garden! 8 Buiten St, Cape Town, 021-422-2737, plantcafe.co.za, [f plantcapetown](https://www.facebook.com/plantcapetown)



FIND MORE
ECO-COLOSSAL
CAFES TO VISIT AT
houseandleisure.co.za

GET YOUR BACKUP

US based South African Elon Musk of Tesla Motors aims to 'get the world off fossil fuels'. The Tesla Powerwall home battery (pricing to be confirmed), which will be available worldwide in 7kWh and 10kWh units next year, stores electricity generated from solar panels by day, powers your home by night, and provides backup during cuts. See teslamotors.com/powerwall to reserve one.



BELIEVE IT OR NOT, THIS TABLE AND CHAIR ARE PAPER. ECOBOARD IS MADE FROM RECYCLED, RE-PULPED PAPER, EITHER VARNISHED OR LEFT EXPOSED, AND CONTAINS NO WOOD FROM VIRGIN TREES. PITCHBLACKPHOTO.CO.ZA □

25



brian little

This former advertising art director creates festivals with a conscience

PORTRAIT GREG COX



1. 'We're on a mission to replace all the bulbs in our house with LEDs.'
2. 'My Fitbit tracks my eating, exercise and fitness.'
3. 'We use this Oscar Juicer every day.'
4. 'My wife made this leather necklace for me.'
5. 'The LG TV in my man cave is for watching sport, although that makes me feel like I'm cheating on my MacBook Pro.'
6. 'Each year we produce hemp caps in collaboration with Hemporium as part of our Rocking the Daisies merchandise.'
7. 'I use Turkish rugs as decor for events.'
8. 'I revived a desk lamp belonging to my late stepfather to remind me of him.'
9. 'I usually cut my own hair with my Wahl clipper. If all else fails I might have a career as a hairstylist!'

ADDITIONAL PHOTOGRAPHS: ANDRE WEPENER/PIXEL LOUNGE, YUPPIECHEF, ISTOCK, SUPPLIED



With a background in advertising and a taste for the festivals he'd experienced on his travels Brian Little teamed up with former schoolmate Craig Bright in 2006 to start Rocking the Daisies. 'There were no real festivals like this in the Western Cape back then. We took a leap of faith – or we were just young and invincible,' he laughs.

As the managing director of Seed Experiences Brian produces music and lifestyle events, from Sonar South Africa to the annual Rocking the Daisies, whose tagline is 'play hard, tread lightly': water, waste, carbon and energy are monitored, carbon is offset via tree planting and patrons are encouraged to cycle or hike to the event, which is taking place in Darling outside Cape Town (from 1 to 4 October).

While Seed Experiences has won a slew of green accolades for its efforts, Brian regards awareness building as his greatest contribution. 'Communicating the consciousness that goes into our work and general lifestyle is tricky – you need to speak to people who are willing to listen and engage with the message – but it's something we constantly try to improve on.' □ rockingthedaisies.com, weareseed.co.za

lynsey sampson

This Cape Town media manager is shaping our shopping habits for a more sustainable future

PORTRAIT GREG COX



(5)



(1)



(2)



(6)



(7)



(8)



(3)



(4)

1. 'Natural soy candles release no pollutants, toxins or carcinogens' (Wellness Warehouse and Faithful to Nature).
2. 'These bags are made by women in the townships around Cape Town' (Township).
3. 'All Lush products use organic ingredients' (Lush).
4. 'This Wonki Ware platter is handmade by people from disadvantaged backgrounds' (Wonki Ware and Poetry).
5. 'Succulents are gorgeous plants that don't require lots of water' (Woolworths and gardening centres).
6. 'These scatterers are crafted from fabric offcuts (Milnerton Flea Market and WowZulu).
7. 'Raw, untreated TnT Honey is sourced from local beekeepers' (TnT Honey and the V&A Market on the Wharf).
8. 'Bamboo, as used in this candle holder, is a renewable, versatile resource.'

'I'm a greenie at heart and try to shop locally and sustainably wherever possible,' says Lynsey Sampson, the marketing and media manager at Fairtrade South Africa, where she uses her boldness, can-do attitude and degrees in marketing and project management for the greater good.

Lynsey appreciates her power to educate. Her mission at Fairtrade is to inform and increase awareness on social and environmental issues with the ultimate goal of changing societal behaviour. 'Every time I write an article my number one aim is to encourage consumers to think about the origin of the products they choose and the immense power they have to change the world through their everyday actions. That way the next time they shop for something as seemingly insignificant as a pack of tea or bottle of wine they'll spare a thought for the farmers who produced it and the journey it has travelled,' she says. Her career highlight? 'Getting Reuben Riffel on board as our Fairtrade Brand Ambassador in South Africa. He's a really nice guy.' □ fairtrade.org.za

WIN COOKWARE BY RISOLI VALUED AT R5 000!

**10 lucky HL readers
will win a selection of
Dr. Green nonstick
cookware by Risoli worth
R50 000 in total**



The Dr. Green range of Italian cookware by Risoli features a triple layer Greenstone nonstick coating and single die-cast six-centimetre cast-aluminium body to ensure a uniform cooking temperature even at low heat, so that flavour can be locked in without crucial vitamins and minerals being destroyed. The range, which is available from takealot.com and yuppiechef.com, is also certified to be PFOA and nickel free. Good health starts with healthy cooking in a high-quality pan. **031-566-0860, info@risoli.co.za, risoli.com/eng**

• Each prize comprises a 20cm Dr. Green Frypan, a 28cm Dr. Green Deep Frypan with glass lid and a 36x24cm Dr. Green Roast Pan with glass lid.



HOW TO ENTER

Look for the competition in the Win section at houseandleisure.co.za and submit your entry before 31 October 2015. For competition rules see page 174. **f HouseAndLeisure, t houseleisureSA**

ECO BUILDINGS

FROM GOVERNMENT OFFICES TO HOTELS AND HOUSING, THESE ECO-INNOVATIVE PROJECTS SHOWCASE SMART SUSTAINABILITY STRATEGIES

VERDANT VOYAGE

As colourful as a Madiba shirt, Hotel Verde outside Cape Town International Airport is billed as Africa's first carbon-neutral hotel. A guest's one night stay, generating around 54 kilogrammes of carbon emissions, is offset via sustainable farming and reforestation initiatives in Zimbabwe.

In this water-wise oasis rainwater is collected, bath and shower water is used to flush toilets, and you'll find a rooftop garden (right) and eco pool. Lush living walls green the interior; an aquaponics system provides herbs and vegetables (below); and consumables are procured within a 160 kilometre radius to decrease food miles. To get closer to its zero-waste-to-landfill target, Hotel Verde bottles water on site, makes use of split bins and produces its own compost.

Besides three wind turbines this power-savvy hotel has solar panels, geothermal cooling systems instead of energy guzzling air conditioners, and Kone elevators that can generate electricity depending on the weight they carry. Cleverly, the most energy-efficient rooms, according to their location and the season, are booked first.

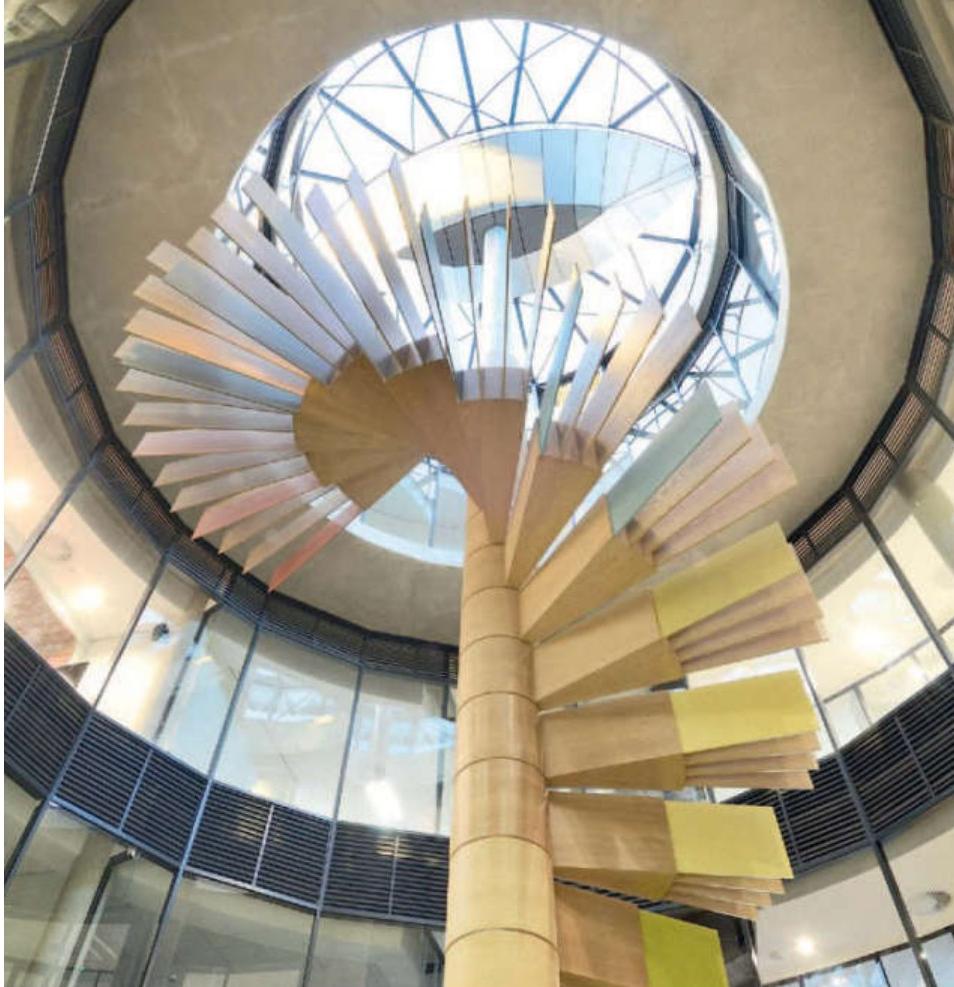
hotelverde.com



A GUEST'S ONE NIGHT STAY IS OFFSET VIA SUSTAINABLE FARMING AND REFORESTATION INITIATIVES IN ZIMBABWE.



JOIN
HOTEL VERDE'S
EARTH HOUR DINNERS
every Wednesday
from 7pm.



ECO AFFAIR

True to its name, the Department of Environmental Affairs has earned a six-star rating from the Green Building Council of South Africa for its building in Arcadia, Pretoria – a first for institutional headquarters. ‘We wanted the building to be inviting and understated but with some surprising features inside to create a sense of awe,’ says project architect Lood Welgemoed of Boogertman + Partners. Cue the nautiluslike reception based on the golden angle and the glass rainwater collector with suspended sculptural art. Energy-saving systems include intelligent lights and air-con, and an expansive solar setup. ‘Another exciting feature is passive cooling, achieved through night-time flushing of the heat stored in the floor slabs,’ says Lood. Impressively, the building meets its target of a maximum yearly energy consumption of 115kWh/m² – a mere third of the average. environment.gov.za, boogertmanandpartners.com

SHELL SHOT THE CENTRAL RECEPTION IN THE ARCADIA HEADQUARTERS OF THE DEPARTMENT OF ENVIRONMENTAL AFFAIRS IS BASED ON THE GOLDEN ANGLE.

GREEN IN THE LIMELIGHT

When Italtile launched its LiveGreen ethos the next natural step was to increase the energy efficiency of showrooms and operating procedure. Designed by WMS Architects, the company’s flagship showroom in Boksburg has 120 solar panels, rainwater tanks for irrigating its indigenous gardens, evaporative coolers instead of air-cons, and a community recycling area. ‘All future showrooms will be built using the same green blueprint,’ says brand manager Amraj Lux Dursan. (Having learnt the hard way, Italtile will also install alarm beams for the solar panels to deter green thieves.) italtile.co.za, wmsarchitects.co.za



MAIN(E)STREAM ENVIRONMENTALISM

Africa’s first fully green urban neighbourhood is taking root in Pretoria East. One of 16 eco hubs being built in various countries, Menlyn Maine is a Clinton Climate Initiative partner designed for sustainable modern living. Expect smart building design and rooftop gardens, ecofriendly waste management, and a layout designed for pedestrians and cyclists complete with parks and wide pavements. Already home to the offices of BMW, Nedbank and Sage VIP, the Central Square and West Tower sections launch officially in September next year with a shopping mall, piazza, hotel and public park. Next up Menlyn Maine is set to expand with residential apartments, along with a casino and an 8 000-seat arena. menlynmaine.co.za ▶



ENERGY AND WATER CONSUMPTION ARE TRACKED BY AN ONLINE SYSTEM.



WELL WORTH IT

Whenever a new Woolworths building is designed careful consideration is given to its environmental footprint: sustainable building materials are used and priority is given to producing less waste and using less water and energy.

The Woolworths store at Waterstone Village shopping centre in Somerset West, for example, won the international grand prize at the 2014 Association for Retail Environments Design Awards. Skylights naturally illuminate the store, with electric lights adjusting automatically in response. Waste heat from refrigeration is captured to warm the shop and the fridges use a gas that doesn't harm the ozone layer.

At the chain's Centurion distribution centre water is reclaimed from fridges and is used for washing trays and flushing toilets, while the Montague Gardens distribution centre collects rainwater from its 18 000m² roof. Solar panels at the group's head office have provided over 254 000kWh this year; another photovoltaic setup will be installed at a main distribution centre later this year.

Energy and water consumption are tracked by an online system that allows quick response to spikes in consumption. The result? Across stores Woolworths has reduced relative energy usage by 40 per cent since 2004 and its relative water footprint by 41 per cent since 2008.

It really brings all new meaning to the term 'green grocer'. woolworths.co.za



CLOCKWISE, FROM TOP LEFT

The Woolworths at Waterstone Village in Somerset West is warmed by heat from its fridges; in 2014 the branch won a prestigious award for its ecofriendly design; lights react automatically to ambient levels; sustainably sourced materials are used throughout.

for more
GREEN
INSPIRATION
go to
houseandleisure.co.za

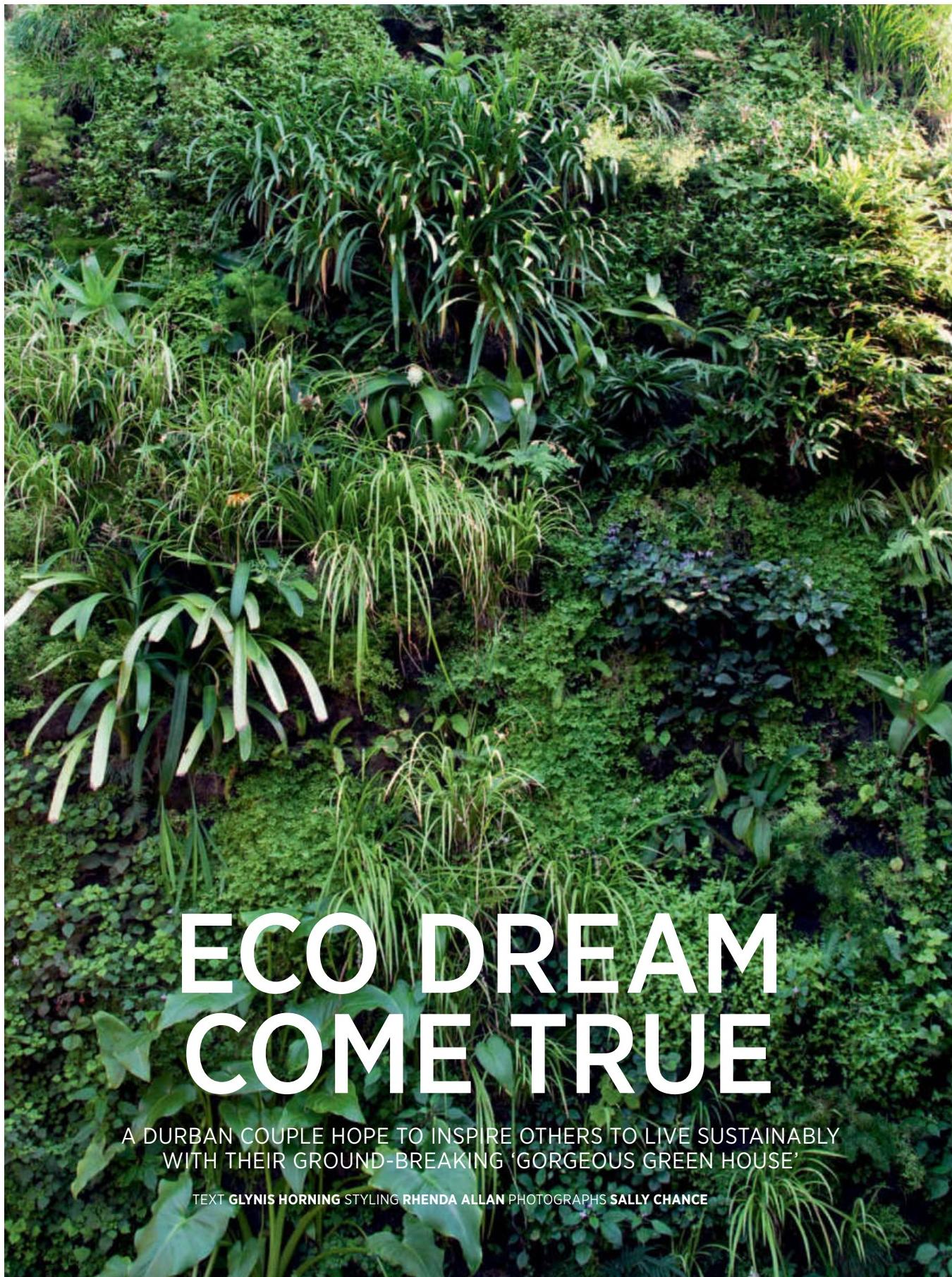
WOOLWORTHS

OUR BUSINESS RUNS ON WATER

Everything we do depends on it. And because SA is a water-scarce country it is a focus of our Good Business Journey programme. In stores and distribution centres we harvest rainwater and recycle grey water. At our head office we invested in our own water treatment plant to decrease our municipal consumption by 60%. And we run programmes with our suppliers to reduce water usage and manage waste water. **JOIN OUR JOURNEY** ♥ WWW.WOOLWORTHS.CO.ZA/WATER

W

GREEN LIVING SUPPLEMENT



ECO DREAM COME TRUE

A DURBAN COUPLE HOPE TO INSPIRE OTHERS TO LIVE SUSTAINABLY
WITH THEIR GROUND-BREAKING 'GORGEOUS GREEN HOUSE'

TEXT GLYNIS HORNING STYLING RHENDA ALLAN PHOTOGRAPHS SALLY CHANCE



A verdant living wall softens the lines of the Durban home of Jane Troughton and Greg Courtney. It's fed by waste from tilapia in the pool and the water is pumped up to drip through the wall, which was designed by Durban landscape artist James Hallé (jameshalle.co.za). OPPOSITE A close-up view of the vertical garden.



Jane Troughton's first 'eco epiphany' came while working as an industrial-relations consultant in Johannesburg. 'I had it all,' she says, 'but felt our lives were shallow and unhealthy.' Her entrepreneur husband Greg Courtney agreed and suggested moving to his home town of Durban in KwaZulu-Natal. Jane set up her consultancy there, the pair started a family, and then Jane had epiphany number two - 'Children change how you see the planet.'

She started an indigenous garden at their La Lucia home, began growing food on the lawn beside the pool, and spearheaded an award winning conservancy at the school of their children, Caitlin and Peter, set in what had been a vast sugarcane field. When Eskom began its rolling blackouts eight years ago, Jane had epiphany number three: 'I wanted us off grid and in harmony with nature instead of increasing our carbon burden on the planet.'

With Greg's backing and working to a strict budget Jane found a 1940s house on a double stand in Durban North and began 'an extraordinary journey' - demolishing and recycling it into a model green home. She blogged about each step to 'inspire, motivate and inform others' at gorgeousgreenhouse.wordpress.com. As she puts

it, 'We're endeavouring to live with consciousness, using as much green technology as possible and developing a gentler and kinder way of being on the planet.'

Today their Gorgeous Green House is powered by solar energy from 20 photovoltaic panels, shaded by a decorative aluminium screen, and air-conditioned by whirligigs that suck cool air from floor-level ventilation windows above natural outdoor pools. A 20 000-litre tank stores harvested rainwater for all household needs, after which the water is used once more to nurture the sensational indigenous gardens. These include a vertical stand of plants at the entrance, a rooftop garden off the upstairs master bedroom, and a vegetable patch set with beehives and an owl house. Their chemical-free swimming pool - filtered and oxygenated by plants - is a haven for fish, shrimp and crabs.

'I'm living my dream,' Jane says. 'It's not been easy but I'm excited that others can learn from our experiences and the precedents we've set.'

The hardest part was negotiating her way through the new South African building regulations and bringing builders and ▷

'WE WANTED A BEAUTIFUL, CONTEMPORARY HOUSE, NOT A HIPPY HOBBIT HOME.'



The kitchen, designed by Lee Waddell (083-785-2004), features bamboo cupboards, recycled Samsung Radianz counter tops and energy-efficient appliances. OPPOSITE, FROM LEFT The windows are shaded by an aluminium screen with a leaf design reflecting the theme of the house; in the living area off the kitchen a suite by Leisure Lounge (leisurelounge.co.za) provides a rich touch of colour.



suppliers on board with her vision. ‘The city’s plan-approval department rejected 43 items in our first submission,’ she says with a sigh. ‘The people there were adamant, for example, that in addition to our water harvesting tank we install an expensive storm-water attenuation tank that would seldom see a drop of water. They were also anxious that our system might somehow return polluted water into the eThekwin system. We had to prove our technology had one-way valves preventing that. With the thumbs up from the storm-water department, we were also eventually able to avoid having to buy the expensive additional tank by installing a much smaller overflow from the rain tank.’

It’s a matter of pride to Jane that all this green technology is barely visible. ‘We wanted a beautiful, contemporary house, not a hippy hobbit home,’ she says.

Whirligigs, solar panels and water tanks are hidden from view, and it’s only on inquiry that visitors discover that the elegant decking and outdoor furniture are recycled plastic, the wall paint comes from Earthcote and Dulux’s ecofriendly ranges (‘all the big names now have them’), and the ceiling insulation is made from

recycled plastic bottles – as are the surprisingly soft Nouwens Ecotwist carpets.

Kitchen cupboards are of sustainable bamboo (‘it can grow up to 60 centimetres every day!’) and the Samsung Radianz counter tops comprise 60 per cent recycled content. Household appliances are energy efficient; all sanitaryware is designed to minimise water use; and the furniture throughout was brought across from their previous home and simply reupholstered and offset with Jane’s own vibrant mosaics.

‘People need to know that green design has nothing to do with the aesthetics of a house,’ she says. ‘It simply means building in harmony with the natural environment and cooperating instead of fighting with the climate.’ □ gorgeousgreenhouse.wordpress.com



JANE AND GREG'S HOME TRUTHS

The best thing about living here is being very close to nature. We now use resources very lightly and plan to leave as little of ourselves behind as we can (Jane). **Our favourite room is** our bedroom. The rooftop garden provides the most beautiful, restorative energy and the antics of the wildlife delight us daily (Jane). **Our style is** eclectic. We adore contemporary design but also have a fondness for items that are full of character (Greg). **My best design advice is** to go with what works for you (Greg). Go for what makes you happy – sure, look at some of the design ‘rules’ but then allow yourself to break them. Declutter – you breathe better and make space to attract new things into your life (Jane). **My best green design advice is** to weigh your options: how far has it travelled? What is it made of or how is it grown? (Jane.) **Our top tip for green living is** just to start somewhere – it doesn’t have to be all about the big technologies! Recycle, plant a few herbs, begin a worm farm and think carefully about holidays and gift options (Greg). **My favourite feature in our home is** the vertical garden – the plants have now started self-seeding and the moss is getting lush and squashy (Jane). **My favourite green home item is** the grey-water recycling unit, an easy and inexpensive way to increase your ‘green’ living (Greg). **On my eco wish list** is a suspended pod made from recycled tyres to hang from the albizia tree (Jane). Mine is an electric car (Greg).



ABOVE, FROM FAR LEFT Jane created the spectacular water-wise rooftop garden in 10 centimetres of soil. ‘We keep binoculars instead of a TV remote beside the bed – to watch the birds!’ she says; the colours in the master bedroom mirror those of the aloes in the rooftop garden. Jane made the headboard and cushions, and her mother stitched the quilt by hand. The chest and picture frame are from a previous home; of the bathroom and outdoor shower she says you can ‘feel the forest around you’.

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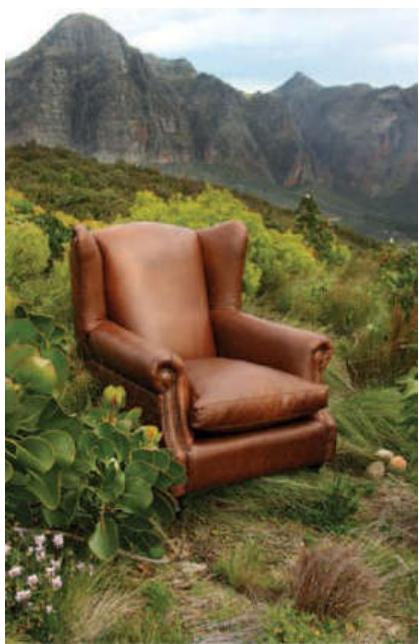
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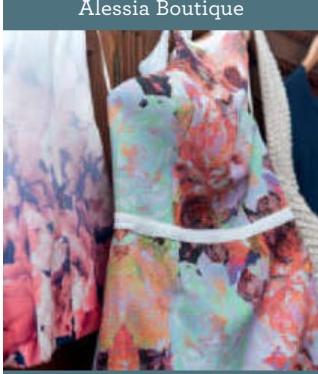
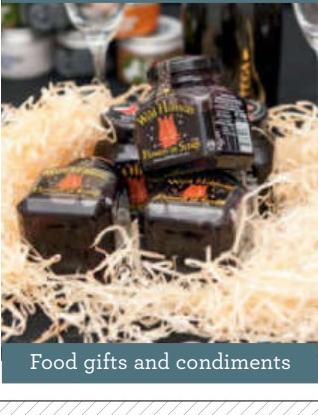
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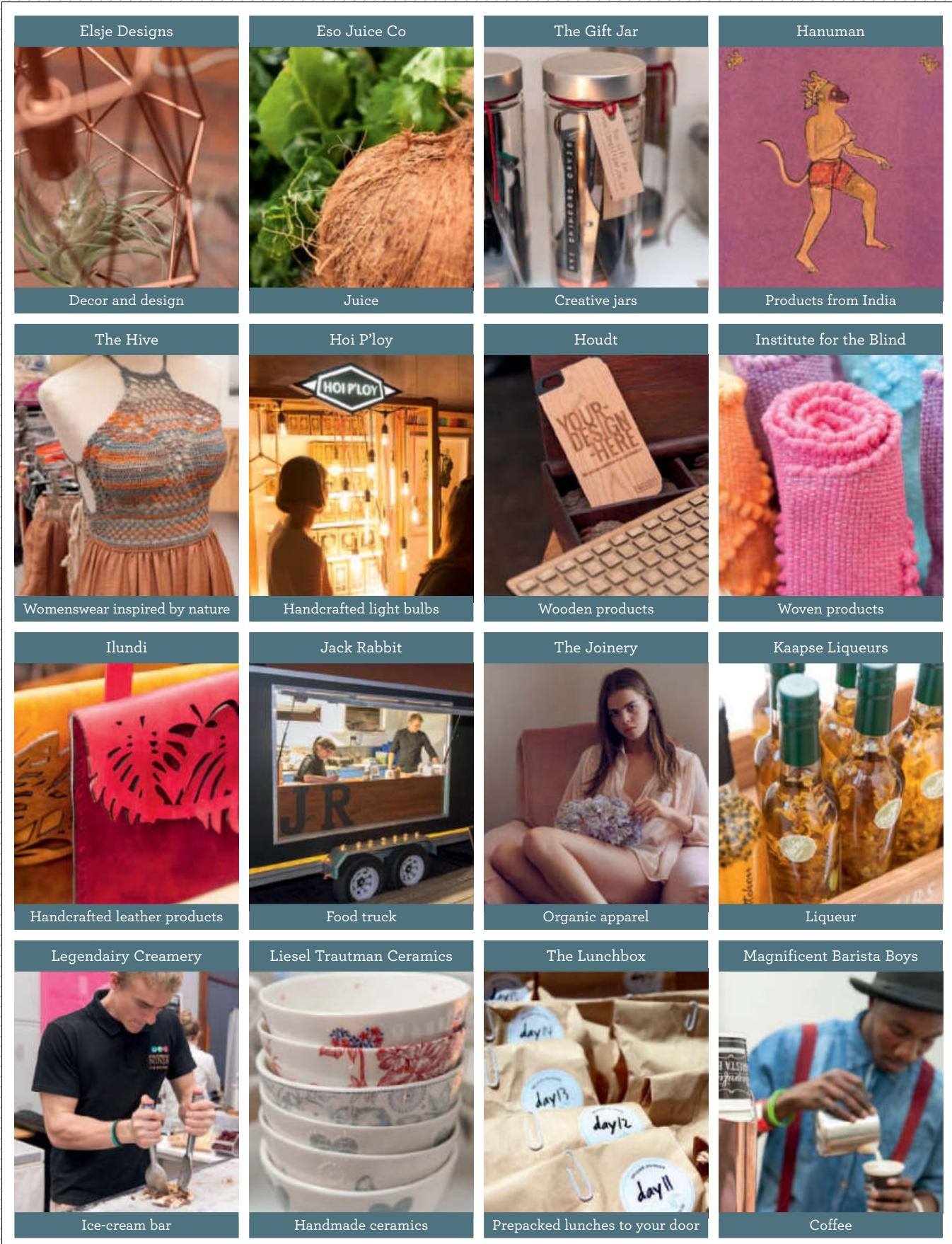
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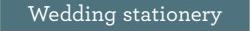
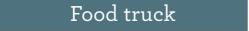
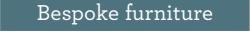
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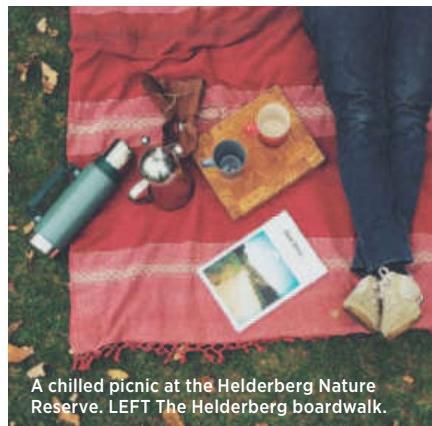


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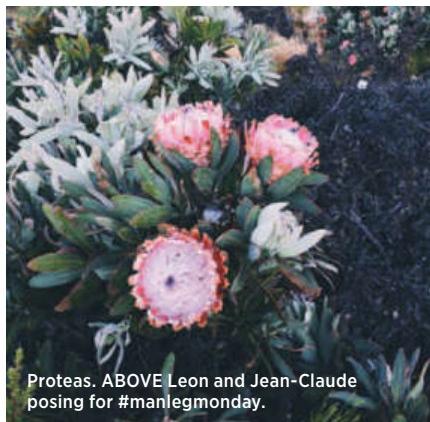
LEISURE WEEKEND WITH



A chilled picnic at the Helderberg Nature Reserve. LEFT The Helderberg boardwalk.



Eggs Benedict: a favourite on a Sunday morning (or any other time for that matter). LEFT Marilet and Leon van Rooyen



Proteas. ABOVE Leon and Jean-Claude posing for #manlegmonday.

leon and marilet van rooyen

The creative photography duo behind The Lion and The Lady spend weekends exploring the Western Cape

TEXT AND INSTAGRAM PICS **LEON AND MARILET VAN ROOYEN**

Weekends mean getting out there. We'll start off with a stroll in the Helderberg Nature Reserve on Friday afternoon and a chilled evening watching a movie at home. For Saturday-morning missions we like to pack a picnic basket with good coffee and padkos before we set off on a mini road trip. We'll search for interesting roads – the more passes, the better. Jean-Claude, our Suzuki Jimny, likes to take his time on the road so we tend to stop regularly to take pictures along the way.

One of our favourite routes takes in Stellenbosch and Franschhoek, including the Helshoogte Pass, Franschhoek Pass, Viljoen's Pass and Sir Lowry's Pass. This scenic circular route also takes us past the Theewaterskloof Dam with its interesting dead treescape. By the time we stop at Peregrine Farm Stall our supplies are

usually finished so we stock up on flat whites and its legendary springbok pies.

The rest of Saturday afternoon is spent curled up on the couch with a book and fighting off nap time. When friends visit we head out for a beer and G&T at The Thirsty Oyster Tavern at Gordon's Bay harbour, watching the sun go down. We love a lazy Sunday morning. The only thing that gets us out of bed is our craving for eggs Benedict. We're not chefs so making it takes forever but the reward is worth the wait.

Sunday afternoons are usually spent on the beach eating a gigantic ice cream from N' Ice with our toes in the sand. □
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